## TARGETING OF ANTI-CANCER DRUG USING MAGNETIC NANOPARTICLES

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## TARGETING OF ANTI-CANCER DRUGS USING MAGNETIC NANOPARTICLES

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### **ABSTRACT**

#### **TARGETING OF ANTI-CANCER DRUG USING MAGNETIC NANOPARTICLES**

Cancer, also called malignancy, is an abnormal growth of cells in the human body which form tissues are called tumors. Specifically, brain tumors are very common and primary brain tumours contain 2% of all adult cancers. Surgery, chemotherapy, radiation therapy and hormone therapy are used in combination for the treatment of cancer however, the anticancer drugs which is used in chemotherapy have many toxic effects causing a lot of side effects such as fatigue, hair loss and anemia etc. As a consequence, it is important to find an effective method for the administration of the anti-cancer drugs like drug delivery systems in order to enhance the efficiency and decrease the dose of the drug. The aim of this project is to target an anti-cancer drug temozolomide to the tumor site using magnetic nanoparticles in the presence of an external magnetic field and develop a new drug delivery system. Temozolomide has very low solubility and stability in aqueous medium at neutral conditions thus, an inclusion complex is needed which can be achieved by using various types of cyclodextrins(CDs) having a hydrophobic cavity that can accommodate the drug and increase the solubility. In addition, chitosan is a biocompatible material so, it is used for many biomedical applications. Chitosan can be used in combination with inorganic materials such as magnetic NPs for drug delivery system. It is aimed to encapsulate TMZ in magnetite-CD-chitosan beads and by applying an external magnetic field the total entity is targeted to the tumor site. In this way, minimum dose of drug is administered to the human body and side effects are expected to decrease. Magnetic nanoparticles were synthesized and stabilized by CDs. Heat profiles and weight loss upon heating of CD&TMZ inclusion complexes were shown to differ significantly from those of physical mixtures. The solubility of TMZ was shown to increase in the presence of CD's using UV and HPLC. In the presence of magnetite particles, chitosan-magnetite beads that contain TMZ were prepared. TMZ encapsulation efficiency of different preparation methods were investigated using HPLC and their morphologies were shown using SEM. These beads were then targeted to a specific area where TMZ is shown to accumulate.

## **ÖZET**

## **KANSER İLACININ MANYETİK NANOPARÇACIKLAR KULLANILARAK HEDEFLENMESİ**

Kanser diger adıyla malignite, hücrelerin anormal çoğalmasıdır, bu çoğalmanın oluşturduğu dokulara tümör denir. Özellikle beyin tümörleri çok yaygındır, birinci derece beyin tümörleri yetişkin kanserlerinin %2'sini oluşturmaktadır. Kanser tedavisi olarak ameliyat, kemoterapi, radyasyon ve hormon terapilerinin kombinasyonları kullanılmaktadır, fakat kemoterapi tedavisi sırasında kansere karşı kullanılan ilaçlar çok sayıda toksik etkiye sahiptir bu etkiler çok sayıda yan etkiye sahiptir örneğin, tükenmişlik, yorgunluk, saç dökülmesi, kansızlık, vb. Sonuç olarak, kanser ilacının yöneltilmesi için ilaç taşınım sistemi gibi etkili bir yol oluşturmak verimliliği geliştirmek ve ilaç dozunu azaltmak açısından çok önemlidir. Bu projenin amacı tümörlü olan bölgeye kansere karşı etkili bir ilaç olan Temozolomid'in manyetik nanoparçacıklar tarafından taşınarak dışarıdan manyetik alan uygulanarak hedeflenmesi ve yeni bir ilaç taşınım sistemi oluşturmaktır. Temozolomid sulu çözelti içerisinde ve nötr koşullarda çok düşük stabiliteye ve çüzünürlüğe sahiptir. Böylece ilaca uyum sağlayabilen ve ilacın çözünürlüğünü arttıran farklı çeşit siklodekstrinlerin hidrofobik kaviteleri kullanılarak kompleks oluşturması gerekmektedir. Ek olarak, kitozan biyouyumlu bir malzemedir ve bu yüzden, kitozan pek çok biyomedikal uygulamalarda kullanılmaktadır. İlaç taşınım sistemi için, kitozan, inorganik malzemelerle örneğin manyetik nanoparçacıklar ile kombinasyon oluşturabilir. Manyetik kitozan küreciğine Temozolomid sarmalamak ve bu sarmalın dışarıdan uygulanan manyetik alan sayesinde tüm entitinin tumörlü bölgeye hedeflenmesi amaçlanmıştır. Bu şekilde, en az miktar dozda ilaç insan vücuduna alınacaktır ve böylece yan etkilerinin azalması beklenmektedir. Manyetik nanoparçacıklar sentezlenir ve siklodekstrin tarafından stabilize edilir. Siklodekstrin varlığında Temozolomid'in çözünürlüğünün artması Yüksek Basınç Kromotografisi ve UV Spektroskopi ile gösterilmiştir. Ek olarak, aralarında oluşan kompleksin ısı profili ve ısı uygulandığında oluşan ağırlık kaybı aralarında oluşan kompleks ve fiziksel karıştırma arasında ciddi fark olduğunu gösterir. Manyetik nanoparçacık-kitozan kürecikleri elde edilir, Taramalı Elektron mikroskobu ile morfolojisi incelenir ve Temozolomid kürecikler içine sarmalanır ve istenilen bölgeye dışarıdan uygulanan manyetik alan ile hedeflenir.

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## **1. INTRODUCTION**

Cancers are very common and life-threatening diseases that one of every three American women and one of two men will eventually acquire one of the different types. It is known that man are more prone to suffer cancer than women. Approximately 910 people were diagnosed with some types of cancer every day in UK. All types of cancer can develop at any age, but more than a third of cancers are recognized in people aged 75 and over. [1].

Cancer is a group of diseases characterized by uncontrolled growth and spread of abnormal cells. If the spread is not controlled, it can result in death. Both external factors (infectious organisms, chemicals, tobacco etc.) and internal factors (hormones, immune conditions etc.) cause all types of cancer for human life. For treatment of cancer, surgery, radiation, chemotherapy, biological therapy, hormone therapy and targeted therapy can be used [2].

It is known that there are many toxic effects of drugs, especially anti-cancer drugs. In order to reduce the side effects and minimize the amount of drug administered to the human body, drug delivery systems were developed. These systems enhance the efficiency and decrease the dose of the drug. The aim of this project is to target an anti-cancer drug temozolomide to the tumor site using magnetic nanoparticles in the presence of an external magnetic field and develop a drug delivery system. Temozolomide, an alkylating agent that can be administered orally, has been approved for the treatment of malignant glioma. However, Temozolomide has very low solubility and stability in aqueous medium thus an inclusion complex is needed which can be achieved by using various types of cyclodextrins having a hydrophobic cavity that can envelope the drug and increase the solubility. On the other hand magnetite nanoparticles play an important role in biomedical applications like drug delivery system because of their excellent magnetic properties and biocompatibility. However, these particles need additional surface treatments in order to be stabilized in carrier fluids which is essential for all biomedical applications. It is also expected for cylclodextrins to improve the stability of magnetic nanoparticles in aqueous medium along with increasing the solubility of the drug. In addition, chitosan is a polysaccharide and being a biocompatible material it is used in many biomedical applications. Chitosan can be used in combination with inorganic materials such as magnetic NPs. Therefore, it is expected that magnetitechitosan beads with TMZ can be an useful drug delivery system in order to target anti-cancer drug to the desired area applying an external magnetic field. As a consequence it is aimed to encapsulate TMZ in magnetite-CD-chitosan beads and by applying an external magnetic field where the total entity is targeted to the desired site in vitro. In this way, minimum dose of drug is administered to the human body and side effects are expected to decrease.

In this report, general information about nanoparticles, magnetite, its synthetic formation pathways and corresponding applications such as Magnetic Resonance Imaging (MRI), Magnetic Hyperthermia and drug delivery systems with nanoparticles and cyclodextrins are given in the theoretical background section. Then experimental procedures and characterization methods are introduced in Chapter 3. The experimental results on the synthesis of magnetite nanoparticles and characterizations are presented in Chapter 4 while preparation methods of inclusion complex between Temozolomide and cyclodextrins and characterizations are given in Chapter 5. Preparation methods of chitosan nanoparticles, magnetite-chitosan beads are explained in detail and targeting experiments of Temozolomide are given in Chapter 6. Finally conclusion section gives a general summary and potential future work of the study.

## **2. THEORETICAL BACKGROUND**

### **2.1 NANOPARTICLES**

Nanotechnology is the most important science and is the study of manipulating matter on the atomic, molecular, and supramolecular scale. Nanoparticles are very small particles in the size of nanometers which are very common place in nature. They are generally considered to be a number of atoms or molecules bonded together with a structural radius less than 100 nm at least in one dimension. Generally, NPs are used in several biomedical applications as shown Figure 2.1. [3].

### **2.1.1. Therapeutics**

Many types of NPs are used in drug delivery system. Cancer therapy, gene delivery, sitespecific targeting are developing therapeutics in order to reduce side effects of the widelyknown therapeutics [4]. For example, paclitaxel, doxorubicin which are chemotherapeutic drugs have been loaded onto different types of NPs and these NP systems can be used in cancer therapy [5, 6].

#### **2.1.2. Diagnostics**

Nanomaterials are also used for diagnostic. For example, gold (Au) NPs can offer for multiplex diagnostics to possess sensitive, cost effective, efficient and rapid solutions [7-9].

#### **2.1.3. Imaging**

Medical imaging for diagnostics, NPs can be used to enhance the efficacy of fluorescent markers. Alhough many fluorescent markers are common and used in current research, they have various disadvantages, like fluorescence bleaching, the demand of color-matched lasers, etc. Some NPs such as a fluorescence NPs ( silica NPs ) and magnetic iron oxide NPs can overcome these problems so, can be used as imaging agents for effective diagnostics and therapeutics [10-13].



Figure 2.1. Biomedical applications of magnetic nanoparticles [14]

### **2.2. IRON OXIDES**

Sixteen pure phases of iron oxides, i.e., oxides, hydroxides or oxy-hydroxides are known. These are Fe(OH)<sub>3</sub>, Fe(OH)<sub>2</sub>, Fe<sub>5</sub>HO<sub>8</sub>⋅4H<sub>2</sub>O, Fe<sub>3</sub>O<sub>4</sub>, FeO, five polymorphs of FeOOH and four of  $Fe<sub>2</sub>O<sub>3</sub>$  [15]. Iron oxides have a great significance for many of the processes taking place in ecosystems such as in soils and rocks, lakes and rivers, on the sea floor, in air and in organisms [16]. Moreover, iron oxides in nano-scale are very important because of their extensive applications, such as catalytic materials, wastewater treatment adsorbents, magnetic recording devices, magnetic data storage devices, bioseparation etc.[15]. Iron oxide can exist exist in several forms such as iron oxide (FeO), goethite (α-FeOOH), magnetite (Fe<sub>3</sub>O<sub>4</sub>), amorphous hydrous ferric oxide (FeOOH), and iron(III) oxide phases such as maghemite ( $\gamma$ -Fe<sub>2</sub>O<sub>3</sub>), and hematite ( $\alpha$ -Fe<sub>2</sub>O<sub>3</sub>). Some of their physical and magnetic properties are given in Table 2.1. In addition, iron oxides have several advantages over Fe and Co nanoparticles, e.g., better oxidative stability, compatibility in nonaqueous systems, and nontoxicity [15].

Hematite ( $\alpha$ -Fe<sub>2</sub>O<sub>3</sub>) is the oldest known of the Fe oxides and is thermodynamically the most stable iron oxides under aerobic surface conditions and therefore, it is the most widespread Fe oxides in soils and rocks.

<b>Property</b>	<b>Hematite</b>	<b>Magnetite</b>	<b>Maghemite</b>
<b>Molecular formula</b>	$\alpha$ -Fe <sub>2</sub> O <sub>3</sub>	Fe <sub>3</sub> O <sub>4</sub>	$\gamma$ -Fe <sub>2</sub> O <sub>3</sub>
Density $(g/cm^3)$	5.26	5.18	4.87
Melting Point, °C	1350	1583-1597	
<b>Hardness</b>	6.5	5.5	5
<b>Type of magnetism</b>	Weakly ferromagnetic or antiferromagnetic	Ferromagnetic	Ferrimagnetic
<b>Curie</b> Temperature, K	956	850	820-986

Table 2.1. Physical and magnetic properties of iron oxides [15]

It is also known as ferric oxide, specularite or specular iron ore. Color of hematite is bloodred if finely divided, and if coarsely crystalline, black or grey. It is excessively stable at ambient conditions, and frequently is the end product of the transformation of other iron oxides [16, 17].

Magnetite is also known as black iron oxide, magnetic iron ore, or ferrous ferrite. It exhibits the strongest magnetism of any transition metal oxide [16, 17]. If magnetite is under oxidizing conditions  $(H_2O_2,O_2)$ , it is known that magnetite is unstable. In addition, it can be transformed to hematite and maghemite at higher temperatures[18]. Moreover, magnetite have non-toxicity, high biocompatibility and biodegradability so, it is also suitable for nanotechnology and biotechnology areas [19].

Maghemite ( $\gamma$ -Fe<sub>2</sub>O<sub>3</sub>) occurs in soils or rocks as a product of heating of different iron oxides. It is metastable with respect to hematite, and forms continuous solid solutions with magnetite [16]. Maghemite can be oxidized to the magnetite, in this case the color change is observed from black to red-brown.

When the temperature exceeds 500 °C, ferromagnetic low temperature phase maghemite can be easily transformed into the antiferromagnetic more stable phase hematite. Thus, optimization of the preparation procedure is exteremely important in order to prevent formation of undesired product(s). The particle size also plays a critical role. In general, typical particle sizes for the ferro- to superparamagnetic phase transformation are between 10 and 20 nm for oxides [20]. Several researchers have shown that polymers and surfactants can be used in NP synthesis to limit the particle size by affecting the nucleation and growth stages [21-23].

#### **2.2.1. Magnetic Behavior of Iron Oxides**

The interaction between Fe ions on adjacent sites is the most significant attribute in order to designate the electron spinnings in non-parallel or parallel alignment [24]. Among the different types of iron oxide, magnetite have the highest saturation magnetization (92 emu/g) because of the electron delocalization that can occur between adjoining site of both  $Fe^{2+}$  and  $Fe^{3+}$  [25].

Relative motion of electric charge of material (spin motion) cause magnetism. Characterization of magnetic phase of materials are determined using magnetism [25]. Magnetism can be classified into five types : diamagnetism, paramagnetism, ferromagnetism, antiferromagnetism and ferrimagnetis as schematically represented in Figure 2.2.

Diamagnetism is a main property of all materials that [induced magnetic field](https://en.wikipedia.org/wiki/Induced_magnetic_field) in a opposite direction to an externally [applied magnetic field,](https://en.wikipedia.org/wiki/Applied_magnetic_field) and include small repulsion by a magnetic field. Diamagnetic substance have negative magnetic susceptibility and magnetic susceptibility is independent of the temperature [15].

In the paramagnetic state as seen Figure 2.2, the individual atomic magnetic moments are aligned randomly with respect to each other, and the crystal has a zero net magnetic moment. If an external magnetic field is applied to this crystal, some of these moments will align, and the crystal will have a small net magnetic moment [16]. Superparamagnetism appears when the size of a particle becomes small enough to exhibit single domain and because of thermal agitation the magnetic moment fluctuates in random direction.



Figure 2.2. Schematic illustration of the main varieties of magnetic order [16]

If the external magnetic field is removed, superparamagnetic nanoparticles do not have net magnetization because of the rapid reversal of the magnetic moment [26]. For instance,the superparamagnetic properties were observed for  $\alpha$ -Fe<sub>2</sub>O<sub>3</sub>,  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> andFe<sub>3</sub>O<sub>4</sub> with diameters smaller than 20 nm [27], 10 nm [28] and 6 nm [28], respectively.

In a ferromagnetic material, the alignment of the electron spins is paralel as shown Figure 2.2. Ferromagnetism substance align equal atomic magnetic moments and produce large net magnetic moment. Therefore, the interaction is attractive towards magnetic pole [29]. With raising temperature, the ordered arrangement of the spins decreases because of the thermal fluctuations of the individual magnetic moments [16].

In an antiferromagnetic substance having magnetic moments of equal magnitude and materials are aligned in an anti-parallel manner is shown Figure 2.2. Such substances produce zero overall magnetic moment. Increasing the temperature usually causes susceptibility to increase because the antiparallel ordering is disrupted [16].

Nevertheless, ferrimagnetic substances consist different strengths of magnetic moments that aligned in an anti-parallel manner like antiferromagnetic materials. However, in this case, the different electron spins have unequal moments, so that a ferrimagnetic substance produce

net magnetic moment in contrast with antiferromagnetic materials is shown Table 2.2 [16, 29].

<b>Type</b>	<b>Arrangement</b>	Lattice	<b>Net</b>
Ferromagnetic	Alignment within the lattice		
Antiferromegnetic	Sublattices, A&B, aligned but antiparallel, equal		None
Ferrimagnetic	Sublattices, A&B, aligned antiparallel, unequal		

Table 2.2. Properties of different magnetic states [30]

Antiferromagnetic, ferromagnetic, and ferrimagnetic materials have a domain structure: single domain refers only the particles in a range from 50 to 500 nm size. The spins within a domain are either paralel or antiparallel, but the different domains have different spin orientations. If high magnetic field applied sufficiently, the domains in a ferro-or antiferromagnetic substance can be eliminated. Therefore, the magnetic field is increased, the spins in the domains become aligned increasingly. If high enough magnetic field is applied, saturation magnetization is reached i.e. the spins of all the domains are paralel [16].

A property which only exists in ferromagnetic substances demonstrates is given Figure 2.3. The magnetization curve displays a hysteresis loop, because all domains do not return to their original orientations when magnetic field (H) is decreased after the saturation magnetization value is attained. This curve refers to the magnetic properties of magnetic

particles are described by the induced magnetization (M) on the applied magnetic field (H) [31, 32].



