

THE INFLUENCE OF PEPTIDE FUNCTIONALIZED GOLD NANOPARTICLES ON  
PROSTATE CANCER CELLS



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## ABSTRACT

### THE INFLUENCE OF PEPTIDE FUNCTIONALIZED GOLD NANOPARTICLES ON PROSTATE CANCER CELLS

Nanomaterials have emerged as new tools for theranostic applications. However, their use in biomedical fields is limited by their potential toxic effects on human health. It has been indicated in the literature that functionalizing the surface of NPs is a favorable approach to eliminate the safety issue of the nanomaterials. AuNPs provide a platform for designing therapeutic biomaterials owing to their easy surface chemistry, less toxicity, biocompatibility, high degree of stability and size uniformity. Besides, small differences in the surface chemistry of AuNPs can be observed by UV/Vis spectroscopy due to their unique plasmonic properties. Functionalization of AuNPs with a small biomolecule introduces a good platform to enhance cellular uptake and reduce the toxicity. In this study, a range of custom designed peptides were chosen for modification of the 13 nm AuNPs by taking their sequence, size, and charge into account. To evaluate cellular responses comparatively, both healthy (PNT1A) and cancer (DU145) cell lines were treated with the AuNP-Peptide conjugates. The peptide modified AuNPs indicated more toxic effects on DU145 cells than PNT1A cells, and the position of Cys amino acid in the sequence caused difference in cytotoxicity. Furthermore, the AuNP-Peptides induced the apoptotic cell death in prostate cancer cells in contrast to response of healthy cells. Pep1 (H<sub>2</sub>N-Glu-Glu-Glu-Cys-COOH) and Pep5 (H<sub>2</sub>N-Asp-Gly-Arg-Glu-Glu-Glu-Cys-COOH) modified AuNPs significantly induced apoptotic cell death for DU145 cell line compared to Cys-N-terminal peptide modified AuNPs. In addition, the cell cycle of the PNT1A and DU145 cells were also investigated. While the DU145 cells were arrested at G2/M phase in a high ratio, there was no significant arrest for PNT1A cells. The highest arrest in G0/G1 phase of the PNT1A cells obtained with the His containing Cys-C-terminal peptide. In conclusion, it was shown that subtle changes in surface chemistry of AuNPs caused noticeable difference in cellular response, which indicates the importance of tailoring surface chemistry of nanomaterials aimed to be used in nanomedicine.

