ACCELERATED PHOSPHORUS MAGNETIC RESONANCE SPECTROSCOPIC IMAGING USING COMPRESSED SENSING METHOD

by Nurten Ceren AŞKIN

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APPROVED BY:

Asst. Prof. Dr. Esin ÖZTÜRK IŞIK (Supervisor)

.....

Prof. Dr. Mustafa ÇULHA

Malulli Mal

Assoc. Prof. Dr. Haluk KÜÇÜK

DATE OF APPROVAL:/...../.....

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Nurten Ceren AŞKIN

ABSTRACT

ACCELERATED PHOSPHORUS MAGNETIC RESONANCE SPECTROSCOPIC IMAGING USING COMPRESSED SENSING METHOD

The purpose of this simulation study is to assess the performance of accelerated phosphorus magnetic resonance spectroscopic imaging (³¹P MRSI) using latest fast MR imaging technique, called compressed sensing. A volunteer was scanned at a 3T MR scanner (Philips Medical Systems, Best, Netherlands) using a ³¹P surface coil. Acquired ³¹P spectra dataset was quantified using AMARES tool in jMRUI. Healthy and tumor datasets were created in MATLAB (The Mathworks Inc., Natick, MA, USA) based on metabolite peak intensities and ratios of ³¹P spectra dataset. A 2D 32x32 sized phosphorus spectra dataset which contains healthy and tumor (10x10 voxels on the left top side) regions were simulated. A randomly undersampled pattern which reduces k-space data along x by a reduction factor of 2.23 was implemented to k-space of 2D phosphorus spectra dataset. This undersampled k-space was inverse Fourier transformed along ky and then k_x-f data was reconstructed for each y point using Sparse MRI software package that uses compressed sensing (CS) method. Results of our simulation study showed that compressed sensing applied datasets had higher signal to noise (SNR) ratio than the original datasets due to denoising effects of compressed sensing reconstruction technique. However, peak ratios were similar between both compressed sensing and original datasets. This study indicated that compressed sensing reconstruction could be used for faster phosphorus magnetic resonance spectroscopic imaging.

ÖZET

SIKIŞTIRILMIŞ ALGILAMA METODU KULLANILARAK HIZLI FOSFOR MANYETİK REZONANS SPEKTROSKOPİK GÖRÜNTÜLEME

Bu simülasyon çalışmasının amacı, en son çıkan hızlı MR görüntüleme tekniklerinden olan sıkıştırılmış algılama kullanılarak hızlandırılmış fosfor manyetik rezonans spektroskopik görüntülemenin (³¹P-MRSG) performansını değerlendirmektir. Bir gönüllü 3T MR tarayıcısında (Philips Medical Systems, Best, Netherlands) ³¹P yüzey sarmalı kullanılarak görüntülendi. Elde edilen ³¹P spektra veri kümesi jMRUI içindeki AMARES aracıyla sayısallaştırıldı. Sağlıklı ve tümörlü veri kümeleri 31P spektra veri kümelerinde metabolit pik yoğunluklarına ve oranlarına bakılarak MATLAB'da (The Mathworks Inc., Natick, MA, USA) oluşturuldu. 2 boyutlu 32x32'lik sağlıklı ve tümörlü (10x10 voksel, üst sol kösede) bölgelerden oluşan bir fosfor veri kümesi simüle edildi. k-uzayını x boyunca 2.23 lik azalma faktörü ile düşüren bir rastgele altörneklenmiş örüntü, iki boyutlu fosfor spektra veri kümesinin k-uzayına uygulandı. Bu azaltılmış k-uzayı, ky boyunca ters Fourier dönüştürülüp, k_x-f verisi her y noktası için sıkıştırılmış algılama (SA) metodu olan Sparse MRI yazılım paketi kullanılarak geri çatıldı. Simülasyon çalışmasının sonuçlarında sıkıştırılmış algılama uygulanmış veri kümesinin orijinal veri kümesine oranla daha yüksek sinyal gürültü oranına (SGO) sahip olduğu ve bunun da nedenin sıkıştırılmış algılama geri çatma tekniğinin gürültüsüzlük etkisinin olduğu görüldü. Ancak pik oranları, sıkıştırılmış algılama ve orijinal veri kümeleri için de benzer çıktı. Bu çalışma, sıkıştırılmış algılama geri çatmasının hızlandırılmış fosfor manyetik rezonans görüntüleme için kullanılabilir olduğunu göstermiştir.

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1. INTRODUCTION

Magnetic resonance imaging (MRI) is the most commonly used medical imaging modality in clinic and research due to its non-invasive property. There are many advanced MR imaging techniques used in clinics. One of them is MR spectroscopic imaging (MRSI) which detects the biochemistry of the tissues of interest. Proton MR spectroscopic imaging (¹H MRSI) is the most common type of MRSI since high abundance of H content in human body. Phosphorus magnetic resonance spectroscopic imaging (³¹P MRSI) is another type of MRSI method which detects the phosphorus content in the body. ³¹P MRSI can provide important information regarding the energetic and ischemic status including membrane synthesis and degradation, and pH of tissue. ³¹P MRSI can detect various metabolites and are phosphocreatine (PCr), phosphorylcholine the major ones (PC), phosphorylethanolamine (PE), inorganic phosphate (Pi), glycerophosphorylcholine (GPC), γ -ATP, α -ATP, β -ATP, and glycerophosphorylethanolamine (GPE).

Previous studies showed that phosphorus metabolite levels are different between healthy brain tissue and brain tumors [1, 2]. When the brain tissue gets ischemic, ATP production comes from hydrolysis of PCr catalyzed by creatine kinease leading to a reduction of PCr/β-ATP ratio in ³¹P-MRSI [2], and the breakdown of glycogen to lactic acid which can be observed as the lactate peak in proton MR spectra [3]. Pi increases at ischemia state because of increased ATP hydrolysis and this is not matched by ATP synthesis which leads an increase in Pi/PCr ratio [1]. Phosphorylcholine (PC) and phosphorylethanolamine (PE) are called phosphomonoesters (PME) which are produced from choline and ethanolamine phosphorylation during membrane synthesis. During membrane degradation GPC and GPE peaks are occurred, which are called phosphodiesters (PDE). Increase of PME and PDE peaks shows the increase of membrane synthesis and degradation separately. In ¹H MRSI these separate changes can be only seen as one choline peak. So, ³¹P MRSI gives separate information about the activity of cell synthesis and degradation of tumor tissue. A significant reduction in the ratio of PCr/Pi and an increase of pH levels in brain tumors were reported by Hubesh et al [1]. An alkaline environment and a decrease of PCr and PDE metabolite peaks for meningiomas were observed by Maintz et al. They also discovered a slight alkalization (pH=7.09) and more than two factor reduction in the ratio of PDE/ α -ATP peaks for low grade gliomas [2].

Although phosphorus MR spectroscopy gives quite important information about healthy tissue and brain tumors it has not been widely used in clinics. ³¹P is 15 times less MR sensitive than 1H. ³¹P MRSI needs large voxels and several data acquisitions for a sufficient signal to noise ratio (SNR). As a result it has long data scan time. Several methods have been developed for acquiring faster ³¹P MRSI data, and one of them was published by Obruchkov et al. They implemented flyback echo planar imaging (EPI) for ³¹P MRSI [4]. But this sequence is not available in clinical settings and there might be regridding errors in reconstruction. Srinivasa-Raghavan et al. implemented generalized autocalibrating partially parallel acquisitions (GRAPPA) method for faster ³¹P MRSI on liver [5]. Multi-channel RF coils are needed for GRAPPA method to reconstruct undersampled data. However, phosphorus sensitive multi-channel coils are not widely available in clinical settings. Another issue is SNR loss. When accelerating ³¹P MRSI data, SNR decreases since SNR is proportional to the root of data acquisition time. So, flyback EPI and GRAPPA methods have not been widely used for fast ³¹P MRSI.

Compressed sensing (CS) is the latest fast data acquisition method. Compressed sensing uses a different reconstruction technique, where k-space should be randomly undersampled. Compressed sensing uses a regularization algorithm and in our study conjugate gradient method was used. In previous studies, it has been proposed that compressed sensing resulted in less SNR penalty than other fast imaging methods due to its denoising effect [6]. It has been successfully applied to ¹³C MRSI [7, 8]. In this study we explored the feasibility of compressed sensing method for accelerating ³¹P MRSI.