Figure 2.3. Magnetization M as a function of an applied magnetic field H [32]

Initially, the material has never been exposed to a magnetic field, so this leads to position (a) in the curve [32]. If the external magnetic field increases, magnetic domains in side the material align with the external field. At some point, all the dipoles and domains in the ferromagnetic material have been aligned with the external field.

At this point, (b), the material is reached saturation magnetization value and the internal magnetic field increases linearly with the external applied field. Thus, the substance begins to behave more like a paramagnetic or diamagnetic material [32].

At this point if we remove the external field, the internal magnetic field decrease to point (c) in the curve. At that point the substance has become magnetized and refers to have a magnetic remanence. The net magnetic dipole moments of the substance without an external field are not zero at this remanence point [32].

In order to remove this remnant magnetism, a magnetic field in the opposite direction is applied. So, if this opposite magnetic field apply to continue, internal magnetic field will continue to drop and at this point will attain a value of zero. This point, (d), implies as the coercivity of the substance. At this point, external applied magnetic field in the negative direction continue to increase, and then eventually leads to saturation again as point (e). And then, the material starts linearly to increases in external applied magnetic field. Finally, this process going through points (f) and (g) by changing the direction of the external field again [32].

#### **2.3. MAGNETITE**

Magnetite also called magnetic iron ore is very common that is opaque, black, metallic mineral in the environment present in soils and pegmatites. It is one of the metal oxides that have the most interesting properties because of the containing both the  $Fe^{2+}$  and  $Fe^{3+}$  ions [22]. An ordinary synthesis reaction is shown as Figure 2.4.



Figure 2.4. Oversimplified magnetite synthesis reaction [33]

A complex pattern of electrons between this two iron ions form magnetic nature. Additionally, it is important that magnetite is the only mineral that is magnetic due to other metallic minerals [28]. In nature, natural organisms are known as various magnetotactic bacteria have been using nano-scale (30-100 nm) magnetic particles in order to orient by using the directional sense of these organisms [22, 34].

#### **2.3.1. Magnetite Synthesis Methods**

Magnetic particles can be obtained under different synthesis conditions and many reports have described efficient synthesis approaches to produce the shape controlled, highly stable, biocompatible, and monodispersed iron oxide NPs. In the last decades, much research has been developed in order to prepare homogeneous nanoparticles of iron oxide a kind of synthesis routes such as co-precipitation, thermal decomposition, hydrothermal synthesis and microemulsion [35-38].

#### *2.3.1.1. Co-Precipitation Method*

The most common method for obtaining iron oxides (Fe<sub>3</sub>O<sub>4</sub> or  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub>) is by coprecipitation. This method consists of mixing  $Fe^{3+}(ferric)$  and  $Fe^{2+}(ferrous)$  aqueous salt solutions by using basic medium such as sodium hydroxide (NaOH) or ammonium hydroxide (NH4OH) at room temperature or at high temperature and schematic representation of co-precipitation method is shown as Figure 2.5. The co-precipitation method involves Fe<sup>3+</sup> (ferric) and Fe<sup>2+</sup> (ferrous) ions at a molar ratio of 1:2. The chemical co-precipitation reaction can be expressed as Eq. (1) [39].

$$
\text{Fe}^{2+} + 2\text{Fe}^{3+} + 8\text{OH} \rightarrow \text{Fe}_3\text{O}_4 + 4\text{H}_2\text{O}
$$
 (2.1)

The size, composition and shape of iron oxide NPs depend on the type of salts used (such as chlorides, sulfates, nitrates, perchlorates, etc.), the ferric and ferrous ions ratio, the reaction temperature, the pH, types of stabilization, ionic strength of the media, and the other reaction parameters (e.g. stirring rate) [39].



Figure 2.5. Schematic representation of Co-precipitation method [29]

After synthesis, a complete precipitation of magnetite occurs between pH 9 and 14, while sustaining a molar ratio of ferric:ferrous ions as 2:1 in an oxygen free environment. Magnetite NPs are not very stable under ambient conditions and may easily undergo oxidation to  $\alpha$ -Fe<sub>2</sub>O<sub>3</sub> or Fe(OH)<sub>3</sub>. Magnetite is sensitive to oxygen and in the presence of air as given Eqs. (2) and (3) [29, 40-43] ;

During the synthesis of magnetite NPs must be done in an anaerobic conditions ( e.g. using  $N_2$ ) in order to avoid possible oxidation with air.

$$
4Fe3O4+O2+18H2O \to 12Fe(OH)3
$$
 (2.2)

$$
2Fe3O4 + \frac{1}{2}O2 \rightarrow 3\alpha - Fe2O3
$$
 (2.3)

Shortly, co-precipitation method is basic and simple large quantities of magnetic particles are got by using this method [36]. After synthesis, magnetic particles are not colloidally stable and precipitate within seconds. However, various surface modifications can be used where a good control over size and magnetic properties is obtained while establishing colloidal stability. For instance, surfactants or other stabilizers (i.e polymer) can also be added in the reaction medium to generate stabilized nanoparticles [37].

However, the magnetite produced via co-precipitation method are relatively large,of broad size distribution, polydispersity, poor crystallinity, irregular in morphology and difficult to control their nanoparticle shape and size [44].

#### *2.3.1.2. Thermal Decomposition Method*

In this synthesis method, organic solution phase decomposition route is used. Thermal decomposition of organometallic compound in high boiling organic solvent in the presence of various stabilizing surfactants has become a improved technique in order to achieve monodisperse and unifom iron oxide nanocrystals [18, 44]. The iron precursors can be either, acetates [45], oleates [45], carbonyl [46] or oxalates [45], while high boiling solvents can be used such as benzyl ether or octadecene [36]. Various types of organic amines are used i.e. oleylamine, trioctylamine, oleylamine,and hexadecylamine. Additionally, alcohol, oleic acid can be used as surfactants [37]. An illustration of magnetite nanoparticles synthesis by thermal decomposition method is shown as Figure 2.6.

The thermal decomposition technique is used in order to produce high quality iron oxide i.e. Fe3O<sup>4</sup> nanoparticles [47]. The magnetite particles obtained by using thermal decomposition method are have high crystallinity [48], monodisperse [48] and can be can be obtained desired size and shape [36].



Figure 2.6. An illustration of magnetite nanoparticles synthesis by thermal decomposition method [37]

Although the thermal decomposition method has many advantages but, it has some disadvantages that require of relatively high reaction temperature [47], possible emission of toxic gases like CO [37] , usage of not enviremental friendly reagents [48], complicated procedures [47] and usage of multiple [47]. Moreover, obtained particles are usually insoluble in water or only soluble in some non-polar solvents.

### *2.3.1.3. Microemulsion Method*

Microemulsion is a thermodynamically stable liquıd mıxture of two immiscible phases as water and oil under the surfactant present. Water and oil phases are stabilized by the arrangement of surfactant molecules that may form a monolayer at the interface between the oil and water, with the hydrophobic tails of the surfactant molecules dissolved in the oil phase and the hydrophilic head groups dissolved in the aqueous phase [48].

Particularly, water-in-oil (w/o) microemulsions are also called as reverse microemulsions formed by well-defined nanodroplets of the aqueous phase, dispersed by the assembly of surfactant molecules in a continuous oil phase [48]. Magnetite nanoparticles can be synthesized by using reverse microemulsion method also is shown in Figure 2.7.

Microemulsions has some advantages such as environmental friendly synthesis method, economical and uniform nanoparticles. However, this method provide the major drawback is the usage of large amount of solvent to synthesize a significant amount of nanomaterials [49].



Figure 2.7. An illustration of magnetite nanoparticles synthesis by reverse microemulsion method [48]

### *2.3.1.4. Hydrothermal Synthesis*

During the synthesis of iron oxide NPs, controlled size and shape are very significant because of the strong correlation between these parameters and magnetic properties. For the thermal decomposition and microemulsion method, relatively high temperatures are required or very complicated process are used [18]. Alternatively, water is used as a dispersion medium and organic compounds and polymers are used as stabilizer and dispersant in the hydrothermal process. For example,  $\alpha$ -Fe<sub>2</sub>O<sub>3</sub> nano structures have been synthesized hydrothermally using poly(vinyl pyrrolidone) as surfactant and sodium acetate as precipitation agent [50]. The purpose of the high heat energy and pressure during this synthesis is to increase the dissolution of iron precursors and fracturing from macronucleus to nanoscale particles.



## Table 2.3. Comparison of the synthesis methods of magnetic nanoparticles [43]

However, several researchers said that higher temperature can cause bigger particle size. After hydrothermal synthesis, the resulting nanoparticles had narrow particle size distribution, high degree of crystallinity as well as weak agglomerated powders [38].

The four above mentioned synthesis methods have some advantages and disadvantages. Thermal decomposition and hydrothermal synthesis route is the optimal method in order to control size and morphology of the iron oxide NPs. Co-precipitation method can be used to obtain water-soluble as well as biocompatible iron oxide NPs but, this methods shows synthesized particles have low control of the particle shape, aggregation of particles as well as broad distributions of sizes [36].

The advantages and disadvantages of the different methods of preparation of Superparamagnetic Iron oxide Nanoparticles (SPIONs) are mentioned briefly in Table 2.3.

### **2.5 APPLICATIONS OF MAGNETIC PARTICLES**

The important property of magnetic particles is their response to the magnetic force. For biomedical applications, magnetic particles should have a high saturation magnetization because of the two reasons. Firstly, the movement of the magnetic particles can be controlled with applied external magnetic field. Secondly, the magnetic particles can be moved close to the tumour side. In addition, magnetic nanoparticles should be sufficiently small 10-50 nm), biocompatible, non-toxic, injectability and stable in aqueous medium at pH=7. Furthermore, iron oxide particles such as magnetite ( $Fe<sub>3</sub>O<sub>4</sub>$ ) or its oxidized form maghemite  $(\gamma$ -Fe<sub>2</sub>O<sub>3</sub>) are most common for biomedical applications [51].

For biomedical applications, it is very important that nanoparticles have to be able to elude the reticuloendothelial system (RES). After nanoparticles are injected into the blood, they are coated with blood plasma protein. This process is called as opsonization. Hydrophilic nanoparticles (e.g. surface coating with dextran, PEG) oppose opsonization so, they increase the probability of achieving to target cells in the body [52, 53].

In almost all applications, the preparation and surface modification of magnetic particles affect the particle size and shape, the size distribution, the surface chemistry and consequently the magnetic properties of the particles, all parameters are very important for
application in biomedicine. Its application can be classified into two categories, that is, *in vitro* and *in vivo*. For *in vitro* applications, the main use is in diagnostic and separating of biomolecules, such as protein, cell, DNA/RNA, microorganism, and for *in vivo* applications can be further divided into therapeutic such as drug delivery and hyperthermia and diagnostic applications such as magnetic resonance imaging (MRI) [51].

#### **2.5.1. Magnetic Resonance Imaging (MRI)**

Nanoparticles, especially superparamagnetic iron oxide NPs have been used as contrast agents for *in vivo* and *in vitro* cellular and molecular imaging. Magnetic Resonance Imaging is a clinical diagnostic technique for mainly soft tissue or recent cartilage pathologies because of the different relaxation times of protons. In this way, superparamagnetic NPs increase the diagnostic specificity and sensitivity so, they are used to differentiate between healthy and diseased tissue in the human body [53].

Kim *et al*. synthesized ferrofluids which contains oleic acid (as a surfactant) coated magnetic nanoparticles for MRI contrast agents and then, these nanoparticles dispersed in the chitosan solution that is the convenient carrier for biomedical applications. MRI images of the ferrofluids with the images of Resovists® (a commercially available contrast agent for MRI) are compared. Their study showed that the ferrofluids exhibited enhancement of the MRI contrasts comparable to Resovist® *in vitro* [51].

#### **2.5.2. Magnetic Hyperthermia**

Another promising application of magnetic nanoparticles is hyperthermia treatment. Hyperthermia treatment can be used as a supplementary treatment for many applications such as chemotherapy, radiotherapy, and surgery in cancer therapy [54]. This opinion is based on the principle that a magnetic particle can generate heat by hysteresis loss under a magnetic field. Magnetic hyperthermia utilizes magnetic NPs as heat sources in order to raise tissue temperature to 43℃ at tumour cells that is known to be more sensitive to heat than healty cells [55]. In the below Figure 2.8. shows that the particles are first injected in

(a) tumour and, then, (b) an externally applied alternating magnetic field induces the hyperthermia.



Figure 2.8. General Hyperthermia procedure for cancer therapy [55]

Magnetic particles embedded around a tumor site in the body and applied magnetic field then, heat up to a desired temperature. This desired temperature is dependent on the strength of the magnetic field, the magnetic properties of the material, and the cooling capacity of the blood flow in the tumor site of the human body. Thus, when a magnetic fluid is sustained to a various magnetic field magnetic nanoparticles become heat sources. Obtained powerful heat source is destroying only tumor cells whereas the normal cells can survive at temperatures higher than 43  $\mathrm{^{\circ}C}$  [56, 57].

### **2.5.3. Drug Delivery & Targeting**

The utility of many drugs is usually limited due to their potential to reach the specific site of therapeutic effect. Required drugs such as chemotherapy drugs are oriented for general system distribution often intravenously in human body. In many cases, only a very small amount of drug reaches the target site so, drug orientation causes many side effects as they attack the target cancer cells and also normal healthy cells. Therefore, a drug delivery system should be developed that optimizes the therapeutic action of a drug while reducing its deleterious side effects for human body [58].

Colloidal drug carriers can provide a targeted drug delivery associated with optimal drug release profiles. Among these many carriers, many types of micro/nanoparticles and liposomes have been the most extensively investigated. First of all, liposomes have some limitations for drug targeting such as poor stability and reproducibility, and low drug entrapment capability. However, many low molecular weight drugs are suitable to be delivered with this technique. In order to overcome these several problems, polymeric nanoparticles can be used as possible drug carriers because of the better stability and reproducibility than liposomes. The size of the NPs which are solid colloidal particles can be 1-100 nm. NPs can be used therapeutically as drug carriers in which the active compound is encapsulated, adsorbed, entrapped, dissolved and chemically attached. There are two types of drug loaded NPs for drug delivery based on preparation process [59]:

- Nanospheres
- Nanocapsules

Nanospheres have a matrix structure in which active ingredient are adsorbed or dispersed onto their surfaces of the particles. Nanocapsules possess a membrane-wall structure and active compound are adsorbed onto their exterior or entrapped in the core of the particles. These particles are shown as Figure 2.9.



Figure 2.9. Types of drug loaded nanoparticles [59]

#### *2.5.3.1. Drug Delivery with Nanoparticles*

Nanoparticles (NPs) have been developed as an important strategy to deliver conventional drugs. NPs and other colloidal drug-delivery systems modify the kinetics, body distribution and drug release of an associated drug [54].

Nowadays, nanotechnology have an important impact on the drug delivery system and nanoparticles (NPs) can be used for many potential applications in biomedicine and research. Nanotechnology concentrate therapeutic agents nanocarriers for biomedical applications such as NPs, dendrimers and miceller systems. NPs have been developed as a significant approach in order to deliver many drugs, proteins and recently, nucleotides. NPs and other colloidal systems for drug delivery are very advantageous for modifying the kinetics and release of an associated drug [54].

Most of the drugs have some disadvantages such as their, high toxicity, high dosage, poor solubility, aggregation because of the poor solubility, nonspecific delivery, and short circulating half-lives but now, drug delivery system is developing rapidly in order to reduce drug dosage and side effects on healthy cells, increase patient compliance, provide product differentiation, reduce healthcare costs and extend the product life cycle [54].

Several types of NPs can be utilized for drug delivery system. Drugs can be loaded onto NPs by using some methods, such as surface attachment, encapsulation etc. NPs can pass through across barriers efficiently through small capillaries into individual cells because of their small size. In this manner, efficient drug accumulation is obtained at the target site in the body. Therefore, the undesirable side effects and the toxicity is decreased and the therapeutic efficacy is improved. Thus, nanoparticles can help to improve poor bioavailability or drug instability for therapeutic. In order to improve the stability of NPs, polymeric surfactants or modifiers can be used and are adsorbed to particles. After the NPs are coated with the polimeric surfactants, a layer forms and then, this layer generates an effective repulsive force between NPs so, this force prevents flocculation [60].

There are a lot of advantages of nanoparticles for drug delivery system. Advantages of nanoparticles are listed below.

Advantages of nanoparticles:

- Enhance the aqueous solubility of the drug
- Protect the drug from degradation
- Produce elongated release of the drug
- Enhance the bioavailability of the drug
- Target the drug to the specific site (e.g.tumour site)

• Reduce the toxic side effects of the drug

Many types of NPs can be used as drug-delivery systems. Types of NPs are Polymeric NPs, Solid-lipid NPs, Metal based NPs and Polymeric micelles etc [60].

Polymeric NPs: Almost polymeric NPs are biodegradable and biocompatible, in the past, researchers have had study for developing biodegradable NPs as a drug- delivery system. Moreover, they also display a good potential for surface modification and functionalization so, this property produce excellent pharmacokinetic control. Depending on their preparation technique, these can be NPs, nanospheres or nanocapsules. Nanospheres have a matrix, desired compounds or complexes can be dissolved in this matrix. Nanocapsules have two parts as a an inner core and polymeric shell. In this way, a desired compund can be adsorbed at their surface but, is usually dissolved in the core [58]. NPs should be small size and cells that is the most important advantage for drug-delivery applications due to the effective drug accumulation at the target areas [61].

Solid-lipid NPs: Solid lipid NPs were an alternative colloidal carrier system to liposomes and polymeric NPs for drug delivery system. These NPs are created from solid lipids and can be stabilized by different surfactant(s). Considering other carriers, solid lipid NPs has some advantages for controlled drug delivery. These advantages are biodegradability, a high bioavailability and good tolerability [62-64].

Metal based NPs: Metal NPs have very small sizes as approximately 40-50 nm that is the advantage for the carrying a higher dose of drugs. Au NPs are the most common metal and have many advantages for drug delivery system. For instance, it is very easy to synthesize and Au NPs are biocompatible and nontoxic [65].

Polymeric micelles: Polymeric micelles consists two monomer units as hydrophilic and hydrophobic. Micelle-forming surfactants improve the solubility of the poorly soluble drug in water. They also enhance their permeability across physiological barriers. In addition, they also decrease side effects and the toxicity associated with some drugs [66].

Magnetic Nanoparticles: The major drawback of many drugs are non-specificity for biomedicine. The non-specific technique cause many side effects because, cytotoxic effect of drug invade normal, healthy cells and also tumour cells. In order to overcome this

disadvantage iron oxides with core/shell structure can be used as sources of magnetic materials [56]. Iron oxides consists of some crystalline polymorphs known as especially hematite, maghemite, magnetite in spite of that only maghemite and magnetite are the most important materials for biomedical applications. These particles can be manipulated in aqueous medium by the application of an external magnetic field which make them attractive in targeting studies [21, 67].

Magnetic NPs are the most important materials in many sectors, especially are used for biomedical and biotechnological applications. For biomedical applications, size and magnetism of the nanoparticles are the critical properties. Moreover, field strength and geometry, the chemical properties of the drug-MNPs, depth of the target tissue, rate of blood flow, and vascular supply play a role in order to determine the effectiveness of drug delivery system. Furthermore, magnetic NPs can be used for cancer treatment in different ways. Firstly, magnetic NPs can be targeted for hyperthermia for cancer therapy, secondly, active compound can be loaded onto the magnetic NPs for drug targeting and finally, specific antibodies can be conjugated to the magnetic NPs in order to prevent tumour growth [68].

The biocompatibility and toxicity of magnetic NPs are other significant properties for biomedicine. They have a high magnetization thus, their movement can be controlled easily with external magnetic field in the blood flow. Increasing the magnetization is the very important advantageous to promote manipulation in drug delivery system [54]. The magnetic NPs must be small so, they can have superparamagnetic properties at room temperature in order to avoid agglomeration after removing magnetic field and to remain in circulation system without being removed by the body's natural filters such as the liver [69]. Superparamagnetic nanofluid is prefered because, it has great magnetization when nanofluid is subjected to an external magnetic field however, retain no permanent magnetism once the magnetic field is removed.

As an alternative to chemotherapy, anti-cancer agents adsorbed on the surface of the magnetic NPs is promising in magnetic drug targeting. The anti-cancer drug is loaded to the magnetic NPs and these magnetic NPs are injected into the vascular systems and then targeted to the desired site with external magnetic field and then finally, drugs are released on the target site as shown like Figure 2.10. [70]. Magnetic particles that are smaller than m are eliminated by cells of the RES, especially in the liver (60–90%) and spleen (3–

10%). Additionally, the size of the magnetic particles that are larger than 200 nm are mostly filtered to the spleen, whose cut-off point extends up to 250 nm, while particles up to 100nm are mainly phagocytosed through liver cells [71]. In most studies the superparamagnetic particles employed are in the range of 10-20 nm which is a very appropriate size to be eliminated in the body.

In order to control the surface properties of magnetic NPs, particles can be coated with a biocompatible polymer during or after the synthesis. Coating of magnetic NPs with desired polymers is the most commonly used way partly because of the stability of magnetic NPs against oxidation and partly due to the ability of polymers to assist in drug carrying [71].



Figure 2.10. MNPs specifically targeted to the tumor tissue with the help of an external magnetic field [70]

#### *2.5.3.2. Drug Delivery with Cyclodextrin*

CDs have multifunctional characteristics so, they can use for some drug delivery systems like controlled and targeted drug delivery system, brain targeting, ocular drug delivery system, transdermal drug delivery system, nasal drug delivery system, oral drug delivery system etc [72].

Controlled and Targeted Drug Delivery System: Most of the works about the CDs shows that it can be used to improve the release rate of drugs and some current work demonstrates that CDs are used as carriers in controlled release and targeted drug delivery system. There are a lot of CD derivates such as alkylated and acylated derivatives (hydrophobic CDs) are

used to extend the release of drugs, additionally hydrophilic derivates of CD are used to improve the release rate [73]. Some drugs are formulated in order to enhance drug release like Prednisolone [74], Verapamil [75] and control release like Piroxicam [76], Diltiazem [77] using different CDs and derivatives [78].

Brain Drug Delivery ( Brain Targeting ): The concept of Bodor's chemical delivery system (CDS) (for example, covalent coupling of drugs to 1-methyl-1,4 dihydronicotinic acid through an enzymatically labile linkage, which improves drug lipophilicity) was utilized for targeting many drugs such as calcium channel antagonists, steroids, antitumor active agents to brain. Nevertheless, prodrug of CDs have poorly water soluble due to lipophilic moiety. H-β-CD enhance the solubility of CDs are because it helps to soluble drugs and also to improve the chemical stability of dihydronicotinic acid in aqueous medium [79-82].

Ocular Drug Delivery System: In an ocular drug delivery, dosage form for eye drop is very significant because of the instillation in the eye. However, some disadvantages are investigated about this dosage form such as its [inadequacy](http://tureng.com/tr/turkce-ingilizce/inadequacy) to maintain high local concentration of active agent (drug) [83]. CDs have been used to enhance the solubility, stability, permeability and bioavailibility of drugs and to decrease side effects of drugs like irritation and discomfort [84].

Transdermal Drug Delivery System: Outer layer stratum corneum is the first barrier for dermal drug absorption. In general, alcohols, fatty acids are used as penetration enhancers in order to reduce its barrier properties. In the topical preparations, CDs enhances solubility and stability of drugs, maintains the drug release, improves the transdermal absorption [85]. CDs do not enhance drug delivery through hydrophobic barriers like stratum corneum, but enhance through aqueous diffusion barrier. Additionally, CDs should not change the pH of the skin, cause skin irritation and interact with any substance of the skin [86].

Nasal Drug Delivery System: In order to increase the solubility of hydrophobic drugs in aqueous medium, CDs should be used in nasal formulations. The hydrophobic CDs behaves as penetration enhancers in nasal delivery of peptites . In nasal delivery, using CDs are very effective because, they should show ciliostatic effect, cause irritating and allergenic effect, and they should improve the permeation of some drugs across nasal epithelium [87].

#### *2.5.3.3. Drug Delivery with Chitosan Nanoparticles*

Some of the poorly soluble drugs involved in amphiphilic chitosan-based nanoparticles are anti-cancer drugs such as paclitaxel, camptothecin and doxorubicine. In additon to enhancing their solubility, the polimeric micelles help passive targeting in the tumor side due to improved retention (EPR) effect and permeability. This is "passive targeting". For succesfull passive targeting, size and stability are very important parameters. If the particles circulate in the blood flow for longer period, particles reach tumor sites effectively. Furthermore, many therapeutics agents were investigated like anti-HIV, antifungal, and anti-inflammatory agents [88].

As a result, chitosan NPs have some advantages for drug delivery systems so, they can be used in systems such as parentral, ocular, mucosal, brain targeting and control drug delivery.

In Parentral Drug Delivery: The size, lipophilicity and surface charge effect biodistribution of NPs [89]. If the size of the particles are grater than 100 nm, they absorbed rapidly by the reticuloendothelial system (RES), while smaller ones tend to extend circulation time. If the hydrophilic coating like polyethylene glycol(PEG) or nonionic surfactant are used on hydrophobic carriers, circulation time improves significantly [90]. Some studies shows that chitosan NPs have a tendency o accumulate in many tumors [91]. The reason of this phenomenon can be the leakiness of tumor vasculature [92]. NPs can be controlled intravenously, because the diameter of the smallest blood capillary is approximately  $4\mu$ m [90]. It is investigated that Doxorubicin loaded chitosan NPs shows improve survival rate of tumor after IV administration and regression in tumor growth [58].

In Ocular Drug Delivery: Ophthalmic formulation based on chitosan shows an excellent tolerance after using chitosan onto the rabbit's corneal surface due to the low toxic material chitosan [93]. Additional to improve drug transport via ocular, chitosan NPs have ability to improve the cornal penetration [94]. Some researchers shows that chitosan NPs attach to the rabits' cornea and conjunctiva for 24 hours [95]. For topical opthalmic delivery of antibiotic, gatifloxacin, the mucoadhesive chitosan-sodium Alg NPs have been studied as a new vehicle [96].

In Brain Targeting: Chitosan nanoparticles have been used after coating with Polysorbate 80 for brain targeting of the many drugs [97]. For treatment of central nervous system diseases, chitosan NPs can be utilized in order to enhance the brain targeting efficiency by the nose to brain pathway of the human body for many drugs. Chitosan NPs can combine the active drug and then, they target to the olfactory region with controlled release in order to maintain the desired active drug on the absorption site [98]. In addition, the estradiol chitosan NPs are an appropriate formulation for estradiol delivery to central nervous system because, they have higher estradiol concentration in cereprospinal fluid (CSF) (which is the clear, colorless body fluid in brain) at each sampling time for intranasal delivery [99].

In Control Drug Delivery: Chitosan NPs are also applicable for controlled drug delivery. Colloidal chitosan particles can form easily by using some methods and entrap bioactive molecules. The mechanisms can be ionic crosslinking, ionic complexation and chemical crosslinking. In order to control drug release profile, chitosan is modified by some chemicals and chemical modification is utilized for the association of some bioactive molecules to polymer. Coating agents for liposome formulation is useful for the high chemical attraction of chitosan for cell membranes [100].

In Mucosal Drug Delivery: Many studies have shown that chitosan and their derivatives are used as safe absorption enhancers and are effective for the enhancement of mucosal delivery of peptite and protein drugs which are called as hydrophylic macromolecules [101, 102]. Mucus are are highly hydrated glycoproteins which consist of salts, lysozyme and mucins and it has viscoelastic properties. Many reports shows that intercellular tight junctions open because of favouring the paracellular transport of many drugs [101, 103, 104]. The presence of mucus affects drug permeability freely and interaction electrostatically with cationic molecules like chitosan.

In this work, bare and three different types of CDs coated magnetite nanoparticles are synthesized by co-precipitation method. In addition, only chitosan nanoparticles and magnetite-chitosan beads are synthesized by ionic gelation method. An anti-cancer drug, TMZ is incorparated in the chitosan-magnetite beads to obtain a drug delivery system. Thereafter, targeting of anti cancer drug Temozolomide was carried out with magnetite-CD and magnetite-chitosan beads to simulate drug delivery systems, and optimum formulations for targeting are investigated.

## **3. MATERIALS AND METHODS**

## **3.1. MATERIALS**





Formula	<b>Structure</b>	<b>Provider</b>	<b>Purity</b>
$C_6H_4Na_2O_8S_2$		Riedel-de	98.5%
	$N_a^+$	Haen	
	HO		
	$Cl-H$		98.5%
<b>NaOH</b>		Fluka	99%
	$\mathbf{o}^{r^*}$		
	HCl	o=s=o $N_{a}^{\dagger}$ <b>Na</b>	Merck

Table 3.2. Chemicals used for Tiron metal test

Table 3.3. Chemicals used for chitosan NPs synthesis

<b>Chemical name</b>	Formula	<b>Structure</b>	<b>Provider</b>	<b>Purity</b>
Chitosan	$C_6H_{11}NO_4$	HO. HO (ОН NH <sub>2</sub> HO NH <sub>2</sub>	Sigma Aldrich	
Tripolyphosphate	$Na5P3O10$	Na <sup>+</sup>	Sigma Aldrich	100%



## **3.1.1. Temozolomide**





Only 2% of all adults suffer from brain cancer, but brain tumours are debilitating malignant diseases. The most widespread type of brain tumours are malignant gliomas, among the most rapidly growth gliomas are high-grade gliomas. These types of tumours are leading to death rapidly in spite of surgery and radiotherapy[105].

Temozolomide (TMZ) has broad spectrum antineoplastic activity which is an anticancer active agent [106]. TMZ is the most common monofunctional alkylating agent prodrug of the many malignant brain tumours because it has perfect penetration to all cells into the body and also is able to pass the blood-brain barrier (BBB). So, TMZ is an impressive drug for malignant melanoma and other many several advanced cancers in human body [107].

Dacarbazine is the another active agent for brain cancers. Both Temozolomide and Dacarbazine converts to the active metabolite 5-(3-methyl)1-triazen-1-yl-imidazole-4 carboxamide (MTIC) as shown Figure 3.1. but, Temozolomide has many advantages over Dacarbazine [108].



Figure 3.1. Temozolomide and dacarbazine and their common active metabolite, MTIC [105].

One of the advantages is that after oral administration, Temozolomide is activated into the reactive species which is completely and rapidly absorbed and converts spontaneously at physiological pH into the human body without any enzymatic demethylation [109]. However, Dacarbazine converts to MTIC due to the enzymatic demethylation of the liver in the body [110].

The antitumor active agent temozolomide (TMZ) decomposes in  $pH \ge 7$  of aqueous medium but, it is more stable under acidic medium. Pure TMZ is observed as a white powder but, TMZ turns pink and brown when chemical degradation takes place as shown Figure 3.2. This color change is indicative of degradation to AIC upon storage, so active compound of TMZ is less effective. Figure 3.2. shows that color of pure TMZ turns from light pink to dark brown in the first week for 7 weeks experiment. Stability studies of TMZ in solid state shows that hydrolytic degradation is occured at 40 ℃ and 75% relative humidity after one week which is determined by using Powder X-Ray Diffraction. TMZ is crystalline and nonhygroscopic material. The stability problem of TMZ is very important for brand name Temodar or Temodal which is the brand name of TMZ [111].



Figure 3.2. Physical stability and color comparison of pure TMZ 40℃ and 75% Relative Humidity [111].

Therefore, some special storage precautions are very important such as humidity, desiccants, low oxygen and light levels in order to enhance the shelf life and stability of the TMZ. Pure white temozolomide can be stored at 45% relative humidity (RH) for after 24 hours.[108].

### **3.1.2. Cyclodextrins**

Cyclodextrins are cyclic oligosaccharides which contain at least six D-(+) glucopyranose units attached by  $\alpha$ -(1, 4) glucosidic as shown in Table 3.4. They are also called cyclomaltoses and cycloamyloses [113].

Shape of cyclodextrins are like cones because of the chair formation of the glucopyranose units which have primary and secondary hydroxy groups as shown Figure 3.3.

<b>Chemical name</b>	Formula	<b>Structure</b>	<b>Provider</b>	<b>Purity</b>
$\beta$ -Cyclodextrin	$C_{42}H_{70}O_{35}$	HO OН HО òн $\iota$ он HO, OН HO. òн нс HO $OH_{\odot}$ òн HO HO нó	Sigma- Aldrich	%97
2-hydroxy propyl $\beta$ -Cyclodextrin	$C_{42}H_{70}O_{35}$	HQ HO. $QH$ <sub>O</sub> HQ ЮH HQ HQ HO. HO. <b>OH</b> O OH HO, ÓН HO <sup>*</sup> OHHC OHO' ŌH ŌН HC OH	Sigma- Aldrich	
2-hydroxy propyl $\gamma$ -Cyclodextrin	$C_{42}H_{70}O_{35}$	HQ OH HO. HO. ŌН Ō 'O HO HO, OH. Ó $\overline{O}$ HÓ HO <sup>®</sup> ö ۰O $\frac{10}{10}$ Ő, HO. ౸¤Ի OН ноб Abs Ö HO. ЮH <b>HO<sub>O</sub></b> Hổ 'OH HO ŌH ÓН	Sigma- Aldrich	

Table 3.5. Properties of Different Types of Cyclodextrins [112]

Primary hydroxy groups stretch from the narrow edge and secondary groups stretch from the wider edge due to this structure. As seen Figure 3.4, cyclodextrin molecules have a hydrophilic outer surface, while they have hydrophobic inner cavity [114].



Figure 3.3. Different diameters of Cyclodextrins-Structures relations [116]

Cyclodextrins have strong intermolecular hydrogen bonding so, they have restricted solubility in the aqueous medium. Replacement of the H-bond of the structure forming –OH group help to enhance their solubility [117]. Therefore, various derivatives of cyclodextrin are investigated such as hydroxyl propyl derivates of  $\beta$ , $\gamma$  and methylated  $\beta$ -cyclodextrins, sulfo butyl ether  $\beta$ -cyclodextrin etc [118].







Figure 3.4. Hydrophilic outer surface and hydrophobic inner core of cyclodextrins [114]

The most important property of cyclodextrins is the ability to form inclusion complexes because of its structure. Inclusion complex is a stoichiometric molecular phenomenon which only one guest molecule interacts with the cavity of the cyclodextrin host molecule as shown Figure 3.5. This complexation is a dimensional fit between guest molecule and host cavity. If the size of the guest molecule is wrong, it will not be entrapped into the cyclodextrin cavity [119]. In order to form a complexation, thermodynamic interactions between cyclodextrin, guest and solvent is very critical. Moreover, for the formation of a stable complex, hydrophobic interactions, a variety of non-covalent forces, such as Vander Waals forces, and other forces are liable [118].



Figure 3.5. Inclusion complex between cyclodextrin and guest molecule

As a result, CDs have been used to form inclusion complex in order to increase solubility of poorly soluble drugs and enhance their bioavailibility and stability. There are many advantages of cyclodextrin of inclusion complexation [83].

Some advantages are:

- i. Enhancement of solubility: CDs increase the solubility of many drugs which can fit in the hydrophobic CD cavity [120].
- ii. Enhancement of bioavailibility: CDs increase the bioavailibility of poorly soluble drugs by increasing drug permeability on mucosal membranes and improve drug absorption [121].
- iii. Improvement of stability: Functional group and nature are very significant effect for stability. Cyclodextrins enhance the stability of many drugs against oxidation, hydrolysis, photodecomposition so, also improve the shelf life of drugs [122].
- iv. Reduction of irritation: Drug can irritate the skin or stomach but, if complexation with CDs decrease the local concentration of the drug, irritation can reduce [83].
- v. Odor and taste masking: Drugs or functional groups can make unpleasant odors or taste, but if drug is encapsulated within the CD cavity, much more acceptable odor and taste to the patient are obtained [83].