2. BACKGROUND

2.1 MAGNETIC RESONANCE IMAGING

Magnetic resonance imaging (MRI) is a non invasive medical imaging method which has a wide usage all around the world. This method, unlike the usual radiographs does not use radiation. MRI is used for diagnosis and research in clinics, however, it does not have a function for treatment. There have been several research studies including MRI such as hardware and software developments, animal experiments, MR image enhancement techniques, fast MRI methods. MRI is widely used for diagnosis and localization of brain tumors in clinics.

The working principle of MRI is based on the radiowaves which are directed at protons, the nuclei of hydrogen atoms, in a strong magnetic field (1.5T, 3T, 7T etc.). The protons are first excited and then relaxed, and they emit radio signals, which are later processed in a computer to form an image. In the body, protons (H) are most abundant in water (H₂O) so that an MRI image shows differences in the water content and distribution in various body tissues. Different kinds of tissues in the same organ can easily be distinguished by MRI. For instance white and gray matter of brain, soft tissue and hard tissue are just some examples.

Typically an MRI exam consists of two to six imaging sequences, each lasting two to 15 minutes. Each sequence has its own degree of contrast and shows a cross section of the head in one of several planes (right to left, front to back, upper to lower) (Figure 2.1). MRI can obtain anatomical and functional images at the same time.



Figure 2.1 High resolution anatomical images of a human brain. The images from left to right represent sagittal, coronal and axial views of the brain, respectively

In principle, slices are created from a volume of tissue. For each image, tissues of interest are placed in the right location in the MR image. This process is called spatial localization. There are three physical gradients (X, Y, Z) in an MRI system. Gradients create changes in magnetic field strength at different locations by current in opposite sides in the coils. Change in magnetic field strength allows for spatial localization. Gradients in an MRI system can select slice, or encode frequency and phase. These gradients let the system to place every voxel of tissue into the right place in an MR image. Their function depends only on when X, Y, Z gradients are activated during the repetition time (TR) period.

The first step of acquiring an MR image is activating a slice select gradient. Here, a slice of tissue will be selected to be imaged. The type of physical gradient for this step depends on the selected planes such as axial, coronal and sagittal planes. We select a specific range of frequencies using an RF coil. By this way only the spins that are precessing within that range of frequencies will be excited. To be able to excite tissues, RF must be perpendicular to B_0 and it must be at the Larmor Frequency,

$$\omega = -\gamma \mathbf{B} \tag{2.1}$$

where ω is the angular frequency, γ is the gyromagnetic ratio (γ_{1H} =42.58 MHz/T, γ_{31P} =17.2 MHz/T), and B is the magnitude of the magnetic field.

Gradient must be activated every time to make a slice selection. Another step of making an MR image is called 'in-plane resolution' which is a spatial localization within a slice. The tissue within the slice that we have selected must be localized in two directions. Phase encoding (PE) and frequency encoding (FE, readout) gradients are used for this purpose. Frequency encoding provides spatial localization in one direction (more FE points=better resolution). Phase encoding gradient is activated to different amplitude at each TR. When PE gradient is activated the frequencies along that axis change. More PE steps give better spatial resolution. Signals are acquired in both axes in k-space. K-space is formed through the time integral of the gradients. When the k-space is full of frequencies, Fourier transform of it is taken which gives us final 'MR image'. Figure 2.2 shows a spin echo pulse sequence with the gradients on the left, and on right k-space of it can be seen.



Figure 2.2 Spin echo imaging [9]

2.2 MAGNETIC RESONANCE SPECTROSCOPIC IMAGING

Magnetic resonance spectroscopic imaging (MRSI) is an advanced MRI method which provides molecular information about the tissue of interest in addition to anatomical information provided by MRI. MR spectroscopic imaging detects the concentration of important molecules, which have main roles in biologic events. Unlike conventional MRI, MRSI uses frequency to encode chemical information instead of spatial information. MRS can be localized to a single region or via phased encoding in multiple directions through which MRSI or chemical shift imaging can be obtained. Instrumentation of MRSI is just like MRI. There are magnet, gradients, RF excitation-reception system, and working station (computer).

Nuclear magnetic resonance (NMR) was first discovered in 1952 by Felix Bloch and Edward Mills Purcell [10], [11]. They were awarded the Nobel Prize in Physics for discovering NMR separately. Firstly NMR was an experiment to determine the nuclear magnetic moments of the nuclei. Protons in different environment have different frequencies which makes it distinguishable by NMR. NMR spectrometers use a constant magnetic field strength, B₀. Then a narrow range of frequencies is applied to obtain the resonance of all protons. Only nuclei which has odd mass numbers (¹H, ¹³C, ¹⁹F and ³¹P) or odd atomic numbers (²H, and ¹⁴N) create NMR signals. Figure 2.3 shows an example of MR spectrum, in which frequency increases towards left.



Figure 2.3 MR spectrum of signal amplitude versus frequency (frequency increases towards left)

In a magnetic field, there are two energy states for a proton. Lower energy state is in which nucleus is aligned in the same direction as B_0 . Second, higher energy state is in which nucleus is aligned against B_0 . When an external energy source (hv) that matches the energy difference (ΔE) between lower energy and higher energy states is applied, the energy is

absorbed which causes the nucleus to spin flip from one orientation to another. The energy difference between these two nuclear spin states is within the low frequency RF region of the electromagnetic spectrum. An applied magnetic field B_0 , measured in tesla (T), and the frequency v of radiation used for resonance, measured in hertz (Hz), or megahertz (MHz) are two variables to characterize NMR. A nucleus is in resonance while it absorbs RF radiation and spin flips to higher energy state. The frequency, which is required for resonance, and applied magnetic field strength are related.

The magnitude of spin angular momentum (S) of a nuclear system can be transformed into solution of Schrödinger equation [12]:

$$S^{2} = \left(\frac{h}{2\pi}\right)^{2} s(s+1) \rightarrow ||s|| = \frac{h}{2\pi} \sqrt{s(s+1)}$$
 (2.2)

where, s indicates the quantum number for the spin angular momentum, and h is Plank's constant. Since s is limited to non-negative integer and half integer values, spin angular momentum S is differentiated.

Molecular imaging methods provide better localization and characterization of brain tumors [13]. Most popular MRSI technique is proton MR spectroscopic imaging (¹H MRSI) due to its proton (H) content in water (H₂O) which is quite abundant in human body. Choline (Cho), creatin (Cr), N-acetylaspartate (NAA) are three main metabolite peaks observed in the brain tissue. These metabolites have different functions in the tissue. Choline is a marker of cellularity and cell membrane breakdown. Creatine is a marker of cellularity and cell membrane breakdown.

In the study of proton MR spectroscopic imaging of tumor an increase in choline peak, and a decrease in NAA peak has been observed [13]. Creatine has been observed to have variable amounts in tumors. Lipid and lactate are other two metabolite peaks which can be detected by ¹H MRSI. Lipid can be seen at necrotic tissue, while lactate is obtained due to lack of enough oxygenation. Although ¹H MRSI is very common and it provides a lot of information, water suppression and lipid signal problems from the fatty tissue of the brain (around scalp) are issues with this technique [14]. There are some studies for this purpose.

For instance, one study suppressed lipid to measure NAA peak accurately [14, 15], and another study implemented a reconstruction method to reduce lipid after acquiring MRS data [16].

One limitation of acquiring MRSI data for brain tumor patients is the relatively long data acquisition time. It is proportional to the number of phase encode steps (FOV) for conventional MRSI. Another common type of MR spectroscopy which is used to characterize organic structure is ¹³C NMR. It is used to determine the type of carbon atoms in the molecule. Figure 2.4 shows sample spectra from three different MRS methods. Top left and right represent ¹³C MRSI and ¹H MRSI data and bottom spectrum belongs to ³¹P MRSI data.



Figure 2.4 Sample spectra of ¹³C MRSI (top left) [17], ¹H MRSI (top right) [18] and ³¹P MRSI (bottom)

2.3 ³¹PHOSPHORUS MAGNETIC RESONANCE SPECTROSCOPIC IMAGING

Phosphorus magnetic resonance imaging (³¹P-MRSI) is another type of non invasive MR spectroscopic imaging method that detects phosphorus in brain metabolites instead of proton. ³¹P-MRSI gives in vivo quantitative information about the energy metabolism of the brain. Also it provides oxygen state and pH value of tissue of interest [1]. Phosphocreatine (PCr), phosphorylcholine (PC), phosphorylethanolamine (PE), inorganic phosphate (Pi), glycerophosphorylcholine (GPC), glycerophosphorylethanolamine (GPE), γ -ATP, α -ATP, and β -ATP peaks are the main ones which can be detected by ³¹P-MRSI. Table 2.1 gives information about metabolite peak locations and characteristics.