Several techniques are used to form complexes with cyclodextrins, like complex preparation in aqueous phase, kneading, co-precipitation, freeze drying, co-evaporation, etc.

• Complex preparation in aqueous phase: initially, CD is dissolved in an aqueous medium, and then active agent (drug) is added. Mixture is stirred at a specific temperature to form complex for a specific period of time [123, 124].

In this work, inclusion complex solutions between TMZ and CDs is obtained using this method to explore the enhancement of solubility of TMZ after complex formation.

• Kneading method: Paste of cyclodextrin is prepared with small amount of water to make homogeneous paste in mortar and then, the drug is added slowly without a solvent. After grinding paste, solvent of the mixture is dried by rotary evaporator, and he obtained powder is the complex [125] and procedure of this method is shown as Figure 3.6.



Figure 3.6. Kneading method CD/drug inclusion complex [126]

- Co-precipitation: Cyclodextrin is dissolved in an aqueous medium and while cyclodextrin solution is stirred, drug is added to the solution. CDs and drug solution are stirred and then, precipitate is formed. The precipitate is collected by centrifugation and then, washed [127].
- Lyophilization/ Freeze drying technique: The drug and CD are dissolved in water or ethanol respectively or both in the aqueous phase [128]. The mixture is stirred for a specific time at a desired temperature to reach equilibrium and then, solution is filtered, frozen and lyophilized to obtain dried complex particles [129] and the procedure of this method is shown as Figure 3.7.



Figure 3.7. Lyophilization method CD/drug inclusion complex [126]

In this work, this technique is employed to obtain inclusion complex particles between TMZ and CDs to be invesigated by DSC, TGA and SEM for the characterization of the inclusion complex.

• Co-evaporation method: is also called as solvent evaporation method. In this technique, drug is dissolved in an organic phase and CD is dissolved in the aqueous phase by stirring in order to obtain successful dispersion [130]. And then, suspension is centrifuged to remove the excess amount of drug and then, evaporated to obtain dried mass under vacuum [131, 132] the procedure of this method is shown as Figure 3.8.



Figure 3.8. Co-evaporation method CD/drug inclusion complex [126]

#### **3.1.3. Chitosan**

Chitosan is a natural polymer prepared by the partial N-deacetylation of biopolymer chitin from some crustacean sheels such as shrimps and reef lobsters. Chitin is very similar to cellulose that it is a glucose-based unbranched polysaccharide consisting of (1-4)-linked 2 acetamido-2-deoxy-b-D-glucopyranose. In addition, in nature chitin is known to be the most abundant biopolymer after cellulose and it is non-toxic and biocompatible. The chemical structure of chitin is similar to cellulose in the arrangements of inter- and intrachain hydrogen bonding. Chitosan is obtained by a partially deacetylated polymer of acetyl glucosamine made through alkaline deacetylation of chitin and production process is shown in Figure 3.10. [133]





Chitosan does not refer to an unique compund that contains compound polymer of N-acetyl glucosamine and glucosamine. Thus, chitosan is a linear polysaccharide consisting of (1-4) linked 2-amino-2-deoxy-b-D glucopyranose. Moreover, chitosan is found in cell walls of yeast, fungi and some microorganisms [135].



Figure 3.9. Structure of the chitosan and chitin [136]

Chitin is insoluble in many solvents but, chitosan is soluble in many organic acidic solutions at pH less than 6.5 containing acetic, tartaric, and citric acid and it is insoluble in sulfuric and phosphoric acid. Structure of the chitosan and chitin are compared as seen Figure 3.9.



Figure 3.10. Schematic presentation of chitosan production [134]

Molecular weight, viscosity and degree of deacetylation are very significant in order to determine the properties of the chitosan. The molecular weight effect is very important so, lower molecular weight and lower DA of chitosan display good solubility and degradation faster than its high molecular weight of chitosan. [136]

In addition,  $pK_a$  of chitosan on the amine groups is approximately 6.5. At pH less than 6, chitosan shows polycationic behaviour so, chitosan is soluble in many organic solutions. If the chitosan is soluble in neutral and basic conditions, it can be developed to obtain trimethyl chitosan derivatives [134].

There are at least four methods are available in order to prepare chitosan nanoparticles: ionotropic gelation, microemulsion, emulsification solvent diffusion and polyelectrolyte complex formation.

#### *3.1.3.1. Preparation methods for Chitosan Nanoparticles*

Ionotropic gelation method: Ionotropic gelation is also called as Ionic gelation technique is based on electrostatic interaction between macromolecules. In this method, chitosan has amine groups that are positively charged and negatively charged small anionic molecules is needed such as phosphate,citrate, sulfate etc. TPP is very useful in order to prepare chitosan NPs because it is nontoxic, multi-valued and able to consist gelate through conjugation of oppositely charged between negatively charged TPP and positively charged amino groups of chitosan [137].



Figure 3.11. Preparation of chitosan NPs with ionic gelation method

If the ratio of chitosan and the aninonic molecule is changed, the size and surface charge of nanoparticles can be altered. Moreover, if solution temperature is increased during the preparation, the mean particle size of NPs decreases. Also, if physicochemical conditions such as pH of the medium or volume change, phase transition occurs [138].

In this technique, firstly, chitosan should be dissolved in acetic acid and then, chitosan solution is added to the polyanion and NPs are formed spontaneously under mechanical stirring at room temperature [139]. This preparation process is shown as Figure 3.11. This method is prefered being of a simple preparation technique in the aqueous medium.

In this work, iontopric gelation method is used with slight modifications in order to obtain chitosan NPs and magnetite-chitosan beads for encapsulation and targeting studies.

Emulsion Cross-linking method: In this technique, a surfactant can be dissolved in n-hexane. Chitosan is dissolved in acidic acid solution and then, chitosan solution and glutaraldehyde as an appropriate cross-linking agent are added to surfactant and hexane mixture under continuous mechanical stirring at room temperature.

In this manner, chitosan NPs are obtained in the presence of a suitable surfactant. Under continuous stirring overnight in order to accomplish cross-linking process that the free amino group of chitosan conjugates with cross-linking agents glutaraldehyde [58]. This preparation process is shown in Figure 3.12.



Figure 3.12. Preparation of chitosan NPs with emulsion cross-linking method [140]

Reverse Micellar Method: The preparation of chitosan nanoparticles from reverse micelles was studied as a plan for targeted drug delivery. In this technique, lipophilic surfactant such as cetyl trimethylammonium bromide (CTAB) or sodium bis(ethyl hexyl) sulfosuccinate (AOT) is dissolved in a proper organic solvent thus, water-in-oil microemulsion is prepared. The aqueous phase contains chitosan, whereas glutaraldehyde and the drug are added in the organic phase under stirring continuously at room temperature. After solvent evaporation, nanoparticles can be extracted [141]. Procedure of this method is shown as Figure 3.13.



Figure 3.13. Schematic diagram of the method of reverse micellisation [142]

Reverse micellar method has some advantages for example, size of the nanoparticles are around 100 nm or even less. However, one of the disadvantage of this technique is the requirement for large amounts of solvent [143].

Emulsion Droplet Coalescence Method: This method was derived from cross-linking method and was first published for microparticle preparation. And then, same researchers have developed chitosan nanoparticles loaded with gadolinium by using this method as a stratgey for cancer therapy [144].

Initially, chitosan is dissolved in the aqueous solution of gadolinium and 1 mL of this solution is added to 10 mL of liquid paraffin which contains sorbitan sesquiolate (Span®) 83). The mixture is stirred with a high-speed stir, and then water in oil emulsion is formed. At the same time, same water-in-oil emulsion is prepared with NaOH as the aqueous phase. When both these emulsions are then mixed using a high-speed stir, droplets of emulsions collide and then coalesce and finally pecipitation is observed [137]. As a result, chitosan nanoparticles are formed within the emulsion droples as seen Figure 3.14.



Figure 3.14. Schematic diagram of the method of emulsion droplet coalescence [142]

## **3.2. METHODS**

#### **3.2.1. Thermogravimetric Analysis (TGA)**

Thermogravimetric Analysis is a method in which the mass of material (increase or decrease) is observed upon heating. Chemical reactions such as combustion, reduction of metal oxides

etc. and physical transitions like vaporization, evaporation etc. causes weight loss and are detected by TGA curves [145]. The Thermogravimetric Analyzer (TGA) is a laboratory tool used to characterize materials in various applications such as environmental, food, pharmaceutical etc.

It can be seen as Figure 3.15, sample's weight is measured by a precision balance of TGA while sample is heated or cooled in the furnace which is carried out in Helium or Argon as an inert atmosphere or only in an air [145].



Figure 3.15. Thermogravimetric analysis (TGA) instrument

In this project, TGA is used to determine the amount of different types of Cyclodextrin that coats the magnetite surface. TGA is also used to indicate complexation between TMZ and -CD by using onset temperature presence of chitosan in chitosan-magnetite beads are also shown using TGA. TGA of the magnetite particles with and without cyclodextrins and only TMZ, only β-CD, TMZ-β-CD complex and TMZ-β-CD physical mixture are performed using a Perkin Elmer thermogravimetric analyzer at a heating speed of 10℃/min under nitrogen where the temperature is changes from 25 ℃ to 600 ℃. All samples are dried in a vacuum oven or by a freeze-dryer (SCANVAC, coolsafe) overnight.

#### **3.2.2. Differential Scanning Calorimetry (DSC)**

DSC is a thermoanalytical method than can indicate a lot of characteristics of materials which is based on the difference in the amount of required heat to increase the temperature between sample and references as a function of temperature. There are many applications of DSC like phase transition (melting points, glass transition..) crsytallization times and temperatures, heat capacity, percent cure, purities, percent crystallinity, thermal stabilities, etc [146]. The Differential Scanning Calorimeter and its accessories used during the experimental study can be seen in Figures 3.16. and 3.17.

In this project, Differential Scanning Calorimetry is used to compare the endothermic and exothermic peaks of only TMZ, three different CDs, TMZ-CD complexes and TMZ-CD physical mixtures. These samples are performed using Setaram instrumentation, DSC 131 at a heating speed of 10℃/ min under nitrogen where the temperature is changed from 20 ℃ to 400 ℃.



Figure 3.16. Differential Scanning Calorimeter



Figure 3.17. Accessories used for DSC

(1-Creusets 2-Crimping Tool 3-Tweezers)

#### **3.2.3. Dynamic Light Scattering (DLS)**

Dynamic Light Scattering (DLS) is a method for measuring the average hydrodynamic diameter of sub micron particles, the device is shown as Figure 3.19. DLS measurement relates Brownian motion which is the random movement of the particles in the solvent molecules with the size of the particles taking into consideration the viscosity based on Stoke's Einstein Equation;

$$
d(h) = \frac{kT}{3\pi n D}
$$
 (3.1)

where d(h) is hydrodynamic diameter, D is translational diffusion coefficient, k is Boltzmann's constant, T is absolute temperature and η is viscosity assuming spherical particles [147].

DLS is a useful tool for determining the agglomeration of nanoparticles as a function of time. When DLS measurement is compared to TEM images, the aggregation stage of the nanoparticles can be determined. If the particles have unagglomerated suspension, the diameter which measured with DLS will be very similar the TEM size. If the particles are [susceptible](http://tureng.com/tr/turkce-ingilizce/susceptible) agglomeration, DLS measurement is much larger than the TEM measurement [147]. This is schematically shown in Figure 3.18.



Figure 3.18. Hydrodynamic diameter for TEM and DLS



Figure 3.19. Dynamic Light Scattering

In this project, Dynamic Light Scattering (DLS) that is used to measure the size of magnetite with and without cyclodextrins and also, the size of the chitosan nanoparticles and magnetite- chitosan beads which is typically in the nanometer region.

## **3.2.4. UV-Visible Spectroscopy**

A spectrum is a graphical representation which is the amount of light transmitted or absorbed by material as a function of the wavelength. UV-Vis spectrophotometry can produce many qualitative informations such as identification of pure substances, identification of carbonyl bands, enzyme activities etc. A UV-Vis Specstrophotometer is shown in Figure 3.20. [148].



Figure 3.20. UV-Visible Spectrophotometer [148]

In general, liquid sample is used for visible and ultraviolet spectroscopy. This sample must be placed in a transparent cuvette in order to allow measurement. Different cuvettes possess different optical properties. There are generally three different types of cuvettes like plastic, glass, or quartz. Glass cuvettes should be used if wavelengths in the visible range from 380

nm to 780 nm is necessary for the experiment. However, quartz cuvettes shouls be used if wavelengths below 380 nm is requirement and are shown as Figure 3.21. [148].



Figure 3.21. Quartz Cuvette [148]

In this project, UV-Vis Spectroscopy is used to quantify the complexation of TMZ with different types of Cyclodextrins. UV-Vis Spectroscopy of the TMZ solutions with and without cyclodextrins are performed using a Perkin Elmer UV/Vis Spectrophotometer. It is known that typical maximum absorbance value of TMZ is 330 nm. In our measurements, an absorbance range of 200-450 nm is used. Therefore, quartz cuvettes are employed for all experiments.

#### **3.2.5. High Pressure Liquid Chromotography (HPLC)**

High Pressure Liquid Chromotograpy is very important method for analytical chemistry. This technique is used in order to quantitative, identify and separate the subtances which is dissolved in the liquid. HPLC can be applied for many industries such as nutraceuticals, cosmetics, environmental, food, etc [149]. In HPLC, the sample (liquid) is passed through a column using an appropriate mobile phase. The column is chosen depending on the polarity of the sample. The chemical of interest in the sample passes the column in a specific time and appears as a peak. The calibration curve prepared by the standards is used to quantify the chemical.

In this work, high performance chromatography is used for the determination the amount of the temozolomide. HPLC system consists of 1525 Binary Pump, 2487 UV-Vis Detector, 717 Autosampler and a thermal coloumn manager unit was equippied. X-Bridge 150 x 4.6, .5um column was used and also computer was used to perform process of the raw data.



Figure 3.22. High Performance Liquid Chromotography

In HPLC reverse phase C18 column (X-Bridge 150mmx .6cm, .5μm, Waters was used. Water that contained 0.5% acetic acid / methanol (80:20 v/v) was prepared for mobile phase. Standard calibration curve was obtained by five different temozolomide concentrations and for each measurement three sample was used and 3 injections were applied for each sample. An image of the high performance chromatography instrument in this project is given in Figure 3.22.

## **3.2.6. Scanning Electron Microscopy (SEM)**

Scanning Electron Microscope focuses electron beam over a surface of the material in order to create a three dimensional image.



Figure 3.23. Scanning Electron Microscopy

In this project, Scanning electron microscopy (SEM, JEOL Ltd., JSM-5910LV) is used to show morphology changes that occur upon complex formation between TMZ and different types of cyclodextrins. In addition, this technique is also used to obtain images of chitosan beads with and without magnetite.

# **4. SYNTHESIS OF MAGNETITE NANOPARTICLES AND CHARACTERIZATION**

In this chapter, preparation technique of magnetite nanoparticles with and without cyclodextrins are given describing co-precipitation method. Size determination of magnetite nanoparticles, coating amount of cyclodextrins on the surface of the magnetite and magnetic properties are investigated. In addition, colloidal stability of magnetic nanoparticles with cyclodextrins are illustrated.

#### **4.1. SYNTHESIS OF MAGNETITE NANOPARTICLES**

#### **4.1.1. Synthesis of Bare Magnetite Nanoparticles**

Magnetite particles are prepared by using co-precipitation method. In this method, iron sulfate heptahydrate and iron chloride (anhydrous) are used to synthesize magnetite nanoparticles. Initially 80 mL distilled water is de-aerated which is done by passing nitrogen gas through the reaction medium for  $\frac{1}{2}$  hours. The solution is heated up to 80°C in a reactor while stirring mechanicaly. It is important that the synthesis should be carried out 80℃ .

After ½ hour, required amounts of iron sulfate and iron chloride are dissolved in the reaction medium under nitrogen gas. After 15 minutes, 20 mL .. M NaOH is added as a base. Upon this addition, blackening of the solution is observed immediately, which suggests the formation of magnetite nanoparticles. These chemicals are mixed for another ½ hour and then, the mixture is cooled down to room temperature. The amounts of all chemicals for the preparation of bare magnetite nanoparticles are shown in Table 4.1.

After synthesis, magnetite nanoparticles are collected by magnetic separation the precipitate is washed once with water. And then, magnetic nanoparticles are dried in a 60  $^{\circ}$ C vacuum oven.

<b>Ingredients</b>	<b>Amounts</b>
<b>NaOH</b>	0.65 <sub>M</sub>
Distilled water	$80$ mL
FeSO <sub>4</sub> .7H <sub>2</sub> O	$0.242$ g
FeCl <sub>3</sub>	$0.282$ g

Table 4.1. Amounts of chemicals for bare magnetite nanoparticle

#### **4.1.2 Synthesis of Magnetite Nanoparticles with Cyclodextins**

In the synthesis of magnetite nanoparticles with different types of cyclodextrins, procedure of the preparation is the same of the bare magnetic nanoparticles. The only additional step is that following the addition of distilled water, desired amount of cyclodextrin is also added to the reaction medium. The amounts of all chemicals for the preparation of magnetite nanoparticles with cyclodextrin are shown in Table 4.2. After synthesis, magnetite nanoparticles are collected by magnetic separation the precipitate is washed once with water. And then, magnetic nanoparticles are dried in a  $60^{\circ}$ C vacuum oven.





#### **4.1.3 Tiron Metal Test to Determine Magnetite Concentration**

Tiron metal test is based on the fact that Fe ions and tiron forms a colored complex. By using this test, corresponding Fe ions and tiron forms a complex which has a maximum absorbance value is intensity at 480 nm. This absorbance value is measured in order to obtain the concentration of magnetite by using Equation 4.1.

$$
C\left(\frac{g}{ml}\right) = \frac{(ABS@480nm)x(Dilution factor)x231.52x25}{39986x162.15x3x0.1}
$$
(4.1)

In this test, 0.1 mL magnetic fluid is mixed with concentrated (37%) hydrochloric acid and then, this solution is heated with a heat gun until the color of the solution changes to yellow. After color change, obtained solution is mixed with the tiron solution. 3 mL sodium hydroxide solution is added to the solution where the solution turns to red immediately. Finally, water is added until the final volume reaches 25 mL. In order to measure the absorbance of the final solution, dilution is needed because of the high absorbance of the complex (high Fe amount). Thus, the final solution may be diluted by 5, 10 or 15 factors in order to obtain absorbance values lower than 1.5 at 480 nm. Amounts of chemicals of the Tiron metal test are given in Table 4.3.

Table 4.3. Amounts of chemicals for Tiron Metal Test

<b>Ingredients</b>	<b>Amounts</b>	
Magnetic Fluid	$0.1$ mL	
Hydrochloric Acid (Concentrated,	$0.4$ mL	
37%)		
<b>Tiron Solution</b>	$0.083$ g/mL	
Sodium Hydroxide Solution	4 M	

#### **4.2. CHARACTERIZATION OF MAGNETIC NANOPARTICLES**

#### **4.2.1. Dynamic Light Scattering Measurements**
Magnetite nanoparticles are prepared by co-precipitation method and then characterized by dynamic light scattering (DLS) technique. DLS is used for obtaining the average size distribution of magnetite nanoparticles with and without different cyclodextrins. The size distribution by number graph is the most significant result to determine the size of the nanoparticles. The size measurement for magnetite nanoparticles solution was repeated thrice to provide more accuracy.

<b>Sample</b>	for first measurements	for third measurements	
	Size (nm)	Size (nm)	
Bare magnetite	47	63	
Magnetite with $\beta$ -	57	58	
Cyclodextrin			
Magnetite with			
2-hydroxy propyl	60	66	
$\beta$ -Cyclodextrin			
Magnetite with			
2-hydroxy propyl	61	67	
$\gamma$ -Cyclodextrin			

Table 4.4. Size distribution of the magnetite NPs after  $1<sup>st</sup>$  and  $3<sup>rd</sup>$  measurements

As a result of the measurements, three different results were obtained for size distributions because of the agglomeration during the measurements. There is a significant difference in the size obtained from the first to the third measurement of bare particles. As these particles are uncoated, they have a tendency to aggregate and finally precipitate. This can be followed from the increase in the hydrodynamic radius values as more time passes from the 1<sup>st</sup> and 3<sup>rd</sup> measurement. The particle sizes between different CDs is not significant.

Thus, size obtained from the first measurement of the magnetite solutions is always smaller than the third measurement of the magnetite solutions as shown Table 4.4. This agglomeration can be followed from Figure 4.1 and Figure 4.2. Cyclodextrins are attached onto the surface of the magnetite nanopartciles. Therefore, these figures also shows that the

size of the bare magnetite nanoparticles are smaller than the magnetite nanoparticles coated with cyclodextrins.

According to the Table 4.4., it can be said that sizes of magnetic nanoparticles changed between 45 nm to 75 nm. However, it is known that the bare magnetic nanoparticles core size was 10 nm by using the co-precipitation method [151] and when the cyclodextrins were attached to the surface the diameter of magnetite nanoparticles should increase to nearly 13 nm. Therefore, the obtained results can be explained as aggregation, where clusters of nanoparticles with a hydrodynamic diameter of nearly 10 particles are predominant in solution.



Figure 4.1. Size distribution of magnetite NPs for first measurement



Figure 4.2. Size distribution of magnetite NPs for third measurement

#### **4.2.2. Thermogravimetric Analysis Measurements**

Cyclodextrin amount on the surface of the magnetite nanoparticles was determined by thermogravimetric analysis in air atmosphere. The nanoparticles are washed once and then dried in a vacuum oven at 60℃ at 20 mbar. For TGA scan, temperature is increased from 25 ℃ to 600 ℃. It was expected that cyclodextrins can hold onto the surface of magnetic nanoparticles and also provide colloidal stability of magnetic nanoparticles. Thermogravimetic analysis is employed to determine the weight of CDs with respect to total weight of the sample, indicating the amount of CD present on the magnetite surface. This instrument measures the weight loss as a function of rising temperature as seen Figure 4.3.



Figure 4.3. Thermogravimetric Analysis for magnetite with and without CD's

As seen in Figure 4.3. the thermal degradation curve of bare magnetite shows a small initial loss of approximately 1.74 wt % loss until 150 ℃ which is attributed to water evaporation that remains as residual water after drying of the sample. Further decrease of 2.63 wt % until temperature reaches 600 ℃ may be attributed to the impurity.

The thermal degradation curve of magnetite coated with CD's shows an initial water loss of about 2-5 wt % until temperature reaches 150 ℃ and the most important degradation step is

observed in the temperature range of 150-600 ℃ which is the organic layer around the NPs. For each coated particle, weight loss obtained between 150 ℃ and 600 ℃ is attributed to the CD coating. The wt % difference between the two plateau's at 150 °C and 600 °C is tabulated in Table 4.5. as % coating of magnetite NPs with different type of CD's.

In addition, onset temperature can be used as a verification of the compound. For three different types of CD coated magnetite nanoparticles as shown in Figure 4.3, black line shows the weight loss profile of only  $\beta$ -CD, with the onset temperature of 353 °C. Dark yellow line is the weight loss profile of  $\beta$ -CD coated magnetite nanoparticles, with the onset temperature of 202 °C. And, green and red line shows the weight loss profile of H- $\gamma$ -CD and H-B-CD coated magnetite nanoparticles, with the onset temperatures of 243  $^{\circ}$ C and 245  $^{\circ}$ C respectively. These results shows that there are temperature shifts of CD coated magnetite nanoparticles with respect to the CD alone. This is very significant, indicating attachment of CDs onto the surface of the magnetite nanoparticles. It should be noted that the highest amount of CD coating is achieved with  $\beta$ -CD (17 wt% loss as opposed to 4 and 2.6 wt% for H- $\beta$ -CD and H- $\gamma$ -CD, respectively) where the highest shift in onset T is also observed. As more CD resides on magnetite surface, the change in onset T becomes more pronounced.

<b>Type of cyclodextrins</b>	wt % $(150 °C - 600 °C)$ according to the bare magnetite nanoparticles		
$\beta$ -Cyclodextrin	17.09		
2-hydroxy propyl $\beta$ -Cyclodextrin	3.98		
2-hydroxy propyl $\gamma$ -Cyclodextrin	2.62		

Table 4.5. % coating of magnetite NPs with different CD's

Finally, these results show that we were able to successfully coated the magnetite particles with all types of CD's however at varying coating densities.

## **4.2.3. Colloidal Stability of Magnetic Nanoparticles**

In order to determine the colloidal stability of magnetite NPs with and without different CD coatings, solutions are placed in vials and are left at room temperature without any mixing or shaking and then, time to precipitation is observed by naked eye.

The photographs in Figure 4.4. show that bare nanoparticles settle within 15 minutes whereas the settling time of different cyclodextrin coated magnetic nanoparticles are tabulated in Table 4.6.

These results were also in line with the colloidal stability as magnetite – cyclodextrin complex could be dispersed in aqueous medium regardless of the type of cyclodextrin used. However it was shown that 2-hydroxy propyl β-Cyclodextrin coated magnetite nanoparticles had the longest colloidal stability.



Figure 4.4. Magnetite nanoparticles with and without CD's at t=0, t=40 min and t=5 hrs

(Magnetic Nanoparticles 1= Bare, 2= $\beta$ -CD coated, 3= H- $\beta$ -CD coated, 4= H- $\gamma$ -CD coated)





# **5. PREPARATION METHODS OF INCLUSION COMPLEX BETWEEN CYCLODEXTRINS AND TEMOZOLOMIDE AND CHARACTERIZATIONS**

In this chapter, firstly, solubility of Temozolomide is investigated in 0.1 M HCl to be used in complexation studies. Preparation techniques of inclusion complexes between TMZ and three different cyclodextrins ( $\beta$ -Cyclodextrin ( $\beta$ -CD), 2-Hydroxy propyl- $\beta$ -Cyclodextrin  $(H-\beta-CD)$ , 2- Hydroxy propyl-  $\gamma$ -Cyclodextrin (H- $\gamma$ -CD)) are presented to analyze the complex formation. These complex formations are investigated using DCS, TGA, HPLC and UV and also are illustrated with SEM.

## **5.1 DETERMINATION OF SOLUBILITY OF TEMOZOLOMIDE**

It is known that Temozolomide has low stability and solubility in aqueous medium. Both the stability and solubility of Temozolomide are enhanced in acidic medium [111] therefore, all experiments were carried out in 0.1 M HCl. In order to determine if presence of cyclodextrins increase the solubility of TMZ, initially the solubility of TMZ was determined in 0.1 M HCl.

Arbitrary amount of excess TMZ is added to 5 mL 0.1 M HCl in order to determine saturation concentration of TMZ. After vortex mixing followed by sonication for 2 minutes, the excess TMZ is removed by 6000 rpm 15 min centrifugation. The amount of TMZ in the supernatant of the solution is determined by UV-Vis Spectroscopy which measures characteristic absorbance of TMZ at 330 nm. Firstly, this concentration is determined which is the solubility of TMZ, TMZ solutions that are below this concentration are prepared by dissolving different amounts of drug again in 5 mL 0.1 M HCl and measuring their absorbance values by UV-Vis Spectroscopy.

## **5.2. PREPARATION OF TMZ-CYCLODEXTRIN INCLUSION COMPLEX SOLUTIONS AND PARTICLES**

The complexations of TMZ were formed with three different cyclodextrins  $(\beta$ -cyclodextrin ( $\beta$ -CD), Hydroxy propyl- $\beta$ -cyclodextrin (H- $\beta$ -CD), Hydroxy propyl- $\gamma$ -cyclodextrin  $(H-\gamma$ -CD) that contain six ( $\beta$ -CD) to eight ( $H-\gamma$ -CD) membered rings.

#### **5.2.1. Preparation Method of TMZ-CD Inclusion Complex Solution**

In order to show the complexation of different types of cyclodextrin with TMZ, TMZ solutions are mixed with CD solutions at different molar ratios as 1:1, 1:2 and 1:5. Firstly, cyclodextrin is weighed and 0.1 M HCl solution is added to obtain 0.5 g solution. Separately, excess amount of TMZ (7.25 mg, i.e. approximately two times higher than its solubility) is weighed. Cyclodextrin solutions are prepared as  $0.0265$  g  $\beta$ -CD in 0.5 mL 0.1 M HCl an is added to the weighed solid TMZ. The resulting solution is vortex mixed for a few seconds. After vortex mixing, sufficient 0.1 M HCl is added to the solution in order to obtain a total of 1 g solution. And then, this solution is again vortex mixed for a few seconds and shaken at 250 rpm at 37 ℃ using an Orbital shaker (LABWIT, ZWYR-240).

After required amount of times, final solutions are centrifuged (Hettich, EBA 21) at 6000 rpm for 5 minutes and the supernatant is diluted 200 times with 0.1 M HCl.



Figure 5.1. Preparation process of TMZ-CD inclusion complex solution

The absorbance values are measured by using UV-Vis Spectroscopy between 200-450 nm for only first day and only at 330 nm by using HPLC for zeroth, first and second days. Preparation process of TMZ-CD inclusion complex solutions to be analyzed with UV-Vis Spectrsocopy and HPLC is schematically is shown in as Figure 5.1.

## **5.2.2. Preparation Method of TMZ-CD Inclusion Complex Particles**

After the centrifugation step described in Section 5.2.2., the supernatant is freeze-dried (SCANVAC, coolsafe) to obtain TMZ-CD complex particles. Preparation process of TMZ-CD inclusion complex particles is shown in Figure 5.2.



Figure 5.2. Preparation process of TMZ-CD inclusion complex particles

## **5.2.3. Preparation method of TMZ-CD physical mixtures**

Excess amount of TMZ (7.25 mg) is mixed with three different types of CDs (1:5 mol ratio) in the solid phase using a spatula and this mixture is kept at  $4^{\circ}$ C until measurements.

## **5.3. ULTRAVIOLET-VISIBLE SPECTROSCOPY MEASUREMENTS**

## **5.3.1. Calibration Curve of TMZ**

In order to obtain calibration curve of the TMZ, different six concentrations of TMZ are prepared in 0.1 M HCl solution. After preparation of TMZ solutions, prepared solutions are diluted and absorbance values are measured between 200 and 450 nm by using UV-Vis Spectroscopy. It is known that characteristic TMZ peak is observed at 330 nm. Absorbance values at 330 nm for different concentrations of TMZ and related concentrations of TMZ is used and then, calibration curve of TMZ are plotted as shown in Figure 5.3.



Figure 5.3. Calibration curve of TMZ

The measured amount of TMZ are calculated based on this calibration curve.

## **5.3.2. Solubility Curve of TMZ**

Solubility curve of TMZ is shown as Figure 5.4. Thus, the solubility of TMZ was found as 3.46 mg/mL.



Figure 5.4. The solubility curve of Temozolomide

### **5.3.3. Enhancement of the Solubility of Temozolomide**

If the TMZ and different types of CD's formed a complex, solubility of the TMZ should increase in 0.1 M HCl. After mixing TMZ and CD solutions with molar ratio as TMZ: CD 1:1, the mixtures are shaken continuously at 250 rpm for 24 hours.

After 24 hours, amounts of solubilized TMZ in TMZ-CD complexes are measured using a spectrophotometer, taking the data at 330 nm, where the signature peak of TMZ exists. CD does not have a peak in the UV region, so all the signal comes from TMZ.

In Figure 5.5 shows that the peak height at 330 nm is increased with rising dissolved temozolomide amount because of relations between absorbance and concentration. The signature peaks of TMZ in each solutions with three different cyclodextrins are higher than solution which contains only temozolomide. Thus, for 24 hours measurements, absorbance of the only TMZ solution is found to be lowest which indicates lowest solubility for only TMZ in 0.1 M HCl.



Figure 5.5. Absorbance of TMZ in the presence of different CD's and only TMZ in 1:1 ratio after the formation of inclusion complex after 24 hours



Figure 5.6. Absorbance of TMZ in the presence of different CD's and only TMZ in 1:2 ratio after the formation of inclusion complex after 24 hours

Hence, it could easy be said that temozolomide forms a complex with three different cyclodextrins namely β-cyclodextrin, hydroxy β-cyclodextrin, hydroxy γ-cyclodextrin in 0.1 M HCl and, inclusion complex enhances the solubility of temozolomide. The positive effect of cyclodextrins on temozolomide solubility is continued to be investigated with increasing the amount of cyclodextrins in complexation to obtain an ideal temozolomide-cyclodextrin ratio. For that purpose TMZ:CD complexes with 1:2 and 1:5 ratios are formed and their UV spectrums are shown in Figure 5.6. and 5.7.

The amounts of solubilized TMZ in all CD mixtures and in only TMZ solution after 24 hours are calculated by using the calibration curve of TMZ in Figure 5.3 and are tabulated in Table 5.1. Individual absorbance scans comparing the change in solubility from three different molar ratios for each solution show that the amount of solubilized TMZ is higher in the presence of CD's regardless of the type of CD used however at varying degrees.

The amounts of solubilized TMZ in only TMZ solution and in all molar ratios of TMZ: CD complexes in decreasing order for the 24 hours is given below :





Figure 5.7. Absorbance of TMZ in the presence of different CD's and only TMZ in 1:5 ratio after the formation of inclusion complex after 24 hours

	$1 \text{ mol} \text{ TMZ}: 1 \text{ mol}$ $1 \text{ mol } TMZ: 2 \text{ mol}$		$1 \text{ mol} \text{ TMZ} : 5 \text{ mol}$	
	CD	CD	CD	
	(mg/mL)	(mg/mL)	(mg/mL)	
Only TMZ		$3.46 \pm 0.006$		
TMZ- $\beta$ -CD inclusion complex (mg/mL)	$4.34 \pm 0.06$	$4.35 \pm 0.12$	$4.33 \pm 0.04$	
TMZ- $H-\beta$ - CD inclusion complex (mg/mL)	$4.97 \pm 0.12$	$4.39 \pm 0.05$	$4.36 \pm 0.06$	
TMZ- $H - \gamma$ - CD inclusion complex (mg/mL)	$4.32 \pm 0.06$	$4.17 \pm 0.08$	$4.12 \pm 0.15$	

Table 5.1. Amounts of solubilized TMZ in mg/mL in 0.1 M HCl after the formation of inclusion complex after 24 hours



Figure 5.8. Absorbance of TMZ in the presence of β-CD and only TMZ in all molar ratios after the formation of inclusion complex after 24 hours



Figure 5.9. Absorbance of TMZ in the presence of H-β-CD and only TMZ in all molar ratios after the formation of inclusion complex after 24 hours



Figure 5.10. Absorbance of TMZ in the presence of H-γ-CD and only TMZ in all molar ratios after the formation of inclusion complex after 24 hours

In addition, Figure 5.8, 5.9 and 5.10 also show individual absorbance scans comparing the change in solubility of TMZ from three different molar ratios for each CD solutions and only TMZ solution. According to these Figures, the amount of solubilized TMZ is higher in the presence of CD's regardless of the type of CD used however, this increase is not proportional to quantity of cyclodextrin. In summary, solubilized amount of TMZ with and without CDs are plotted for all molar ratios as Figure 5.11.