Table 2.1 31	P MRS	metabolite	peak	locations,	and	their	roles	in	biologic	al events
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Metabolite Peak	Location	Peak Characteristics		
Names	(ppm)			
PCr	0	Considered as reference peak, a marker for phosphorylative metabolism		
α-ΑΤΡ	-7.5	Gives information about energetic state		
β-ΑΤΡ	-16	Used to estimate the level of ATP		
γ-ΑΤΡ	-2.4	Gives information about energetic state		
PE	6.77	Takes a role in membrane synthesis, one of PME peaks		
PC	6.23	Takes a role in membrane synthesis, one of PME peaks		
Pi	4.8	Increases during fatigue due to breakdown of creatine phosphate		
GPE	3.48	Takes a role in membrane degradation, one of PDE peaks		
GPC	2.95	Takes a role in membrane degradation, one ofPDE peaks		

Phosphocreatine (PCr) has several characteristics. It can be seen as a singlet peak at 0 ppm, is a marker for phosphorylative metabolism, and it is considered as a reference peak in ³¹P spectrum. Phosphorylcholine (PC) and phosphorylethanolamine (PE) are commonly called as phosphomonoesters (PME), which are produced during membrane synthesis. Glycerophosphorylcholine (GPC) and glycerophosphorylethanolamine (GPE) are produced during membrane degradation and these two peaks are called phosphodiesters (PDE). Since β -ATP does not contain AMP and ADP contamination, it can be used to estimate the level of ATP. In addition, by just looking at the frequency difference between Pi and PCr metabolites in vivo, pH level could be computed using the following formula [2],

$$pH = 6.75 + \log\left[\frac{d - 3.27}{5.69 - d}\right] \tag{2.2}$$

where d is the frequency difference between PCr and Pi peaks.

In previous studies, scientists reported that phosphorus metabolite peak levels are different between healthy and brain tumors [1, 2]. When the brain tissue gets ischemic, ATP production comes from hydrolysis of PCr catalyzed by creatine kinease leading to a reduction of PCr/ β -ATP ratio in ³¹P-MRSI [2], and the breakdown of glycogen to lactic acid which can be observed as the lactate peak in proton MR spectra [3]. Pi increases at ischemia state because of increased ATP hydrolysis and this is not matched by ATP synthesis which leads an increase in Pi/PCr ratio [1]. A significant reduction in PCr/Pi peak ratio and an increase of pH levels in brain tissue were reported by Hubesh et al [1]. An alkaline environment and a decrease of PCr and PDE metabolite peaks for meningiomas were reported by Maintz et al. and a slight alkalization (pH=7.09) and more than a factor of two reduction in the ratio of PDE/ α -ATP peaks for low grade gliomas were observed by them [2]. Figure 2.5 shows phosphorus MR spectra of a healthy volunteer. Signals were acquired from the brain. Main peaks can be seen clearly. Figure 2.6 represents MR images of a brain tumor patient and AMARES quantification of the ³¹P MRS data acquired from a single voxel.



Figure 2.5 ³¹P MRSI spectra from a healthy volunteer. Main ³¹P spectrum metabolite peaks are clearly shown



Figure 2.6 MR anatomical image of a brain tumor patient and quantification of ³¹P MRSI data in AMARES tool within jMRUI

2.4 IMAGE SELECTED IN VIVO SPECTROSCOPY

Image Selected in vivo Spectroscopy (ISIS) is a multi shot method which uses a combination of eight pulses. Volume of interest (VOI) is pre selected and based on MRI scan, it is excited repeatedly. This method has been applied to phosphorus and proton MR

spectroscopy. ISIS does not have T_2 weighting which is a nice advantage of it. On the other hand, eight phase cycles are required for a voxel localization might be a problem for shimming purposes.

ISIS is a data acquisition method which provides a facility of using low TE (echo time) values and this helps out acquiring fast attenuated MR signals [19]. Since phosphorus contain metabolites have short T_2 values, ISIS became a common data acquisition method in ³¹P MRSI. ISIS acquires free induction decay (FID) signal as a result of one RF pulse instead of acquiring echo signal which needs two RF pulses and longer TE times. ISIS method requires two or more distinct signal measurements to receive MR signal from the area of interest and using a proper formula this MR signal could be separated. Essentially, ISIS is a single voxel MR spectroscopy technique, but using 1D ISIS method one slice can be selected, using 2D ISIS one column can be selected and using 3D ISIS method a voxel can be selected.

Figure 2.7 shows 1D ISIS method to select one slice which requires two different measurements. In the first measurement, applying 90° RF pulse flips net magnetization into the XY plane and a signal is collected from the slice and the surrounding tissue. In the second measurement, 180° RF pulse is applied first at the same time with a gradient to select the slice before 90° RF pulse is applied. 180° RF pulse reverses the net magnetization within the slice. Afterward, a 90° RF pulse is applied and this flips the signals which come from the selected slice and signals from surrounding in opposite directions into XY plane, and the signal is acquired. Subtraction of these two measurements divided by two gives an approximate value of the MR signal from the slice of interest.



Figure 2.7 One dimensional ISIS with two measurements which localizes the spectrum to a slice [18]

2D ISIS metod requires two different directed gradients and four different measurements to achieve signal localization. Figure 2.8 represents 2D ISIS method with four measurements.



Figure 2.8 Two dimensional ISIS with four measurements and it localizes the spectrum to a column [18]

In 3D ISIS method, three different gradient directions and eight different measurements are needed. Figure 2.9 shows gradient combinations of eight signals for three dimentional ISIS method for a selection of a voxel which occurs at the intersection of A,B,C slices on x, y, z axes. G_A , G_B , G_C are slice selective gradients to select A, B, and C slices, respectively.

They are used simultaneously with 180° inversion pulses. The magnetization in slice A is inverted during measurements 2, 5, 6, and 8. The magnetization in slice B is inverted during measurements 3, 5, 7 and 8. The magnetization in slice C is inverted during measurements 4, 6, 7, and 8. Signal from the voxel is obtained by combining signals from these eight measurements according to the following formula,

$$S_1 - S_2 - S_3 - S_4 + S_5 + S_6 + S_7 - S_8 = 8S_{ABC}$$
(2.3)



Figure 2.9 Three dimensional ISIS method which needs eight measurements to localize the spectrum to the voxel, S_{ABC} [18]

2.5 WAVELET TRANSFORM

The first criterion of compressed sensing algorithm that needs to be satisfied is the sparsity of the undersampled signal in a transform domain. The Wavelet transform is a computational tool which is used for signal and image processing applications. Wavelet transform can also reduce noise. There are two types of Wavelet transform. One is easily reversible, which is if we have original signal it can be easily recovered after it has transformed. This type is used for image compression and reducing noise.

In general, first the Wavelet transform of the image is computed, then the Wavelet representation is modified properly, finally the Wavelet transform is inverted to obtain a new image. The second type is for signal analysis for EEG studies or similar applications. The basic Wavelet transform is the Haar transform which was found by Alfred Haar (1910) and the latest Wavelet transform was found by Ingrid Daubechies (1998). Wavelet transform is used in MRI to get sparse images. In Fourier analysis, each function is represented as a summation of sines and cosines. However, in Wavelet analysis, each function can be divided into its approximation and details. It is represented as a summation and details of a mother basis function and its scaled and dilated versions [20]. Figure 2.10 shows 2D Wavelet transform of an image which was performed using MATLAB.



Figure 2.10 An example of 2D Wavelet transform using Wavelet toolbox in MATLAB

2.6 COMPRESSED SENSING METHOD

Compressed sensing is the latest fast MR acquisition method which can provide an exact reconstruction of sparsely undersampled MR signals. The basic formula of this technique was firstly found by Dr. Emmanuel Candes while he was conducting an experiment on noise reduction of Shepp-Logan phantom. They provided that the l_1 norm reduction gives a perfect image reconstruction [21].