Figure 5.11. Amount of solubilized TMZ in the presence of CDs and only TMZ in all molar ratios after the formation of inclusion complex after 24 hours

## **5.4. HIGH PRESSURE LIQUID CHROMOTOGRAPHY MEASUREMENTS**

In order to more accurately measure the concentration of solubilized TMZ in the presence of different CD's as well as in their different mixing ratios after one hour, 24 hours and 48 hours HPLC method is used. To measure the amount of TMZ, five different known concentrated standard solutions is given to the system and correlation of these obtained data is used in the evolution of peak areas from which, the concentration of unknown samples can be calculated. Therefore, the height of temozolomide peaks will give the raise to dissolved temozolomide amount quantitatively.

In HPLC reverse phase C18 column (X-Bridge 150mmx .6cm, .5μm, Waters was used. Water that contained 0.5% acetic acid / methanol (80:20 v/v) was prepared for mobile phase. Standard calibration curve was obtained by five different temozolomide concentrations and for each measurement three sample was used and three injections were applied for each sample.

Like UV-Vis Spectrsocopy measurements, after mixing TMZ and CD solutions with molar ratio as TMZ: CD 1:1,1:2 and 1:5 the mixtures are shaken continuously at 250 rpm for 1 hour, 24 hours and 48 hours. And then, solutions are centrifuged at 6000 rpm for 15 min to remove excess amount of TMZ and supernates are diluted 200 times.



5.12. Typical TMZ scan in HPLC analysis (All data is shown in Appendix)



Figure 5.13. Calibration curve of Temozolomide for HPLC analysis

The peak area of TMZ at approximately 2 min which is the retention time at 330 nm is increased with rising dissolved temozolomide amount because of relations between area and concentration and the typical TMZ scan in HPLC analysis is shown in Figure 5.12. Solubilized amount of TMZ for each sample is calculated by using calibration curve in Figure 5.13.

	$1 \text{ mol} \text{ TMZ} : 1 \text{ mol}$ CD (mg/mL)		$1 \text{ mol} \text{ TMZ}$ : $2 \text{ mol}$ <b>CD</b> (mg/mL)		$1 \text{ mol } TMZ: 5 \text{ mol}$	
					<b>CD</b> (mg/mL)	
	<b>One hour</b>	24 hours	<b>One hour</b>	24 hours	<b>One hour</b>	24 hours
Only TMZ	$3.46 \pm 0.006$					
$\beta$ -CD-TMZ	$4.23 + 0.16$	$4.23 + 0.40$	$4.43 + 0.14$	$4.31 + 0.49$	$4.59 + 0.07$	$4.51 + 0.07$
$Hydroxy-\beta$ -CD-	$4.13 \pm 0.14$	$4.29 + 0.04$	$4.3 \pm 0.09$	$4.26 + 0.4$	$4.43 + 0.4$	$4.25 \pm 0.1$
<b>TMZ</b>						
$Hydroxy-\gamma$ -CD-TMZ	$4.33 \pm 0.16$	$4.29 + 0.04$	$4.35 + 0.07$	$4.43 \pm 0.02$	$4.53 \pm 0.5$	$4.52 \pm 0.8$

Table 5.2. Amounts of solubilized TMZ in mg/mL in 0.1 M HCl after the formation of inclusion complex after one hour and 24 hours



Figure 5.14. Amounts of solubilized TMZ in mg/mL after the formation of inclusion complex after one hour

The amount of temozolomide is obtained for each complex (1 mol TMZ:1 mol CD, 1 mol TMZ:2 mol CD, 1 mol TMZ:5 mol CD) after 1 hour, 24 hours and 48 hours are shown in Table 5.2 and Table 5.3 and graphically presented in Figure 5.14., 5.15. and 5.16. respectively.



Figure 5.15. Amounts of solubilized TMZ in mg/mL after the formation of inclusion complex after 24 hours

Table 5.3. Amounts of solubilized TMZ in mg/mL in 0.1 M HCl after the formation of inclusion complex after 48 hours



Table 5.2 and Table 5.3 show that the amount of TMZ solubilized in the presence of cyclodextrins or not, does not significantly change from one hour to 24 hours but, a slight increase after 48 hours is observed. Figure 5.14, Figure 5.15 and Figure 5.16 clearly shows that TMZ solubility increases with increasing the three different CD's amount in the different mixing ratio, however this increase in not proportional with the added CD's.



Figure 5.16. Amounts of solubilized TMZ in mg/mL after the formation of inclusion complex after 48 hours

## **5.5. HEAT PROFILES OF INCLUSION COMPLEXES**

To show that inclusion complex actually forms heat profiles of inclusion complexes with between TMZ and CDs, the first technique employed was DSC. Differential Scanning Calorimeter measures the heat flow with respect to temperature. When a complex forms the interaction between the molecules should lead to a different heat profile than that of a physical mixture of the two components, therefore only TMZ, only β-CD, TMZ-β-CD inclusion complex particles and TMZ-β-CD physical mixing are investigated using DSC. In Figure 5.17, the temperature scan in the range of 25  $\degree$ C and 250  $\degree$ C, exhibit an exothermic peak around 209  $\degree$ C for only TMZ, which shows the heat released upon decomposition of TMZ. In this temperature range, an endothermic peak around 140  $^{\circ}$ C for only  $\beta$ -CD is observed which is related to the dehydration of  $\beta$ -CD.



Figure 5.17. DSC curves of TMZ- $\beta$ -CD inclusion complex and physical mixing

In the physical mixture of TMZ-β-CD, both the endothermic peak of dehydration from β-CD and exothermic peak from the decomposition of TMZ are present in the exact temperature locations of only TMZ and only  $\beta$ -CD. However, in the inclusion complex, neither of these peaks is visible, indicating the formation of a new complex. Many experimental studies reported that according to the results of DSC experiments, the obtained inclusion complexes had different physicochemical characteristics compared to the physical mixture of free subtances [\[152-1](#page-126-0)54]

## **5.6. THERMOGRAVIMETRIC ANALYSIS OF COMPLEXES**

TGA is another technique employed to show that inclusion complex and physical mixture of TMZ and CDs exhibit different thermal behavior. TGA shows the weight loss (weight %) of materials upon heating (Temperature,  $\mathrm{C}$ ).

In general, weight loss occurs due to the decomposition of the material and the onset temperature of this decomposition is particular point to the compound, therefore onset temperature can be used as a verification of the compound. Many experimental research showed that TGA was used to determine characterization of inclusion complex between

some drugs and cyclodextrins [155,156]. In TGA measurements, prepared inclusion complex particles and physical mixing particles are compared with TMZ only and CD only.



Figure 5.18. TGA curves of only TMZ, only β-CD, TMZ-β-CD inclusion complex and physical mixing

For TMZ-β-CD inclusion complex as Figure 5.18., dark blue line shows the weight loss profile of only TMZ, with the onset temperature of 229  $^{\circ}$ C. Green line is the weight loss profile of only  $\beta$ -CD, with the onset temperature of 353 °C. The initial weight loss observed until about 150  $\rm{^{\circ}C}$  is due to water loss in the structure. In the physical mixture (yellow line), two onset temperatures are observed in the graph, one can be associated with TMZ  $(227 \degree C)$ and the other can be  $\beta$ -CD (351 °C). The onset values are very similar to those of pure TMZ and  $\beta$ -CD, which is expected from the physical mixture. However, in the TMZ- $\beta$ -CD inclusion complex, although two onset temperatures from TMZ and  $\beta$ -CD did not disappear, are still observed, there is a temperature shift of  $7$  and  $15$  °C respectively, which is quite important, indicating interaction of TMZ and  $\beta$ -CD at the complexation level.

#### **5.7. MORPHOLOGY OF THE INCLUSION COMPLEX**

In order to observe the formation of inclusion complex between TMZ and  $\beta$ -CD, morphology changes are very important for each particles. Morphology of the particles of this size are best observed by using SEM. In Figure 5.19 and 5.20 it is clearly said that TMZ and  $\beta$ -CD morphologies are very different each other.



Figure 5.19. SEM images of only TMZ



Figure 5.20. SEM images of only β-CD

In the physical mixture as Figure 5.21, the individual only TMZ and only  $\beta$ -CD morphologies can be identified. However, upon formation of a inclusion complex between TMZ and  $\beta$ -CD as Figure 5.22, a new morphology is observed where neither TMZ nor the  $\beta$ -CD is distinguished.



Figure 5.21. SEM images of TMZ- β-CD physical mixing





Figure 5.22. SEM images of TMZ- β-CD inclusion complex



Figure 5.23. SEM images of TMZ- $β$ -CD inclusion complex (a) and physical mixing (b) comparison

It can be seen clearly Figure 5.23 (b) shows that only TMZ and only  $\beta$ -CD is directly observed but, inclusion complex between TMZ and  $\beta$ -CD in Figure 5.23 (a) has different morphology from physical mixture where neither TMZ nor  $\beta$ -CD can be distinguished. There are a lot examples for SEM images of inclusion complex using differet types of cyclodextrins with some medically relevantsubstances such as Ropivacaine [157], Chlorzoxazone [158], ellagic acid [159], Benzocaine [160], Oxaliplatin [161], Omeprazole [162]. For all, a clear difference between inclusion complex and physical mixture was evident, similar to what we have observed.

# **6. TARGETING OF TEMOZOLOMIDE USING MAGNETIC NANOPARTICLES**

This chapter gives the optimization of the synthesis method of magnetite chitosan beads. Characterization of these particles are illustrated with SEM and DLS. In addition, preparation technique of chitosan nanoparticles and magnetite-chitosan beads with TMZ are given. Encapsulation of TMZ in these particles and beads are investigated using HPLC. Targeting studies of with magnetite-CD-TMZ and magnetite-chitosan-TMZ are presented in order to collect maximum amount of TMZ in a desired area.

## **6.1. FORMATION OF CHITOSAN NANOPARTICLES**

Three different methods are used in order to synthesize chitosan nanoparticles.

First method (with TPP): 10 mL 0.5 wt % Chitosan in 1% acetic acid solutions and 10 mL 1 wt%, 1.5 wt% TPP solutions in water are prepared. While 10 mL TPP solutions are magnetically stirred, chitosan solution is drop wise added to the salt solution over one minute and the final solution is stirred with 500 rpm another 30 minutes. Procedure for the preparation of chitosan nanoparticles are shown in Figure 6.1 for the above-mentioned method.

Second method (with  $Na_2SO_4.10H_2O$ ): In the same way, 10 mL 0.2, 0.25, 0.5, 0.75 and 1 wt% chitosan in 1% acetic acid solutions and 10 mL 2.5, 5 wt%  $Na<sub>2</sub>SO<sub>4</sub>$ .10H<sub>2</sub>O solutions are prepared. While 10 mL Na2SO4.10H2O solutions are magnetically stirred, 10 mL chitosan solution is added dropwise to the salt solution and the obtained solution is stirred with 500 rpm another 30 minutes. Procedure for the preparation of chitosan nanoparticles is shown in Figure 6.1 for the above-mentioned method.

After the synthesis of the chitosan nanoparticles using both methods, the obtained solutions are centrifuged at 6000 rpm for 15 minutes. It is expected that the precipitates are the chitosan nanoparticles.



Figure 6.1. Chitosan formation procedure (first and second method)

## **6.2 FORMATION OF MAGNETITE-CHITOSAN BEADS**

First method (Chitosan-magnetite solution): 10 mL 0.25, 0.5, 0.75 and 1 wt% chitosan in 1% acetic acid solutions are prepared and 3 mL 3.91 mg/mL aqueous magnetite solution is added to the prepared chitosan solution. 10 mL 5 wt% and 2.5 wt% Na2SO4.10H2O in water are prepared and then, 13 mL chitosan-magnetite solution is added dropwise to the 10 mL salt solution over one minute and the final solution is stirred another 30 minutes. Procedure of this method is shown in Figure 6.2.

Second method (Salt-magnetite solution): 10 mL 0.25, 0.5, 0.75 and 1 wt% chitosan in 1% acetic acid solution is prepared and then, 3 mL 3.91 mg/mL aqueous magnetite solution is added to 10 mL 5 wt% and 2.5 wt% aqueous Na2SO4.10H2O solution to obtain the final desired salt concentration (magnetite-salt solution). While being magnetically stirred, chitosan solution is drop wise added to the magnetite-salt solution over one minute and the final solution is stirred another 30 minutes. Procedure of this method is shown in Figure 6.3.

## **6.3. FORMATION OF CHITOSAN NPs AND MAGNETITE-CHITOSAN BEADS WITH TMZ**

Two different ways are used in order to prepare chitosan NPs and magnetite-chitosan beads with TMZ.



Figure 6.2. Formation of magnetite-chitosan beads with first method



Figure 6.3. Formation of magnetite-chitosan beads with second method

First way (TMZ addition during the formation): The required amount of TMZ is added to the prepared chitosan solution and then the solution is magnetically stirred with 350 rpm for 30 minutes (chitosan-TMZ solution). Afterwards, chitosan-TMZ solution is added drop wise to the salt solution and the final solution is stirred another 30 minutes. Thus, magnetitechitosan beads are obtained with TMZ.

Second way (TMZ addition after the synthesis): The required amount of TMZ is added after the synthesis of chitosan NPs and magnetite-chitosan beads and then is stirred approximately 30 minutes. Thus, magnetite-chitosan beads are obtained with TMZ.

# **6.4. ENCAPSULATION OF DRUGS IN MAGNETITE-CHITOSAN BEADS AND ONLY CHITOSAN NANOPARTICLES**

After the synthesis of the magnetite-chitosan beads and only chitosan particles, the obtained solution is centrifuged at 6000 rpm for 15 minutes. It is expected that the precipitates are the chitosan-magnetite beads and chitosan nanoparticles. The amount of TMZ in the beads and particles are calculated from measuring the remaining TMZ in the supernatant using HPLC.

## **6.5. TARGETING OF TMZ WITH MAGNETIC PARTICLES**

Firstly, the targeting experiments are carried out with magnetite-CD-TMZ nanofluid and then, magnetite-CD-chitosan-TMZ nanofluid for optimization.

#### **6.5.1. Targeting of TMZ with magnetite-CD and magnetite-chitosan beads**

In order to target TMZ using magnetite-CD nanoparticles to the desired area in the body, some in vitro experiments were carried out. For the experiments, 55 mL/min flow rate a flow system with 2.51 mm diameter tubing of 103 cm length, 5 Neodymium magnets generating 0.5 T magnetic field in a specific part of the tube (i.e. the test section) and a peristaltic pump is used with 40 rpm to simulate targeting studies. A schematic diagram for targeting magnetite-CD-TMZ and magnetite-chitosan-TMZ is shown in Figure 6.4. After the flow is stopped, only air is passed in the tube in order to collect magnetite-CD-TMZ nanofluid in the desired area (test section). And then, magnets are removed and captured magnetite nanoparticles are collected with 1 M HCl solution.



Figure 6.4. Schematic Diagram of Targeting Study

(1-magnetic fluid, 2-peristaltic pump and 3-test section)

Also, targeting of TMZ using magnetite-chitosan beads experiments were carried out using the same procedure and set-up.

For magnetite-CD and magnetite-chitosan beads targeting experiments, the concentration of magnetite captured in the desired area is calculated after carrying out Tiron chelation test and the amount of TMZ captured in the desired area is determined using HPLC.

## **6.5.2. HPLC Analysis for Targeting Studies**

Prior to measurements, magnetite in the system should be removed as the presence of nanoparticles would interfere with the HPLC measurements and clog the column. After targeting experiments, in order to remove the magnetite prior to HPLC measurements, 1 M HCl is used to convert all Fe<sub>3</sub>O<sub>4</sub>(s) to Fe<sup>+3</sup> (aq), which takes place overnight. 1 M HCl is also required for the chemical stability of TMZ alone until the HPLC measurements are performed.

## **6.6. DRUG ENCAPSULATION AND TARGETING**

## **6.6.1. Targeting of magnetite-CD-TMZ particles**

Firstly, 1 wt%  $\beta$ -CD coated magnetite nanoparticles are synthesized by co-precipitation method. And then,  $\beta$ -CD coated magnetic nanoparticles are collected with magnetic separation as shown Figure 6.5 and 50 mL 0.1 M HCl solution was added to magnetic nanoparticles to ensure the stability of TMZ. 10 mg TMZ was added into the magnetic nanofluid and then, solution was vortexed and sonicated for 1 minute to dissolve TMZ completely to obtain magnetite-CD-TMZ solution.



Figure 6.5. Magnet Separation of Magnetic Nanofluid

The magnetite-CD-TMZ nanofluid was passed continuously through the system with 40 rpm for 5 hours. After the flow is stopped, only air was passed in the tube in order to collect magnetite-CD-TMZ nanofluid but, it was seen that particles did not collect in the test section because of the colloidal stability of the nanofluid. Therefore, concentration of the  $\beta$ -CD in the magnetite solution was decreased as 0.5 wt% and 0.25 wt%. The same procedure was repeated however again, magnetite-CD-TMZ nanofluid collected was too little as shown Figure 6.6 a and b. It can be seen that the collection of the nanofluid is not successful in the desired area.



Figure 6.6. Captured magnetite-CD-TMZ nanofluid in the test section using (a) 0.5 %wt CD (b) 0.25 %wt CD after 5 hrs

These results show that successful collection of magneic nanofluid was not achieved in the test section. It is known that when concentration of CD is decreased in the magnetic nanofluid in water, colloidal stability of the nanofluid is decreased. However, these experiments were carried out in 0.1 M HCl so, colloidal stability of 0.5 wt% CD magnetite solution in water and in 0.1 M HCl after 5 hours is shown in Figure 6.7.



Figure 6.7. Colloidal stability of magnetite nanofluid in water (a) and in 0.1 M HCl (b) after 5 hours

Figure 6.7. shows that magnetite nanofluid in 0.1 M HCl more stable colloidally than magnetite nanofluid in water after 5 hours. Highly colloidal particles cannot be collected by a magnet during flow. The colloidal stability of particles increase over time in the presence of 0.1 M HCl, therefore the duration of the experiment is shortered to 1 hr to be able to capture more particles.

Thereafter, magnetite-CD-TMZ nanofluid which contain 0.25 wt%  $\beta$ -CD and 10 mg TMZ was passed continuously through the system with 40 rpm for 1 hour. After the flow is stopped, only air was passed in the tube in order to collect magnetite-CD-TMZ nanofluid, it was seen that captured amount of magnetite was increased as shown in Figure 6.8(a).



Figure 6.8. Captured magnetite-CD-TMZ nanofluid in the test section using (a) 0.25%wt CD and (b) 0.125%wt CD after 1 hr

And then, HPLC was used in order to calculate the collected amount of TMZ in captured magnetite-CD-TMZ nanofluid. For HPLC results, 0.01 mg TMZ was targeted to the desired area (test section).

In addition, same experiments were repeated with magnetite-CD-TMZ nanofluid which contain 0.125 wt%  $\beta$ -CD and 10 mg TMZ was passed continuously through the system with 40 rpm for 1 hour. After targeting study, only air was passed in the tube in order to collect magnetite-CD-TMZ nanofluid, it can be seen that magnetite-CD-TMZ nanofluid was collected in the test section as shown Figure 6.8(b).

The amount of collected TMZ in the test section was 0.01 mg which is 1% of the initial amount of TMZ in the magnetic fluid. The low amount of TMZ collected indicates that magnetite-CD system is not successful in targeting TMZ in desired area.

In the previous section, the inclusion complex formation between TMZ-CD was shown. CDs were also shown to stabilize magnetite NPs and TGA results had shown the presence of CD's with the particles. In this section, the magnetite was shown to be collected in the desired area. With all these three successful pairings, TMZ should have been collected in the test section. However, this step failed for reasons that were not further investigated. In an attempt to form particles that will contain TMZ and still can be directed by a magnetic field, magnetic beads with chitosan are prepared.

## **6.6.2. Encapsulation and Characterization of Chitosan Nanoparticles**

#### *6.6.2.1. Morphology of the Chitosan Nanoparticles*

To explore the morphology of chitosan nanoparticles formed, SEM is used. Initially, chitosan nanoparticals were synthesized with TPP as a salt by using first method as mentioned in Section 6.1. SEM images show that chitosan nanoparticles which are synthesized with two different concentrations of salt (final concentration of TPP to be 0.5 wt% and 0.75 wt%) are not spherical particles, they have only smooth surface. Chitosan gels were obtained using TPP as shown in Figures 6.9 and 6.10.



Figure 6.9. SEM images of chitosan NPs

(  $[TPP]_{final} = 0.5wt\%$  ;  $[chitosan]_{final} = 0.25 wt\%$ )



Figure 6.10. SEM images of chitosan NPs

 $(TPP]_{final} = 0.75wt\%$ ; [chitosan]<sub>final</sub> = 0.25 wt%)

Therefore, chitosan nanoparticles were synthesized with Na<sub>2</sub>SO<sub>4</sub>.10H<sub>2</sub>O by using second method as mentioned in Section 6.1. Chitosan NP prepared by iontopric gelation method with TPP was first reported by Calvo et al. (1997) [163] , and has been widely examined and developed by Janes et al. (2001) [164], and Pan et al. (2002) [165]. Using this method, average size of the obtained spherical chitosan NPs are approximately 200 nm [163, 164], 150 nm [165], 100 nm [166] and 75 nm [167]. However, in our work, Figures 6.11 and 6.12 show that chitosan nanoparticles are formed by using 5 wt% Na<sub>2</sub>SO<sub>4</sub>.10H<sub>2</sub>O as a salt and 0.2 wt% and 0.25 wt% chitosan. Based on these results, experiments to optimize the nanoparticles are continued with Na<sub>2</sub>SO<sub>4</sub>.10H<sub>2</sub>O salt. It can be seen that spherical chitosan nanoparticles were not obtained homogeneously and further studies are required.



Figure 6.11. SEM images of chitosan NPs





Figure 6.12. SEM images of chitosan NPs

 $(Na_2SO_4.10H_2O]_{final} = 2.5 \text{ wt\%};$  [chitosan]<sub>final</sub> =0.125 wt%)

First the salt concentration was increased. When concentration of  $Na<sub>2</sub>SO<sub>4</sub>$ .10H<sub>2</sub>O was increased to 7.5 wt% in the second method of formation of chitosan nanoparticles better, chitosan nanoparticles are formed by using 5 wt%  $Na<sub>2</sub>SO<sub>4</sub>$ .10H<sub>2</sub>O rather than 7.5 wt% Na2SO4.10H2O.



Figure 6.13. SEM images of chitosan NPs

 $(Na_2SO_4.10H_2O]_{final} = 3.75 \text{ wt\%};$  [chitosan]<sub>final</sub> =0.125 wt%)

Figure 6.13 and 6.14 clearly show that if the concentration of salt is increased, smooth surfaces as opposed to particles are obtained.



Figure 6.14. SEM images of chitosan NPs

 $(Na_2SO_4.10H_2O]_{final} = 3.75 \text{ wt\%};$  [chitosan]<sub>final</sub> =0.25 wt%)



Figure 6.15. SEM images of chitosan NPs

( $[Na_2SO_4.10H_2O]_{final} = 3.75$  and 1.25 wt%; [chitosan]<sub>final</sub> =0.375 and 0.5 wt%)

While the concentration of  $Na<sub>2</sub>SO<sub>4</sub>$ .10H<sub>2</sub>O was increased to 7.5 wt% in the second method of formation of chitosan nanoparticles, also final concentrations of chitosan were increased to 0.375-0.5 %. Figure 6.15 shows that chitosan nanoparticles are not formed at high salt concentration. It can be easily said that in the presence of high amount of salt even if the chitosan concentration was increased, smooth surfaces were observed, and spherical chitosan nanoparticles were not obtained.

#### *6.6.2.2. Size Measurement of Chitosan Nanoparticles*

Size measurements were only performed for particles obtained using 2.5 wt% Na<sub>2</sub>SO<sub>4</sub>.10H<sub>2</sub>O salt. 0.25 wt%, 0.75 wt% chitosan solutions were used and two different chitosan nanoparticles were synthesized using this method. In order to determine the size of these chitosan nanoparticles, Dynamic Light Scattering (DLS) was used. According to these data, % intensity and % number graphs were plotted as shown Figure 6.16. and 6.17.

Figure 6.16. shows that the size of the chitosan nanoparticles which contain 0.125 wt% chitosan and 1.25 wt% salt is approximately 44 nm with homogeneous size distribution.


Figure 6.16. Size measurement of chitosan NPs

 $(Na_2SO_4.10H_2O]_{final} = 1.25 wt\%$ ; [chitosan]<sub>final</sub> =0.125 wt%)



Figure 6.17. Size measurement of chitosan NPs

 $(Na_2SO_4.10H_2O]_{final} = 1.25 wt\%$ ; [chitosan]<sub>final</sub> =0.375 wt%)

In addition, the size of the chitosan nanoparticles which were synthesized with 0.375 wt% chitosan and 1.25 wt% salt was approximately 56 nm as shown in Figure 6.17. As a result, it can be easily said that if concentration of chitosan is increased during the synthesis, the size of the chitosan nanoparticles increase. The overlap of intensity&number average data suggests a fairly homogeneous size distiribution of particles.

#### *6.6.2.3. Encapsulation of TMZ in chitosan nanoparticles*

In order to synthesize chitosan NPs with TMZ, two different ways were employed for the addition of TMZ as mentioned Section in 6.3.

TMZ adding	TMZ adding	Final	Final	$\frac{0}{0}$
during the	after the	Concentration	Concentration	Encapsulated
formation	formation	of	οf	<b>TMZ</b>
		chitosan (wt%)	salt (wt%)	
		0.11	2.2	$13.5 \pm 5$
		0.11	2.2	$8.3 \pm 2.5$

Table 6.1 % Encapsulated TMZ in chitosan nanoparticles after and during the formation

Some drugs and chemicals were encapsulated in the chitosan nanoparticles such as anticancer drug Docetaxel [\[16](#page-127-0)8], 5 fluorouracil [\[16](#page-127-1)9], Indometacin [\[17](#page-127-2)0] and Doxorubicin [171] and drug encapsulation efficiency were found approximately 70% [168], 30% [169], 65% [170] and 70% [171] respectively. In our work, firstly, chitosan NPs were synthesized (contains 0.11 wt% chitosan and 2.2 wt% salt) using the first way which is that TMZ was added during the formation. Table 6.1 shows that approximately 14 % encapsulation was obtained in the chitosan particles. However, when second way (TMZ was added after the formation) was used, approximately 8 % encapsulation was obtained in the chitosan nanoparticles. Therefore, first method was selected in order to obtain maximum encapsulation of TMZ in chitosan nanoparticles.

## **6.6.3. Magnetite-Chitosan Beads and Characterizations for Targeting Study**

## *6.6.3.1. Morphology of the Magnetite-Chitosan Beads*

Magnetite-Chitosan beads were synthesized by using two different methods as mentioned in Section 6.2. First method was used in order to obtain magnetite-chitosan beads which contain 2.2 % salt and 0.11 % chitosan with bare magnetite and SEM images show that magnetitechitosan beads do not have smooth surface and also they do not form spherically as shown in Figure 6.18.



Figure 6.18. SEM images of bare magnetite-chitosan beads

 $(Na_2SO_4.10H_2O]_{final} = 2.2 wt\%$ ; [chitosan]<sub>final</sub> =0.11 wt%; chitosan+bare magnetite solution)

Based on results from chitosan beads alone, concentration of salt was decreased and second method was used to obtain magnetite-chitosan beads which contain 1.1 % salt with bare magnetite and 0.22 % chitosan. Figure 6.19 shows that this method also did not result in the formation of distinct spherical nanoparticles.



Figure 6.19. SEM images of bare magnetite-chitosan beads

(  $[Na_2SO_4.10H_2O]_{final} = 1.1 wt\%$  ;  $[chitosan]_{final} = 0.22 wt\%$  ;  $salt + bare magnetic$ solution)



Figure 6.20. SEM images of  $\beta$ -CD magnetite-chitosan beads

 $(Na_2SO_4.10H_2O]_{final} = 1.1 wt\%$ ; [chitosan]<sub>final</sub> =0.22 wt%; chitosan +  $\beta$ -CD coated magnetite solution)

It should be noted that the same recipe in the absence of magnetite resulted in the formation of nanoparticles with better morphologies. To improve the morphology of the particles magnetite-chitosan beads were synthesized with  $\beta$ -CD coated magnetite by using two aforementioned methods. Figure 6.20 and 6.21 shows that there is not a significant difference between bare magnetite and  $\beta$ -CD coated magnetite in the presence of chitosan.



Figure 6.21. SEM images of  $\beta$ -CD magnetite-chitosan beads

 $([Na<sub>2</sub>SO<sub>4</sub>.10H<sub>2</sub>O]<sub>final</sub> = 1.1 wt%$ ; [chitosan]<sub>final</sub> =0.22 wt%; salt +  $\beta$ -CD coated magnetite solution)



Figure 6.22. SEM images of  $\beta$ -CD magnetite-chitosan beads

 $(Na_2SO_4.10H_2O]_{final} = 1.1 wt\%$ ; [chitosan]<sub>final</sub> =0.09 wt%; salt +  $\beta$ -CD coated magnetite solution)

Based on the results from magnetite-chitosan beads with  $\beta$ -CD coated magnetite in Figure 6.21 and 6.22, distinct spherical nanoparticles were not observed, so second method was used and stirring time was increased to one hour. After one hour, magnetite chitosan beads were obtained which contain 1.1 wt% salt with  $\beta$ -CD coated magnetite and 0.09 and 0.43 wt% chitosan as shown in Figures 6.22 and 6.23 respectively.



Figure 6.23. SEM images of  $\beta$ -CD magnetite-chitosan beads

 $(Na_2SO_4.10H_2O]_{final} = 1.1 wt\%$ ; [chitosan]<sub>final</sub> =0.43 wt%; salt +  $\beta$ -CD coated magnetite solution)

Altough the samples were gold coated before imaging, due to the nature of chitosan, application of high dose during measurements resulted in the distruction of the sample. To obtain images, low dose was used, resulting in comprimise in the resolution of the obtained images. These figures show that spherical magnetite-chitosan beads which contain 0.09 and 0.043 wt% chitosan were obtained successfully and size of these magnetite beads are approximately 20 nm and 15 nm.

The size of the magnetite beads were already measured using DLS as mentioned Section 6.6.3.2. Size results were similar between DLS and SEM. However, it is known that DLS measures hydrodynamic radius of the nanoparticles. Therefore, higher size were obtained using DLS might be the associated water molecules around the chitosan nanoparticles. Also, some clusters that were observed in Figure 6.22 can cause the higher size shown in intensity averaged DLS measurements.

#### *6.6.3.2. Size Measurements of magnetite-chitosan beads*

Size measurements were only performed for particles obtained using 2.5 wt%  $Na<sub>2</sub>SO<sub>4</sub>$ .10H<sub>2</sub>O salt. 0.25 wt%, 0.75 wt% chitosan solutions and  $\beta$ -CD coated magnetite nanoparticles were used and two different magnetite-chitosan beads were synthesized using second method mentioned in Section 6.1. Dynamic Light Scattering (DLS) was used to determine the size of the magnetite-chitosan beads. According to these data, % intensity and % number graphs are plotted as shown in Figures 6.24. and 6.25.

In literature, size of the bare magnetite-chitosan core shell was found to be 11 nm [172] and oleic acid coated magnetite-chitosan NPs was about 10.5 nm for hyperthermia [173]. Also, Denkba et al.[174] and Jiang et al. [175] reported that 100-250 μm magnetite-chitosan beads were prepared by cross-linking the linear chitosan chains in water-in-oil microemulsion. However, in our work, Number average means that majority of the particles have an average diameter of 31 nm. In the intensity average plot, another peak around 45 nm suggests few larger particles in the medium, possible aggregates. It can be said that the size of the magnetite-chitosan beads which finally contain 0.11 wt% chitosan and 1.1 wt% salt is approximately 31 nm.



Figure 6.24. Size measurement of magnetite-chitosan beads with DLS

 $(Na_2SO_4.10H_2O]_{final} = 1.1 wt\%$ ; [chitosan]<sub>final</sub> =0.11 wt%; salt +  $\beta$ -CD coated magnetite solution)

In addition, the size of the magnetite-chitosan beads which were synthesized using 0.33 wt% chitosan and 1.1 wt% salt with  $\beta$ -CD coated magnetite was approximately 46 nm as shown in Figure 6.25. As a result, it can be easily said that if concentration of chitosan is increased during the synthesis, the size of the chitosan nanoparticles is increased. The overlap of intensity&number average data suggests a fairly homogeneous size distiribution of particles.



Figure 6.25. Size measurement of magnetite-chitosan beads with DLS  $(Na_2SO_4.10H_2O]_{final} = 1.1 wt\%$ ; [chitosan]<sub>final</sub> =0.33 wt%; salt +  $\beta$ -CD coated magnetite solution).

# *6.6.3.3. Encapsulation of TMZ in bare magnetite-chitosan beads*

There are two different methods in order to synthesize magnetite-chitosan beads as mentioned in Section 6.2. For the encapsulation of TMZ in magnetite-chitosan beads with bare magnetite experiments, second method was used. However, also two ways were used for addition of TMZ in order to compare % encapsulated TMZ.

Some experiments showed that some drugs such as anti cancer drug Doxorubicin [176] and antibiotic Isoniazid [177] were encapsulated in magnetite-chitosan particles and encapsulated % were reported as an average 73% and 7%, respectively. There is a significant difference in the encapsulated percent between different drugs.

TMZ adding during the synthesis	TMZ adding after the synthesis	<b>Type</b> <sub>of</sub> magneti te coating	Final [Chitosan] $(wt\%)$	Final $[Na2SO4$ . $10H20$ ] $(wt\%)$	$\frac{0}{0}$ <b>Encapsulated</b> TMZ
$\checkmark$		Bare	0.11	2.2	26
		Bare	0.11	2.2	19

Table 6.2. % Encapsulated TMZ in magnetite-chitosan beads after and during the formation

In our work, firstly, magnetite-chitosan beads were synthesized (0.11 wt% chitosan and 2.2 wt% salt as final concentrations) using the first way where TMZ was added during the formation of beads. Table 6.2. shows that approximately 26 % encapsulation was obtained in the magnetite-chitosan beads. However, when second way (TMZ was added after the formation) was used, approximately 19 % encapsulation was obtained in the magnetitechitosan beads as shown Table 6.2.

Similar results were obtained when chitosan particles were used. For this reason, first way which is TMZ addition during the synthesis was selected in order to continue encapsulation experiments with magnetite-chitosan beads. In addition, first method is the one step method which is advantagous for experimental work.

# 6.6.3.4. Encapsulation of TMZ in β-CD magnetite-chitosan beads

Apart from the morphology of the particles, their encapsulation efficiencies should also be taken into consideration. Initially, magnetite-chitosan beads were formed using bare magnetite. Magnetite-chitosan beads were synthesized with 0.5 wt% different types of CD coated magnetic nanoparticles using the first way mentioned in Section 6.3. Two different concentrations of salt and three different concentrations of chitosan were used and encapsulated amounts of TMZ were measured by HPLC and the results are tabulated in Table 6.3.



Table 6.3. % Encapsulated TMZ in magnetite-chitosan beads comparing salt



According to Table 6.3, for fixed amount chitosan when the concentration of the salt was increased, encapsulated amounts of TMZ were similar or worse. For example, for 0.22 % chitosan and 1.1 % salt as final concentrations, encapsulated amount of TMZ was approximately 35 % with  $\beta$ -CD coated magnetite. However, for 0.22 % chitosan and 2.2 % salt as final concentrations, encapsulated amount of TMZ was approximately 17% with  $\beta$ -CD coated magnetite. In addition, for 0.33 % chitosan and 1.1 % salt and 2.2 % salt as final concentrations, encapsulated amount of TMZ was very similar and was approximately 35% with  $\beta$ -CD coated magnetite. As a result, final salt concentrations was selected as 1.1 % for the synthesis of magnetite-chitosan magnetic beads for optimization.