Compressed sensing has three criteria. Those criteria have to be satisfied for using compressed sensing for reconstruction. First, the signal needs to be sparse in a transform domain. So, it should have a few non zero components in transform domain. Second requirement is that the signal should be randomly undersampled. The resultant image should then have incoherent aliasing pattern. Finally, there should be a nonlinear reconstruction method. In this case conjugate gradient method was used to find an approximate solution for an ill-posed problem.

Lustig et al. applied the first application of compressed sensing for faster MR angiography and spin echo images [6]. Later, Hu et al. applied compressed sensing for rapid ¹³C MR spectroscopic imaging [7, 8]. Since MRS signals are naturally sparse, they have a few nonzero components along the spectral bandwidth (only certain frequencies). In addition, a sparse MRS signal can be specified with a few large Wavelet components, which is also first requirement to implement compressed sensing reconstruction [7]. We can formulate compressed sensing of randomly selected spectral data in (k, t) domain as,

$$\min \left(\|\psi(m)\|_{1} \right)$$
s.t.
$$\|F_{a}(m) - y\|_{2} < \varepsilon$$
(2.4)

Equation (2.4) gives the formula of compressed sensing method. m indicates an approximate solution, $\psi(m)$ is Wavelet transform of this solution, $\|\|_1$ is the l_1 norm, F_a represents a random undersampling operator in Fourier domain, y indicates the original Fourier domain samples and ε indicates an error at noise level. l_1 norm of the Wavelet transform should be minimum. Equation 2.5 shows l_1 calculation,

$$\|x(i)\|_{1} = \sum_{i} |x(i)|$$
(2.5)

Equation (2.4) points out that the undersampled Fourier transform of accurate solution and undersampled Fourier transform of original data should be in good agreement. The solution should also be sparse to be compressed with Wavelet transform. These sparsity and discrepancy criteria can be transformed to Lagrange form and can be rewritten as an optimization problem as,

$$min_m(\|F_a(m) - y\|_2 + \lambda \|\psi(m)\|_1)$$
(2.6)

Due to limited undersampling in Fourier domain, MR reconstruction problem is an underdetermined problem and this problem could have multiple solutions. This cause MR reconstruction problem to be ill posed [22]. For the solution of ill posed problems we need to search approximate solution instead of accurate solution or we should use a priori information. Another way is to use regularization techniques [23]. Generally, conjugate gradient regularization method is used to search for a solution of compressed sensing reconstruction problem. This method will be explained in detail at the next section.

2.7 CONJUGATE GRADIENT METHOD

Conjugate gradient method [24] is an iterative method and it can be implemented for sparse systems which take long time to handle with direct methods. This method is also widely used for unconstrained optimization problems. Conjugate gradient method uses the following equation,

$$\eta_x = \frac{1}{2} x^T A x - b^T x + c \tag{2.7}$$

which is a quadratic function of simple linear equation Ax=b. A should be a real positive definite matrix. Conjugate gradient method is used to find unknown x value which minimizes the quadratic equation. Unknown x is also the solution of Ax=b equation. The minimum value of an f(x) function is where its gradient value is equal to zero. The gradient of f(x) is a vector which shows the most increased direction of f(x) at any given x value

[25]. Gradient of η_x function can be found by applying simple matrix derivation rules as Ax-b,

$$\frac{d}{dx}(x^{T}Ax) = 2Ax$$

$$\frac{d}{dx}(b^{T}x) = b$$
(2.8)

In this case, the point where gradient of η_x function becomes zero is also a solution of Ax=b linear equation. An x value which is least different from the minimum value of quadratic of η_x function can be calculated with steepest descent method [25].

Conjugate gradient method starts from a randomly selected x_0 value and it continues iteratively in the direction of the fastest reduction of Ax_i -b difference to reach the best solution. Since the gradient of a function shows the direction of the fastest increase, the steepest descent algorithm takes steps in the direction of the negative gradient of η_x function. The negative gradient of η_x function (r_i =b-A x_i) which is actually a difference between b value (original measurements) and A x_i value (at any given x_i value) can be seen. The steepest descent algorithm finds the next x_i value by starting from the point of the random x_0 value, and adding the error of the difference occurred when x_i is inserted into the function, r_i , multiplied by the α weight value. The iterative processing could be defined by,

$$x_{i+1} = x_i + \alpha r_i \tag{2.9}$$

Consecutive difference values could be calculated as,

$$r_{i+1} = r_i + \alpha A r_i \tag{2.10}$$

The steepest descent algorithm can take consecutive steps in the same direction and this can prolong the convergence time of the algorithm. Conjugate gradient method is an improved version of steepest descent method. In conjugate gradient method consecutive steps are perpendicular to each other which reaches the solution in a shorter time. If p_i and

 p_{i+1} are consecutive two search direction, they should be A perpendicular to each other in conjugate gradient method,

$$p_k.A.\,p_{k+1} = 0 \tag{2.11}$$

New search direction can be calculated depending on the difference between the previous search direction and difference,

$$p_{i+1} = r_{i+1} + \beta_i p_i \tag{2.12}$$

 β value defined here is second weighting factor which is used in conjugate gradient method and also it is used to find the direction of the next search for a solution. Iterative solution of x_i value in conjugate gradient method is shown below,

$$x_{i+1} = x_i + \alpha_i p_i \tag{2.13}$$

Residual error of next step can be measured by,

$$r_{i+1} = b - Ax_{i+1}$$

= $b - A(x_i + \alpha_i p_i)$ (2.14)
= $r_i - \alpha_i A p_i$

Weighting factor α can be calculated using the above equation (consecutive residual errors are perpendicular to each other),

$$(r_i - \alpha_i A p_i) r_i = 0$$

$$\alpha_i = \frac{r_i \cdot r_i}{r_i \cdot A \cdot p_i}$$
(2.15)

Weighting factor β can be calculated with using the information that consecutive search directions are A perpendicular,

$$p_{i+1}.A.p_i = 0 (2.16)$$

$$(r_{i+1} + \beta_i p_i) \cdot A \cdot p_i = 0$$
$$\beta_i = -\frac{r_{i+1} \cdot A \cdot p_i}{p_i \cdot A \cdot p_i}$$

For each iteration, if the residual error reduces to a minimum value then we can say conjugate gradient method approaches to a convergence. However residual error begins to increase or the difference between two consecutive residual error values is 15%-20% higher than the previous error value, iteration stops and it assumes that it found the solution of Ax=b function [25].

2.8 STATISTICAL METHODS

2.8.1 Bland Altman Method

Bland Altman is a statistical test that compares data acquired from two different measurement techniques of the same thing. The difference of the two measurements is plotted against the mean of the two measurements at all the points. The mean and plus and minus 2 standard deviation of the differences are also plotted on the same figure. For accepting that there is no difference between the two techniques, the difference of the two measurements should remain within plus or minus two standard deviations of the mean difference [26]. Each of the samples are plotted on the graph by assigning the mean of two measurements on the x axis and the difference between the two measurements on the y axis. Following formula gives Cartesian coordinates of a sample S, with S₁ and S₂ values defined by two measurements,

$$S(x, y) = \left(\frac{S_1 + S_2}{2}, (S_1 - S_2)\right)$$
(2.17)

2.8.2 Wilcoxon Signed Rank Sum Test

Wilcoxon ranksum test is a non-parametric test for the null hypothesis that two populations are the same. Particularly the test checks if one population tends to have larger values than the other one. It is a non-parametric method, which is equivalent to parametric t-test. T-test is used to compare two different groups whose values are normally distributed. Wilcoxon ranksum test can be applicable when two criteria are satisfied. First, dependent values should be measured on ordinal or interval/ratio scale. Second, if the values are independent, it should be composed of two classes which are connected groups or coherent pairs [26].

First, all of the observations are arranged into a single ranked sequence. For ranking, all the data points are considered as if they belong to the same category, and are ranked together.

First method is a direct method which can be used for small samples. Assume that sample 1 sample 2 are two groups that we would like to compare. In sample 1, for each observation we count the number of observations in which sample 2 have a smaller rank. The sum of these numbers is called U.

The second method is used for larger samples. First the ranks for the observations of sample 1 are summed up. Since the addition of all the ranks equals to N(N+1)/2 (N is total number of observations), the sum of ranks from sample 2 is limited. Then following formula can be used for next calculations,

$$U_1 = R_1 - \frac{n_1(n_1 + 1)}{2} \tag{2.18}$$

where n_1 represents the sample size for sample 1 and R_1 denotes the sum of the ranks in sample 1. Equally valid formula for U is,

$$U_2 = R_2 - \frac{n_2(n_2 + 1)}{2} \tag{2.19}$$

The sum of the two values, U_1 and U_2 , is given as,

$$U_1 + U_2 = R_1 - \frac{n_1(n_1 + 1)}{2} + R_2 - \frac{n_2(n_2 + 1)}{2}$$
(2.20)

$$U_1 + U_2 = n_1 n_2 \tag{2.21}$$

3. MATERIAL AND METHODS

3.1 DATA ACQUISITION

A volunteer, who provided informed consent, was scanned on a 3T MR scanner (Philips Medical Systems, Best, Netherlands). ³¹P surface coil which had a disk at the center containing methylphosphonic acid and water was used in this study. The coil was used as a localization reference. TFE survey images were acquired using body coil, the following parameters were used, repetition time (TR)=75 ms, encoding time (TE)=5ms, and flip angle was set to 30° .

Image selected in vivo spectroscopy (ISIS) method was used to obtain phosphorus MR spectrum from frontoparietal lobe of a volunteer. The following parameters were used in ISIS, TR=5s, 128 averages, spectral bandwidth=3000 Hz, Dwell time was 0.333ms, 1024 points were acquired, voxel size was 27cc for a total scan time of 11 minutes.

3.2 DATA PROCESSING

³¹P MR spectrum acquired from a volunteer was processed using a 10 Hz gaussian filter to reduce noise, then phase correction was applied, and baseline was removed with jMRUI software [27]. Metabolite peaks were quantified using AMARES [27] within jMRUI. The amplitude and frequency factors which were denoted by (a) and (f) respectively, were calculated for each peak k. These parameters were used to create a ³¹P spectrum of a healthy voxel using the following formula,

$$y_n = \sum_k a_k \, e^{-(d_k + i2\pi f_k)t_n} \tag{3.1}$$

where d_k was set to 30 Hz for all the peaks in MATLAB (The Mathworks Inc., Natick, MA) . Similarly, a ³¹P spectrum of a tumor voxel was created using (0.49, 1.0, 1.0, 1.0, 2.16, 1.86, 1.47, 2.06, 2.63) times the peak amplitudes of the healthy ³¹P spectrum for the PCr, γ -ATP, α -ATP, β -ATP, GPC, GPE, Pi, PC and PE peaks, respectively. A 2D 32x32

voxels ³¹P MRSI dataset was created using both tumor (at the top left, 10 by 10 voxels) and healthy (rest of the array) ³¹P spectra.

A random undersampling pattern was created in MATLAB to satisfy one criteria of compressed sensing method. Figure 3.1 shows the 2D sampling mask for one of the frequency points. Mask was implemented to k-space of ³¹P-MRSI dataset to reduce k-space along x by a reduction factor of R=2.23. Because of SNR concerns, the central two lines of k-space were preserved [8].



Figure 3.1 The random undersampling pattern for one of the frequency points in k-space. In total, %56.25 of all the k-space points were set to zero (R=2.23)

Randomly undersampled ³¹P-MRSI dataset was inverse Fourier transformed along k_y . Sparse MRI software package was used to reconstruct k_x -f data for each y point [6]. Flowchart of data preparation process could be seen in Figure 3.2. l₁-norm and total variation weights were entered as 0.01 based on experiments. Sparsifying transform was 1D length-4 Daubechies Wavelet transform.



Figure 3.2 The flowchart of ³¹P MRSI data preparation scheme

3.3 SPARSE MRI

Sparse MRI is a compressed sensing reconstruction software package, which was written by Lustig et al. [6]. This software package was written in MATLAB and it uses WaveLab tool. In the theory of compressed sensing method, sparse images were recovered from randomly undersampled k-space data, and Sparse MRI can implement this method by using an appropriate nonlinear recovery scheme. Random undersampling reconstruction adds noise like interference to the image. Reconstruction was performed by minimizing the l₁ norm of the transformed image and discrepancy. For optimization problem Sparse MRI uses a nonlinear regularization method, which is conjugate gradient method. Lustig et al. first implemented this software to accelerate acquisition for multislice fast spin echo brain imaging and 3D contrast enhanced angiography.

3.4 DATA ANALYSIS

Two statistical tests were used to analyze the results, Bland Altman and Ranksum tests. A Bland Altman statistical test was used to detect if there was any significant differences between mean PCr/PE, PCr/ β -ATP, Pi/PCr ratios of the original and compressed sensing applied phosphorus MRS datasets for both tumor and healthy regions. The difference

between all the pairs of a given peak ratio calculated from the compressed sensing and original datasets was used for Bland Altman method.

The mean difference, measure of bias between the two observations, and also standard deviation of it were calculated. For each point, the difference against the mean of the two observations was plotted. If there were no outliers below or above two standard deviations of the mean difference, that meant two observations were in good agreement.

A ranksum test was used to see if SNR of PCr, Pi and β -ATP peaks were different between tumor and healthy regions for the original and compressed sensing ³¹P-MRSI datasets. p<0.05 value was considered as significant.

4. **RESULTS**

³¹P MR spectra of six voxels from the original and compressed sensing datasets are represented in Figure 4.1. The top three voxels belong to tumor spectra, and the lower three voxels belong to healthy spectra. Tumor and healthy spectral regions were clearly separable in both original and compressed sensing reconstructed datasets. Tumor spectra had lower PCr, and higher PME, PDE and Pi peaks which can be easily distinguished. ATP peak levels were quite similar between both regions, as intended in this simulation.



Figure 4.1 Phosphorus MR spectra of six voxels for original (left) and compressed sensing (right) datasets

Table 4.1 gives ratios of Pi/PCr, PCr/ β -ATP, and PCr/PE peaks in tumor and healthy regions for the original and compressed sensing reconstructed datasets. As seen clearly, tumor regions had higher Pi/PCr, and lower PCr/ β -ATP and PCr/PE metabolite ratios than the healthy regions for both compressed sensing and original datasets.

Metabolite Ratios (mean±std)		Pi/PCr	PCr/β-ATP	PCr/PE
CS	Tumor	0.80±0.03	2.04±0.07	0.77±0.04
	Healthy	0.34±2.4e-05	3.09±4.2e-04	2.68±3.4e-04
0	Tumor	1.05±0	1.70±0	0.56±0
	Healthy	0.35±0	3.06±0	2.80±0

 Table 4.1 Metabolite Ratios In Tumor And Healthy Regions For The Original (O) And

 Compressed Sensing (CS) Datasets

Table 4.2 represents the results of the Bland Altman statistical test which measures the bias and the variation of the peak ratios for the original and compressed sensing datasets. For healthy regions, metabolite ratios were similar between the original and compressed sensing datasets and the mean difference (bias) was 0.01, 0.03, and 0.13 for Pi/PCr, PCr/ β -ATP and PCr/PE metabolite ratios, respectively. However, tumor regions had higher bias than healthy regions. There were no outliers in the tumor region which indicate that the variation of the differences between the peak ratios was low in tumor region. In contrast there were around 20 outliers in the healthy region for Pi/PCr, PCr/ β -ATP and PCr/PE metabolite ratios due to low standard deviation in this region.

Bland Altr	man Test Results	Pi/PCr	PCr/β-ATP	PCr/PE
	# outliers	0	0	0
Tumor	mean(difference)	0.25	0.34	0.21
	std(difference)	0.03	0.07	0.04
	# outliers	20	27	20
Healthy	mean(difference)	0.01	0.03	0.13
	std(difference)	2.45e-5	4.16e-4	3.53e-4

 Table 4.2 Bland Altman Test Results For The Difference Of Peak Ratios In The Original

 And Compressed Sensing Datasets For Tumor And Healthy Regions

Figures 4.2 to 4.7 represent Bland Altman statistical test plots of metabolite peaks for healthy and tumor regions. Bland Altman test was used to calculate the bias and the variation of the peak ratios for the original and compressed sensing datasets. Figure 4.2 shows Bland Altman test result of Pi and PCr metabolite peak ratios for healthy regions. Metabolite ratios were similar between compressed sensing and the original datasets and the bias of Pi/PCr was 0.01. Figure 4.3 shows Bland Altman test result of Pi and PCr metabolite peak ratios for tumor regions which had higher bias than healthy regions. Figure 4.4 shows Bland Altman test result of PCr and β -ATP metabolite peak ratios for healthy regions. Metabolite ratios were similar between compressed sensing and the original datasets and the mean difference of PCr/β-ATP was 0.03. Figure 4.5 shows Bland Altman test result of PCr and β-ATP metabolite peak ratios for tumor regions, which had higher bias than healthy regions. Figure 4.6 shows Bland Altman test result of PCr and PE metabolite peak ratios for healthy regions. Metabolite ratios were similar between compressed sensing and the original datasets and the mean difference (bias) of PCr/PE was 0.13. Figure 4.7 shows Bland Altman test result of PCr and PE metabolite peak ratios for tumor regions, which had higher bias than healthy regions. There were no outliers in the tumor region. The results point out that the variation of the differences between the peak ratios were lower in the tumor region.