Finally, encapsulated amount of TMZ was calculated for only 1.1 % final salt concentration and four different concentrations of chitosan as shown Table 6.4.

Table 6.4. % Encapsulated TMZ in magnetite-chitosan beads with only 1.1 wt % final salt concentration

<b>Final</b> [Chitosan] $(wt\%)$	<b>Final</b> [salt] $(wt\%)$	with $\beta$ -CD coated magnetite (mg)	with $H$ - $\beta$ -CD coated magnetite (mg)	with $H-\gamma$ -CD coated magnetite (mg)
0.09			36	31
0.22		$35 + 2.8$	37	29
0.33		$35.5 + 7.8$	39	36
0.43		$35.5\pm3.5$	38	

This table shows that increasing chitosan concentration is effective for encapsulated amount of TMZ for only H-γ-CD. However, encapsulated amounts of TMZ are very similar for- CD and H- $\beta$ -CD when concentration of chitosan is increased. As a result, increasing concentration of chitosan does not improve the encapsulation of TMZ in magnetite-chitosan beads. Boucicaut and Winstead studied about TMZ loaded chitosan nanoparticles for brain tumors and maximum loading of TMZ was found to be about 40%. Additionly, Tian et al., (2011) [178] reported that approximately 44% TMZ was entrapted in polysorbate-80 coated polybutyklcyanoacrylate nanoparticles. It can be seen that the encapsulation % of the TMZ in prepared nanoparticles was not very high. This result might be due to the amphiphilic nature of TMZ, which is relatively highly lipophilic and somewhat soluble in water. According to these results, obtained percent encapsulations were comparable with our work.

#### **6.6.4. Targeting Study of TMZ in magnetite-chitosan beads**

Targeting study experiments were carried out using two different test sections in the set-up. Firstly, 1.49 mm thin test section was used and then, 2.19 mm thicker test section was used for optimization in order to collect maximum amount of TMZ in the desired area.

## *6.6.4.1. Targeting Study of TMZ in magnetite-chitosan beads with thin test section*

Once the magnetic nanoparticles were removed from the targeted area in the thin test section, the amount of captured magnetite concentration, collected amount of chitosan and collected amount of TMZ were calculated and all values are tabulated in Table 6.5.

In this experiment, 3 magnets were used and these magnets generate 0.3 T magnetic field, so, small quantities ( $\approx$ 0.1 mg) of TMZ were collected in the test section, independent of the concentration of chitosan and salt as shown in Table 6.5.

In addition, large value of the ratio of the collected TMZ and collected chitosan can be an indication of a successful drug carrier. However, Table 6.5. shows that these values are not good enough for the collection of TMZ in the desired area.



Table 6.5. Targeting study with thin section (applying 0.3 T magnetic field)

In an attempt to collect more magnetic particles in the test section, number of magnets were increased to 5 generating 0.5 T magnetic field. Some of the experiments were repeated and the results are tabulated in Table 6.6. In these experiments, concentration of magnetite is found to increase in the test section suggestion better capture of particles. For example, magnetite-chitosan beads which contain 1.1 wt % final salt and 0.09 wt % final chitosan concentrations with  $\beta$ -CD coated magnetite, magnetite concentration was duplicated according to the Table 6.5. and 6.6.

Table 6.6 Targeting study with thin section (applying 0.5 T magnetic field)

[Chitosan] $(wt\%)$	$[Na_2SO_4.10H_20]$ $(wt\%)$	<b>Collected</b> amount of chitosan (mg)	Captured concentratio n of magnetite (mg)	<b>Collected</b> amount of TMZ (mg)	<b>TMZ</b> <b>Chitosan</b>
0.09	1.1	0.44	0.86	0.13	0.30
0.22	1.1	0.51	0.39	0.07	0.14
0.33	$1.1\,$	0.88	0.56	0.06	0.07

However, the collected amount of TMZ was very similar. In addition, Table 6.6. shows that, collected amount of TMZ was approximately 0.1 mg similar to previous experiments. Somehow although more magnetite was captured in the test section, targeting of higher amounts of TMZ was achieved.

## *6.6.4.2. Targeting Study of TMZ in magnetite-chitosan beads with thick test section*

After targeting experiments of TMZ in magnetite-chitosan beads with thin test section, targeting experiments of TMZ also were carried out with thick test section as 1.49 mm in order to collect more TMZ in the desired area. After these experiments, magnetite-chitosan-TMZ nanofluid was collected as shown in Figure 6.26.



Figure 6.26. Captured magnetite-chitosan-TMZ nanofluid in the test section (0.5 %wt CD) after 1 hr

So, captured magnetite concentration, collected amount of chitosan and collected amount of TMZ in the test section were calculated and are tabulated in Table 6.7. Increasing the width of the test section clearly increases the efficiency of TMZ targeting.

In addition, Table 6.7. shows that magnetite-chitosan beads which contain 0.43 wt % final chitosan and 2.2 wt % final salt concentrations, approximately 0.32 mg was collected in the desired area and ratio of the collected TMZ and chitosan was 0.47. However, magnetitechitosan beads which contain 0.09 wt % final chitosan and 2.2 wt % final salt oncentrations, approximately 0.27 mg was collected in the desired area and ratio of the collected TMZ and chitosan was 1.05. This similar difference shows that if the final concentrations of chitosan was 0.09 wt % or 0.43 wt %, collected amounts of TMZ were very similar. In addition, if the ratio of collected TMZ and chitosan value is large that indicates maximum amount of TMZ can be collected by using minimum amount of chitosan.

<b>Final</b> [Chitosan] $(wt\%)$	<b>Final</b> [Na <sub>2</sub> SO <sub>4</sub> .] 10H <sub>2</sub> 0 $(wt\%)$	<b>Collected</b> amount of chitosan (mg)	Captured concentration of magnetite (mg)	<b>Collected</b> amount of <b>TMZ</b> (mg)	<b>TMZ</b> Chitosan
0.09	1.1	$0.32\overline{+}0.007$	$0.63 \pm 0.013$	$0.27 + 0.03$	$0.82\overline{+}0.09$
0.09	2.2	$0.26 + 0.02$	$0.51\overline{+}0.04$	$0.27\overline{+}0.01$	$1.05 + 0.05$
0.22	1.1	$0.72\overline{+}0.03$	$0.56 + 0.02$	$0.33 + 0.02$	$0.44 + 0.01$
0.22	2.2	$0.33 + 0.02$	$0.26 + 0.02$	$0.25 + 0.02$	$0.75 + 0.08$
0.33	1.1	$0.84\overline{+}0.06$	$0.44\overline{+}0.03$	$0.31\overline{+}0.03$	$0.37 + 0.07$
0.33	2.2	$0.73 + 0.09$	$0.38 + 0.05$	$0.29\overline{+}0.006$	$0.53 + 0.2$
0.43	1.1	$0.52\overline{+}0.14$	$0.21\overline{+}0.05$	$0.27 + 0.03$	$0.53 + 0.15$
0.43	2.2	$0.68 + 0.17$	$0.27 + 0.07$	$0.32\overline{+}0.05$	$0.47\overline{+}0.05$

Table 6.7. Targeting study with thick section

For this reason, the small amount of chitosan was selected. According to the optimization, 0.09 wt % final chitosan concentration was selected with different two final concentrations of salt as 1.1 wt % and 2.2 wt%, because the ratio of collected TMZ and chitosan was 0.82 and 1.05 respectively. Halupka-Bryl et al., (2015) [179] created magnetic drug carriers using iron oxide NPs-PEG-b-poly(4-vinylbenzylphophonate)/Doxorubicin system as a potential drug carrier for magnetically mediated targeted anticancer therapy to be used in biomedical applications. Also, Idarubicin-loaded, folic acid conjugated magnetic nanoparticles which have desired shape and size were reported by Gunduz et al.(2014) [180] and targeting ability under magnetic field were determined in vitro. Moreover, high gradient magnetic separation is useful technique in order to collect magnetite nanoparticles in desired area [\[181-1](#page-128-0)83]. However, in our study, this technique did not simulate real blood flow therefore was not employed.

# **7. CONCLUSION AND FUTURE WORK**

Cancer is the rapid growth and uncontrollable devision of cells which then assemble into a tissue called tumor. These cells in tumor site cause formation of new blood vessels after a process called angiogenesis and by using these newly formed blood vessels, cancer cells can spread to other regions in the body (metastasis). Although there are many treatments for cancer, these treatments have severe side effects such as vomiting, hair loss, fatigue and anemia. In order to decrease these side effects, the drugs used for the treatment of cancer should be applied locally to the exact location of the tumors. Therefore, the objective of this study was to target an anti-cancer drug to the tumor site using magnetite nanoparticles by applying an external magnetic field.

Temozolomide is an anti-cancer drug that can be administered orally and has been approved for the treatment of malignant glioma. Malignant gliomas are the most common type of brain tumours. As TMZ is hydrophobic it has very low solubility and stability in aqueous medium. In order to increase bioavailability and solubility of the TMZ, various types of cyclic oligosaccharides i.e. cyclodextrins are used which has the potential to form inclusion complexes with the drug thus, enhance both the stability and solubility. For the solubility analysis of temozolomide both in the presence and absence of cyclodextrins UV-Vis Spectroscopy and High Pressure Liquid Chromotography were used. The results showed that the solubility of temozolomide was enhanced due to the formation of an inclusion complex with all studied cyclodextrins. In addition, heat profiles and weight loss were explored using DSC, TGA and also imaging with SEM demonstrated that inclusion complexes are formed between TMZ and CDs.

As the cyclodextrin – temozolomide complex should be targeted to an exact location in the body, magnetite nanoparticles were chosen due to their excellent magnetic properties as well as their biocompatibility. For this purpose magnetite nanoparticles were synthesized through facile co-precipitation method both in the presence and absence of cyclodextrins. The hydrodynamic size measurements were carried out with dynamic light scattering (DLS). The average hydrodynamic size of the nanoparticles synthesized in the absence of cyclodextrins were found to be 47 nm. On the other hand, the presence of cyclodextrins on the surface of magnetite nanoparticles increased the hydrodynamic diameter to an average size of 57-61 nm. Furthermore, the existence of cyclodextrins on the surface of magnetite nanoparticles were validated by Thermogravimetric analysis (TGA). The presence of all types of cyclodextrins caused varying weight losses (2-17 wt %) indicating successful attachment onto the magnetite surface, additionally  $\beta$ -CD coated magnetite nanoparticles has maximum coating density. These results were also in line with the colloidal stability as magnetite – cyclodextrin complex could be dispersed in aqueous medium regardless of the type of cyclodextrin used. However, it was shown that 2-hydroxy propyl β-Cyclodextrin coated magnetite nanoparticles had the longest colloidal stability.

For targeting studies, firsly chitosan NPs and then, magnetite-chitosan beads were obtained using ionic gelation method. DLS was used for size measurement and SEM was used to image the morphologies. Size of the only chitosan NPs which contain final concentrations as 1.25 wt% salt and 0.125 wt% chitosan was approximately 44 nm were 1.25 wt% salt and 0.375 wt% chitosan was approximately 56 nm. In parallel, the size of the magnetite-chitosan beads which contain 1.1wt% salt and 0.11 wt% chitosan was 31 nm where 1.1wt% salt and 0.33 wt% chitosan particles were 46 nm. It can be easily said that if concentration of chitosan was increased during the synthesis, the size of the chitosan nanoparticles is increased. The morphologies of the obtained beads are imaged using SEM. TMZ was incorporated in these chitosan-magnetite particles to obtain a drug delivery system. Finally, magnetite-CD-TMZ and magnetite-chitosan-TMZ beads were used to target TMZ to the desired area applying an external magnetic field. Anti-cancer drug TMZ was encapculated in only chitosan nanoparticles ( $\approx$ 10%) and magnetite-chitosan beads with bare magnetite ( $\approx$ 23%) and different types of CDs coated magnetite  $(\approx 30\%)$ . And finally, magnetite-chitosan beads (contain  $\beta$ -CD coated magnetite) were targeted to the desired section applying an external magnetic field. The amounts of encapsulated & targeted TMZ were determined by HPLC.

In summary, anti-cancer drug TMZ was encapculated in chitosan beads with magnetite to obtain a magnetite drug carrier. Encapsulated in magnetite-chitosan beads, TMZ was successfully targeted to the desired area by the application of an external field. This work shows that a toxic anti-cancer drug TMZ can be localized by the help of a magnetic carrier, which lend itself to several application in biomedical field.

Nevertheless, there are several areas within the work that require further investigation. Magnetite NPs are used for biomedical applications so, cytotoxicity of  $\beta$ -CD coated magnetite- chitosan and  $\beta$ -CD coated magnetite- chitosan-TMZ will be investigate for various cell lines such as Huvec and Fibroblasts (L929) using MTA assay. Furthermore, magnetic properties of particles with cyclodextrins which were synthesized by coprecipitation method and magnetite-chitosan beads will be investigated by Vibrating Sample Magnetometer (VSM). In addition, drug release from the collected magnetite-chitosan-TMZ particles in the test section will be investigated to fully explore these systems as drug delivery vehicles. Once, these in vitro tests are satisfied, further research will be carried out to test the performance of these particles *in vivo*.

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## **APPENDIX A: EXAMPLES OF TMZ SCANS FOR INCLUSION COMPLEX AND TARGETING STUDIES**



Figure A.1. Standard peaks of TMZ in 0.1 M HCl



Figure A.2. Standard peaks of TMZ in 1 M HCl



Figure A.3. TMZ scan ( $\beta$ -CD-TMZ complexation after 1 hour)



Figure A.4. TMZ scan  $(H-\beta$ -CD-TMZ complexation after 1 hour)



Figure A.5. TMZ scan (H-γ-CD-TMZ complexation after 1 hour)



Figure A.6. TMZ scan ( $\beta$ -CD-TMZ complexation after 24 hours)



Figure A.7. TMZ scan (H- $\beta$ -CD-TMZ complexation after 24 hours)



Figure A.8. TMZ scan (H-γ-CD-TMZ complexation after 24 hours)



Figure A.9. TMZ scan ( $\beta$ -CD-TMZ complexation after 48 hours)



Figure A.10. TMZ scan  $(H-\beta$ -CD-TMZ complexation after 48 hours)



Figure A.11. TMZ scan (H-γ-CD-TMZ complexation after 48 hours)



Figure A.12. TMZ scan (targeting study with thin test section)  $(Na_2SO_4.10H_2O]_{final} = 2.2 wt\% + \beta$ -CD coated magnetite solution ; [chitosan]<sub>final</sub> =0.22 wt% ; chitosan)



Figure A.13. TMZ scan (targeting study with thin test section)

 $(Na_2SO_4.10H_2O]_{final} = 2.2 wt\% + \beta$ -CD coated magnetite solution; [chitosan]<sub>final</sub> =0.43



Figure A.14. TMZ scan (targeting study with thin test section)  $(Na_2SO_4.10H_2O]_{final} = 1.1 wt\% + \beta$ -CD coated magnetite solution; [chitosan]<sub>final</sub> =0.09 wt% ; chitosan)



Figure A.15. TMZ scan (targeting study with thin test section)  $(Na_2SO_4.10H_2O]_{final} = 1.1 wt\% + \beta$ -CD coated magnetite solution; [chitosan]<sub>final</sub> =0.43 wt% ; chitosan)



Figure A.16. TMZ scan (targeting study with thin test section)

 $(Na_2SO_4.10H_2O]_{final} = 1.1 wt\% + \beta$ -CD coated magnetite solution ; [chitosan]<sub>final</sub> =0.33



wt% ; chitosan)

Figure A.17. TMZ scan (Targeting study with thick test section)  $(Na_2SO_4.10H_2O]_{final} = 1.1 wt\% + \beta$ -CD coated magnetite solution; [chitosan]<sub>final</sub> =0.33 wt% ; chitosan)



Figure A.18. TMZ scan (Targeting study with thick test section)  $(Na_2SO_4.10H_2O]_{final} = 1.1 wt\% + \beta$ -CD coated magnetite solution ; [chitosan]<sub>final</sub> =0.09 wt% ; chitosan)



Figure A.19. TMZ scan (Targeting study with thick test section)

 $(Na_2SO_4.10H_2O]_{final} = 2.2 wt\% + \beta$ -CD coated magnetite solution ; [chitosan]<sub>final</sub> =0.09



Figure A.20. TMZ scan (Targeting study with thick test section)  $(Na_2SO_4.10H_2O]_{final} = 2.2 wt\% + \beta$ -CD coated magnetite solution ; [chitosan]<sub>final</sub> =0.22 wt% ; chitosan)



Figure A.21. TMZ scan (Targeting study with thick test section)  $(Na_2SO_4.10H_2O)_{final} = 1.1 wt\% + \beta$ -CD coated magnetite solution; [chitosan]<sub>final</sub> =0.33 wt% ; chitosan)



Figure A.22. TMZ scan (Targeting study with thick test section)

 $(Na_2SO_4.10H_2O]_{final} = 1.1 wt\% + \beta$ -CD coated magnetite solution; [chitosan]<sub>final</sub> =0.43



Figure A.23. TMZ scan (Targeting study with thick test section)  $(Na_2SO_4.10H_2O]_{final} = 2.2 wt\% + \beta$ -CD coated magnetite solution ; [chitosan]<sub>final</sub> =0.43 wt% ; chitosan)



Figure A.24. TMZ scan (Targeting study with thick test section)  $(Na_2SO_4.10H_2O]_{final} = 2.2 wt\% + \beta$ -CD coated magnetite solution ; [chitosan]<sub>final</sub> =0.43 wt% ; chitosan)



Figure A.25. TMZ scan (Targeting study with thick test section)

 $(Na_2SO_4.10H_2O]_{final} = 2.2 wt\% + \beta$ -CD coated magnetite solution ; [chitosan]<sub>final</sub> =0.33



Figure A.26. TMZ scan for magnetite-CD targeting study