Figure 4.2 Bland Altman statistical test plot of Pi and PCr peak ratios for healthy region



Figure 4.3 Bland Altman statistical test plot of Pi and PCr peak ratios for tumor region (no outliers)



Figure 4.4 Bland Altman statistical test plot of PCr and β -ATP peak ratios for healthy region



Figure 4.5 Bland Altman statistical test plot of PCr and β -ATP peak ratios for tumor region (no outliers)



Figure 4.6 Bland Altman statistical test plot of PCr and PE peak ratios for healthy region



Figure 4.7 Bland Altman statistical test plot of PCr and PE peak ratios for tumor region (no outliers)

Table 4.3 demonstrates SNR of PCr, Pi, and β -ATP metabolite peaks in tumor and healthy regions and SNR ratios between these two regions for the original and compressed sensing datasets. SNR of all metabolite peaks were higher due to denoising effect of compressed sensing reconstruction. Tumor regions had a higher denoising than healthy regions. This resulted in higher tumor/healthy SNR ratios in compressed sensing dataset than the original dataset.

SNR (mean±std)		Tumor	Healthy	Tumor/Healthy	
	PCr	46.13±3.11	57.53±0.06	0.80	
CS	Pi	37.03±1.76	19.46±0.02	1.90	
	β-ΑΤΡ	22.59±1.21	18.60±0.02	1.21	
	PCr	19.73±0	42.68±0	0.46	
Ο	Pi	20.77±0	14.77±0	1.41	
	β-ΑΤΡ	11.62±0	13.95±0	0.83	

Table 4.3 SNR Values Of Metabolite Ratios In Tumor And Healthy Regions And Their Ratios Of The Original (O) And Compressed Sensing (CS) Datasets

The results of the ranksum test indicate that SNR of PCr was statistically significantly lower (p<0.001), but SNR of Pi was significantly higher (p<0.001) in tumor regions than healthy regions for both datasets. Although β -ATP SNR levels were quite similar in tumor and healthy regions, there was a statistically significant difference between them (p<0.001) due to the higher number of voxels considered.

Table 4.4 shows the ratios of tumor over healthy mean peak heights of PCr, Pi and β -ATP metabolite peaks for the original and compressed sensing datasets. The tumor spectrum was simulated to have 0.49, 1.0, and 1.47 times the peak amplitudes of the healthy spectrum for the PCr, β -ATP, and Pi peaks, respectively. Both datasets had similar ratio of tumor over healthy mean peak heights.

Table 4.4 Ratio of Tumor over Healthy Mean Peak Heights for each of metabolite peaks	in
both datasets.	

Ratio of Tumor/Healthy Mean Peak Heights	PCr	Pi	β-ΑΤΡ
Compressed Sensing	0.59	1.40	0.89
Original	0.52	1.59	0.94

5. DISCUSSION

This simulation study examined the usage of compressed sensing reconstruction technique for reducing the scan time for accelerating ³¹P MR spectroscopic imaging. Results have shown that SNR of compressed sensing applied dataset was higher than the original dataset due to compressed sensing denoising effect. However, peak height ratios were quite similar between compressed sensing and original datasets. Compressed sensing method for ³¹P MRSI could be further developed by acquiring fewer k-space lines or changing random undersampling pattern. Future studies will investigate the effectiveness compressed sensing method for ³¹P MR spectroscopic imaging in brain tumors.

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APPENDIX A

Algorithm A.1. MATLAB Create Simulated Signal

```
function data = create_simulated_signal
tn=0.000333*[0:1023];
%Simulated 50 ms 500 ms 3200 ms 4000 ms
fk=[0 -124 -387 -826 152 179 248 321 349];
dk=[30 30 30 30 30 30 30 30 30];
ak=[1.990 1.263 1.237 0.581 0.8609 1.166 0.6315 0.9384 0.6136];
ph=[0 0 0 0];
yn=0;
%Simulated 50 ms 500 ms 3200 ms 4000 ms
fk_t=[0 -124 -387 -826 152 179 248 321 349];
dk_t=[30 30 30 30 30 30 30 30 30];
ak_t=[0.990 1.263 1.237 0.581 1.8609 2.166 0.9315 1.9384 1.6136];
ph_t=[0 0 0 0];
yn_t=0;
for n=1:size(ak,1)
    for m=1: size(ak,2)
 yn=yn+(ak(n,m)*exp(i*ph(n)*180/pi)*exp((-dk(n,m)+i*2*pi*fk(n,m))*tn));
    end
end
for n=1:size(ak_t,1)
    for m=1: size(ak_t,2)
 yn_t=yn_t+(ak_t (n,m)*exp(i*ph_t(n)*180/pi)*exp((-
dk_t(n,m)+i*2*pi*fk_t(n,m))*tn));
    end
end
yn_f=fftshift(fft(yn));
yn_tf=fftshift(fft(yn_t));
noise_1 = rand([1,1024])*max(abs(yn_f(:)))*0.08;
yn_f = yn_f+noise_1;
noise_2 = rand([1,1024])*max(abs(yn_tf(:)))*0.08;
yn_tf = yn_tf+noise_2;
data=zeros(32,32,1024);
for m=1:32
    for m=1:32
 if (m<=10 & n<=10)
            data(m,n,:)=yn_tf;
    elseif m>10
            data(m,n,:)=yn_f;
    elseif m<=10 & n>10
            data(m,n,:)=yn_f;
        end
     end
end
```

APPENDIX B

Algorithm B.1. MATLAB P31 MRSI Simulation

```
clear all;
close all;
addpath(strcat(pwd,'/utils'));
addpath(strcat(pwd,'/wavelab850'));
WavePath;
p31= create_simulated_signal;
% imshow(squeeze(real(p31(:,:,381))))
p31_f = fftshift(fftn(p31));
figure; imshow(squeeze(abs(p31_f(:,:,513))), [0 max(abs(p31_f(:)))]);
p31_rec= ifftn(ifftshift(p31_f));
figure; imshow(squeeze(abs(p31_rec(:,:,513))), [0 max(abs(p31_rec(:)))]);
figure; plot(squeeze(real(p31_rec(4,4,:))));
%Select lines for zeros and create arrays with some random
%undersampling
mask_all = ones(32,32,1024);
p31_fu=p31_f;
k_center=2;
k_down=32/2-k_center/2;
k_up=32/2+k_center/2;
ind=round(rand(15,1)*k_down);
indz=find(ind==0);
ind(indz)=1;
mask_all(ind,:,:)=0;
mask_all(k_up+ind,:,:)=0;
maskz=find(mask_all==0);
p31_fu(maskz) = 0;
p31_fu_rec= ifftn(ifftshift(p31_fu));
figure; imshow(squeeze(abs(p31_fu_rec(:,:,513))), [0 max(abs(p31_fu_rec(:)))]);
figure; plot(squeeze(real(p31_fu_rec(4,15,:))));
p31_fu_hrec = ifft(fftshift(p31_fu,2),[],2);
figure; plot(squeeze(real(p31_fu_hrec(:,1,:))));
for n=1:32
   %Select lines for zeros and create arrays with some random
   %undersampling
   im_z= squeeze(p31_fu_hrec(:,n,:));
   mask = squeeze(mask_all(:,n,:));
   data= im_z;
    imshow(abs(data));
    pdf = mask;
```

```
% L1 Recon Parameters
   N = size(data); % image Size
   DN = size(data); % data Size
   TVWeight = 0.01; % Weight for TV penalty
   xfmweight = 0.01; % Weight for Transform L1 penalty
   Itnlim = 15;
                     % Number of iterations
   phmask = zpad(hamming(6)*hamming(6)',N(1),N(2)); %mask to grab center
frequency
                                                   %for low-order phase
   phmask = phmask/max(phmask(:));
estimation and correction
   ph = exp(i*angle((ifft2c(data.*phmask)))); % estimate phase for phase
correction
   %generate Fourier sampling operator
   FT = p2DFT(mask, N, ph, 2);
   % scale data
   im_dc = FT'*(data);%.*mask);%./pdf);
   data = data/max(abs(im_dc(:)));
   im_dc = im_dc/max(abs(im_dc(:)));
   %generate transform operator
   %XFM = Wavelet('Daubechies',6,4); % Wavelet
  %XFM = 1;
   XFM = Wavelet('Daubechies',4,4); % Wavelet
   % initialize Parameters for reconstruction
   param = init;
   param.FT = FT;
   param.XFM = XFM;
   param.TV = TVOP;
   param.data = data;
   param.TVWeight =TVWeight; % TV penalty
   param.xfmWeight = xfmWeight; % L1 wavelet penalty
   param.Itnlim = Itnlim;
%
    figure(100), imshow(abs(im_dc),[]);drawnow;
   res = XFM*im_dc;
   % figure; imshow(abs(res))
   % do iterations
   tic
   for iter=1:5
       res = fnlCg(res,param);
       im_res = XFM'*res;
   end
   toc
   p31_res(:,n,:)=fftshift(im_res);
end
```

```
figure; imshow(squeeze(abs(p31_res(:,:,513))), [0 max(abs(p31_res(:)))]);
figure; plot(squeeze(real(p31_res(4,4,:))));
m=20;n=1;
figure; subplot(3,1,1);plot(squeeze(real(p31(m,n,:))))
hold on; subplot(3,1,2);plot(squeeze(real(p31_fu_rec(m,n,:))))
hold on; subplot(3,1,3);plot(squeeze(real(p31_res(m,n,:))))
```

APPENDIX C

Algorithm C.1. MATLAB Bland Altman Test

```
% Calculates the Bland Altman statistics given two datasets named orig and
newm.
% bland_altman_stat is 0 if the difference between the two datasets has any
% points lying outside the 2*sd(difference) from the mean of the
% difference. It is 1 if all the difference data resides within 2*SD.
% outlcount is the number of outlier points if there are any.
% meandiff is the mean of the difference between the two datasets.
% stddiff is the std of the difference between the two datasets.
% Esin Ozturk, UCSF
function [bland_altman_stat, outlcount,meandiff,stddiff] = bland_altman(orig,
newm)
diffm = abs(orig-newm);
avgm = abs(orig+newm)./2;
stddiff = std(diffm);
meandiff = mean(diffm);
outlcount = length(find(diffm>meandiff+2*stddiff))+length(find(diffm<meandiff-</pre>
2*stddiff));
bland_altman_stat = isequal(outlcount,0);
size(avgm);
x1 = [0, max(avgm)];
y1 = [meandiff, meandiff];
x^{2} = [0, max(avgm)];
y2 = [meandiff+2*stddiff, meandiff+2*stddiff];
x3 = [0, max(avgm)];
y3 = [meandiff-2*stddiff, meandiff-2*stddiff];
figure;
plot(avgm, diffm, '.'); hold on; line(x1,y1); hold on; line(x2,y2); hold on;
line(x3,y3)
```

APPENDIX D

Algorithm D.1. MATLAB Calculate Estimates

```
% PCr gATP aATP bATP GPC GPE Pi PC PE noise
ranges = [{510:516}, {460:480}, {370:390}, {220:240}, {560:570}, {570:585},
{590:610}, {610:625}, {625:640}, {850:900}];
for n=1:9
   Orig(n,:,:) = max(squeeze(real(p31(:,:,ranges{n}))),[],3);
end
Orig(10,:,:) = std(squeeze(real(p31(:,:,ranges{10}))),0,3);
for n=1:9
   CS(n,:,:) = max(squeeze(real(p31_res(:,:,ranges{n}))),[],3);
end
CS(10,:,:) = std(squeeze(real(p31_res(:,:,ranges{10}))),0,3);
Pi_PCr_0 = squeeze(Orig(7,:,:)./Orig(1,:,:));
Pi_PCr_cs = squeeze(CS(7,:,:)./CS(1,:,:));
PCr_bATP_o=squeeze(Orig(1,:,:)./Orig(4,:,:));
PCr_bATP_cs=squeeze(CS(1,:,:)./CS(4,:,:));
PCr_PE_0=squeeze(Orig(1,:,:)./Orig(9,:,:));
PCr_PE_cs=squeeze(CS(1,:,:)./CS(9,:,:));
SNR_PCr_0= squeeze(Orig(1,:,:)./Orig(10,:,:));
SNR_PCr_cs= squeeze(CS(1,:,:)./CS(10,:,:));
SNR_Pi_0= squeeze(Orig(7,:,:)./Orig(10,:,:));
SNR_Pi_cs= squeeze(CS(7,:,:)./CS(10,:,:));
SNR_bATP_o= squeeze(Orig(4,:,:)./Orig(10,:,:));
SNR_bATP_cs= squeeze(CS(4,:,:)./CS(10,:,:));
ph_PCr_o= squeeze(Orig(1,:,:));
ph_PCr_cs= squeeze(CS(1,:,:));
ph_Pi_o= squeeze(Orig(7,:,:));
ph_Pi_cs= squeeze(CS(7,:,:));
ph_bATP_o= squeeze(Orig(4,:,:));
ph_bATP_cs= squeeze(CS(4,:,:));
Pi_PCr_o_t = Pi_PCr_o(1:10,1:10);
Pi_PCr_o_h= Pi_PCr_o(11:32,11:32);
Pi_PCr_cs_t = Pi_PCr_cs(1:10,1:10);
Pi_PCr_cs_h = Pi_PCr_cs(11:32,11:32);
PCr_bATP_o_t = PCr_bATP_o(1:10,1:10);
PCr_bATP_0_h= PCr_bATP_0(11:32,11:32);
```

```
PCr_bATP_cs_t = PCr_bATP_cs(1:10,1:10);
PCr_bATP_cs_h = PCr_bATP_cs(11:32,11:32);
PCr_PE_0_t = PCr_PE_0(1:10,1:10);
PCr_PE_0_h= PCr_PE_0(11:32,11:32);
PCr_PE_cs_t = PCr_PE_cs(1:10,1:10);
PCr_PE_cs_h = PCr_PE_cs(11:32,11:32);
SNR_PCr_o_t = SNR_PCr_o(1:10,1:10);
SNR_PCr_o_h= SNR_PCr_o(11:32,11:32);
SNR_PCr_cs_t = SNR_PCr_cs(1:10,1:10);
SNR_PCr_cs_h = SNR_PCr_cs(11:32,11:32);
SNR_Pi_o_t = SNR_Pi_o(1:10,1:10);
SNR_Pi_o_h= SNR_Pi_o(11:32,11:32);
SNR_Pi_cs_t = SNR_Pi_cs(1:10,1:10);
SNR_Pi_cs_h = SNR_Pi_cs(11:32,11:32);
SNR_bATP_o_t = SNR_bATP_o(1:10,1:10);
SNR_bATP_0_h= SNR_bATP_0(11:32,11:32);
SNR_bATP_cs_t = SNR_bATP_cs(1:10,1:10);
SNR_bATP_cs_h = SNR_bATP_cs(11:32,11:32);
ph_PCr_o_t = ph_PCr_o(1:10, 1:10);
ph_PCr_o_h= ph_PCr_o(11:32,11:32);
ph_PCr_cs_t = ph_PCr_cs(1:10,1:10);
ph_PCr_cs_h = ph_PCr_cs(11:32,11:32);
ph_Pi_o_t = ph_Pi_o(1:10,1:10);
ph_Pi_o_h= ph_Pi_o(11:32,11:32);
ph_Pi_cs_t = ph_Pi_cs(1:10,1:10);
ph_Pi_cs_h = ph_Pi_cs(11:32,11:32);
ph_bATP_o_t = ph_bATP_o(1:10,1:10);
ph_bATP_o_h= ph_bATP_o(11:32,11:32);
ph_bATP_cs_t = ph_bATP_cs(1:10,1:10);
ph_bATP_cs_h = ph_bATP_cs(11:32,11:32);
fprintf('mean+-std Pi/PCr original tumor = %f+-%f\n', mean(Pi_PCr_o_t(:)),
std(Pi_PCr_o_t(:)));
fprintf('mean+-std Pi/PCr cs tumor = %f+-%f\n', mean(Pi_PCr_cs_t(:)),
std(Pi_PCr_cs_t(:)));
fprintf('mean+-std Pi/PCr original healthy = %f+-%f\n', mean(Pi_PCr_o_h(:)),
std(Pi_PCr_o_h(:)));
fprintf('mean+-std Pi/PCr cs healthy = %f+-%f\n', mean(Pi_PCr_cs_h(:)),
std(Pi_PCr_cs_h(:)));
clc
fprintf('mean+-std PCr/b-ATP original tumor = %f+-%f\n', mean(PCr_bATP_o_t(:)),
std(PCr_bATP_o_t(:)));
fprintf('mean+-std PCr/b-ATP cs tumor = %f+-%f\n', mean(PCr_bATP_cs_t(:)),
std(PCr_bATP_cs_t(:)));
fprintf('mean+-std PCr/b-ATP original healthy = \%f+-\%f\n',
mean(PCr_bATP_o_h(:)), std(PCr_bATP_o_h(:)));
fprintf('mean+-std PCr/b-ATP cs healthy = %f+-%f\n', mean(PCr_bATP_cs_h(:)),
```

c1c

```
fprintf('mean+-std PCr/PE original tumor = %f+-%f\n', mean(PCr_PE_o_t(:)),
std(PCr_PE_o_t(:)));
fprintf('mean+-std PCr/PE cs tumor = %f+-%f\n', mean(PCr_PE_cs_t(:)),
std(PCr_PE_cs_t(:)));
fprintf('mean+-std PCr/PE original healthy = %f+-%f\n', mean(PCr_PE_o_h(:)),
std(PCr_PE_o_h(:)));
fprintf('mean+-std PCr/PE cs healthy = %f+-%f\n', mean(PCr_PE_cs_h(:)),
std(PCr_PE_cs_h(:)));
```

clc

```
fprintf('mean+-std SNR PCr original tumor = %f+-%f\n', mean(SNR_PCr_o_t(:)),
std(SNR_PCr_o_t(:));
fprintf('mean+-std SNR PCr cs tumor = %f+-%f\n', mean(SNR_PCr_cs_t(:)),
std(SNR_PCr_cs_t(:)));
fprintf('mean+-std SNR PCr original healthy = %f+-%f\n', mean(SNR_PCr_o_h(:)),
std(SNR_PCr_o_h(:)));
fprintf('mean+-std SNR PCr cs healthy = %f+-%f\n', mean(SNR_PCr_cs_h(:)),
std(SNR_PCr_cs_h(:)));
```

c1c

```
fprintf('mean+-std SNR Pi original tumor = %f+-%f\n', mean(SNR_Pi_o_t(:)),
std(SNR_Pi_o_t(:)));
fprintf('mean+-std SNR Pi cs tumor = %f+-%f\n', mean(SNR_Pi_cs_t(:)),
std(SNR_Pi_cs_t(:)));
fprintf('mean+-std SNR Pi original healthy = %f+-%f\n', mean(SNR_Pi_o_h(:)),
std(SNR_Pi_o_h(:)));
fprintf('mean+-std SNR Pi cs healthy = %f+-%f\n', mean(SNR_Pi_cs_h(:)),
std(SNR_Pi_cs_h(:)));
```

clc

```
fprintf('mean+-std SNR bATP original tumor = %f+-%f\n', mean(SNR_bATP_o_t(:)),
std(SNR_bATP_o_t(:)));
fprintf('mean+-std SNR bATP cs tumor = %f+-%f\n', mean(SNR_bATP_cs_t(:)),
std(SNR_bATP_cs_t(:)));
fprintf('mean+-std SNR bATP original healthy = %f+-%f\n',
mean(SNR_bATP_o_h(:)), std(SNR_bATP_o_h(:)));
fprintf('mean+-std SNR bATP cs healthy = %f+-%f\n', mean(SNR_bATP_cs_h(:)),
std(SNR_bATP_cs_h(:));
```

clc

fprintf('Ratio of mean SNR PCr original tumor/healthy = %f\n', mean(SNR_PCr_o_t(:))/ mean(SNR_PCr_o_h(:))); fprintf('Ratio of mean SNR PCr cs tumor/healthy = %f\n', mean(SNR_PCr_cs_t(:))/ mean(SNR_PCr_cs_h(:))); fprintf('Ratio of mean SNR Pi original tumor/healthy = %f\n', mean(SNR_Pi_o_t(:))/ mean(SNR_Pi_o_h(:))); fprintf('Ratio of mean SNR Pi cs tumor/healthy = %f\n', mean(SNR_Pi_cs_t(:))/ mean(SNR_Pi_cs_h(:))); fprintf('Ratio of mean SNR bATP original tumor/healthy = %f\n', mean(SNR_bATP_o_t(:))/ mean(SNR_bATP_o_h(:)));

```
fprintf('Ratio of mean SNR bATP cs tumor/healthy = %f\n',
mean(SNR_bATP_cs_t(:))/ mean(SNR_bATP_cs_h(:)));
```

clc

```
frintf('Ratio of mean ph PCr original tumor/healthy = %f\n',
mean(ph_PCr_o_t(:))/ mean(ph_PCr_o_h(:)));
fprintf('Ratio of mean ph PCr cs tumor/healthy = %f\n', mean(ph_PCr_cs_t(:))/
mean(ph_PCr_cs_h(:)));
fprintf('Ratio of mean ph Pi original tumor/healthy = %f\n',
mean(ph_Pi_o_t(:))/ mean(ph_Pi_o_h(:)));
fprintf('Ratio of mean ph Pi cs tumor/healthy = %f\n', mean(ph_Pi_cs_t(:))/
mean(ph_Pi_cs_h(:));
fprintf('Ratio of mean ph bATP original tumor/healthy = %f\n',
mean(ph_bATP_o_t(:))/ mean(ph_bATP_o_h(:)));
fprintf('Ratio of mean ph bATP cs tumor/healthy = %f\n', mean(ph_bATP_cs_t(:))/
mean(ph_bATP_cs_h(:));
```

```
[BAs_Pi_PCr_t, outl_Pi_PCr_t,mdiff_Pi_PCr_t,sdiff_Pi_PCr_t] =
bland_altman(Pi_PCr_o_t(:), Pi_PCr_cs_t(:))
[BAs_Pi_PCr_h, outl_Pi_PCr_h,mdiff_Pi_PCr_h,sdiff_Pi_PCr_h] =
bland_altman(Pi_PCr_o_h(:), Pi_PCr_cs_h(:))
[BAs_PCr_bATP_t, outl_PCr_bATP_t,mdiff_PCr_bATP_t,sdiff_PCr_bATP_t] =
bland_altman(PCr_bATP_o_t(:), PCr_bATP_cs_t(:))
[BAs_PCr_bATP_h, outl_PCr_bATP_h,mdiff_PCr_bATP_h,sdiff_PCr_bATP_h] =
bland_altman(PCr_bATP_o_h(:), PCr_bATP_cs_h(:))
[BAs_PCr_PE_t, outl_PCr_PE_t,mdiff_PCr_PE_t,sdiff_PCr_PE_t] =
bland_altman(PCr_PE_o_t(:), PCr_PE_cs_t(:))
[BAs_PCr_PE_h, outl_PCr_PE_h,mdiff_PCr_PE_h,sdiff_PCr_PE_h] =
bland_altman(PCr_PE_o_h(:), PCr_PE_cs_h(:))
```

```
[p_SNR_PCr_o,h_SNR_PCr_o]=ranksum(SNR_PCr_o_t(:), SNR_PCr_o_h(:))
[p_SNR_PCr_cs,h_SNR_PCr_cs]=ranksum(SNR_PCr_cs_t(:), SNR_PCr_cs_h(:))
[p_SNR_Pi_o,h_SNR_Pi_o]=ranksum(SNR_Pi_o_t(:), SNR_Pi_o_h(:))
[p_SNR_Pi_cs,h_SNR_Pi_cs]=ranksum(SNR_Pi_cs_t(:), SNR_Pi_cs_h(:))
[p_SNR_bATP_o,h_SNR_bATP_o]=ranksum(SNR_bATP_o_t(:), SNR_bATP_o_h(:))
[p_SNR_bATP_cs,h_SNR_bATP_cs]=ranksum(SNR_bATP_cs_t(:), SNR_bATP_cs_h(:))
```