## ÖZET

### PEPTİTLE FONKSİYONELLEŞTİRİLMİŞ ALTIN NANOPARÇACIKLARIN PROSTAT KANSERİ HÜCRELERİNE ETKİSİ

Nanomalzemeler, terapötik uygulamalar için yeni araçlar olarak ortaya çıkmışlardır. Bununla birlikte, biyomedikal alanlardaki kullanımları, insan sağlığı üzerindeki potansiyel toksik etkileri nedeniyle sınırlıdır. Literatürde, NP'lerin yüzeyini işlevsel hale getirmenin, nanomalzemelerin güvenlik problemini ortadan kaldırmak için uygun bir yaklaşım olduğu belirtilmiştir. AuNP'ler, kolay yüzey kimyaları, düşük toksisiteyi, biyo-uyumlulukları, yüksek stabiliteleri ve boyut üniformaliteleri sayesinde terapötik biyomateryallerin tasarlanması için elverişli bir platform sağlarlar. Ayrıca, AuNP'lerin yüzey kimyalarındaki küçük farklılıklar, eşsiz plazmonik özellikleri sayesinde UV/GB spektroskopisi ile gözlemlenebilir. AuNP'lerin küçük biyomoleküller ile fonksiyonel hale getirilmesi, hücre alımı artırma ve toksisiteyi azaltma konusunda iyi bir çözüm sunar. Bu çalışmada 13 nm AuNP'lerin modifikasyonu için; dizimleri, uzunlukları ve yükleri dikkate alınarak çeşitli peptitler seçilmiştir. Hücresel cevabı karşılaştırmalı değerlendirmek için, sağlıklı (PNT1A) ve kanser (DU145) hücre dizilerinin her ikisi de AuNP-Peptit konjugeleri ile muamele edilmiştir. Peptit modifiye AuNP'ler, DU145 hücreleri üzerinde PNT1A hücrelerinde gösterdiğinden daha fazla sitotoksik etki göstermiştir ve Cys amino asidinin pozisyonunun sitotoksik etkide fark yarattığı görülmüştür. Bununla birlikte, AuNP-Peptitler sağlıklı hücrelerde gözlenen aksine, prostat kanseri hücrelerinde apoptotik hücre ölümüne neden olmuşlardır. Pep1 (H<sub>2</sub>N-Glu-Glu-Glu-Cys-COOH) ve Pep5 (H<sub>2</sub>N-Asp-Gly-Arg-Glu-Glu-Glu-Cys-COOH) modifiye AuNP'ler, Cys-N-terminal peptit modifiye AuNP'lere kıyasla DU145 hücre hattında açık bir farkla apoptotik hücre ölümüne sebep olmuşlardır. Ek olarak, PNT1A ve DU145 hücrelerinin hücre döngüsü de araştırılmıştır. DU145 hücreleri yüksek oranda G2/M fazında tutulurken, PNT1A hücreleri için önemli bir duraklamaya rastlanmamıştır. En yüksek G0/G1 fazında tutulma oranı His amino asidi içeren Cys-C-terminal peptit ile PNT1A hücre hattında görülmüştür. AuNP yüzeyindeki küçük değişimlerin hücresel yanıtta önemli farklılıklara sebep olduğu, böylece yüzey kimyası terziliğinin nanotıp alanında kullanımının önemi gösterilmiştir.

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## LIST OF SYMBOLS/ABBREVIATIONS

cm	Centimeter
cm <sup>-1</sup>	Wavenumber
d.nm	Diameter in nanometer scale
g	Gram
h	Hour
mg	Miligram
min	Minute
ml	Mililiter
mM	Milimolar
mW	Miliwatt
nM	Nanomolar
nm	Nanometer
°C	Degrees Celsius
rpm	Rounds per minute
V	Volt
μl	Microliter
μM	Micromolar
λ	Wavelength
Ω	Electrical resistance
AGE	Agarose gel electrophoresis
AgNPs	Silver nanoparticles
Arg	Arginine
Asp	Asparagine
AuNP-Pep	Peptide functionalized gold nanoparticle
AuNPs	Gold nanoparticles
C <sub>6</sub> H <sub>5</sub> Na <sub>3</sub> O <sub>7</sub> ·2H <sub>2</sub> O	Trisodium citrate dihydrate
CNT	Carbon nanotube
Cys	Cysteine

DLS	Dynamic light scattering
DMEM	Dulbecco's modified Eagle's medium
DNA	Deoxyribonucleic acid
EDC	1-Ethyl-3-(3-dimethylaminopropyl)-carbodiimide
EDTA	Ethylenediaminetetraacetic acid
EGCG	Epigallocatechin gallate
EGFR	Epidermal growth factor receptor
FBS	Fetal bovine serum
FTIC	Fluorescein isothiocyanate
FTIR	Fourier transmission infrared
Glu	Glutaraldehyde
Gly	Glycine
GNPs	Gold nanoparticles
HAuCl <sub>4</sub> .3H <sub>2</sub> O	Tetrachloro auric acid trihydrate
HCl	Hydrochloric acid
HER2	Human epidermal growth factor receptor
His	Histidine
ICP-MS	Inductively coupled plasma-mass spectrometer
IR	Infrared
LOD	Limit of detection
M <sub>w</sub>	Molecular weight
MWCNT	Multi-walled carbon nanotube
NaOH	Sodium hydroxide
NHS	N-hydroxysuccinimide
NMs	Nanomaterials
NPs	Nanoparticles
PBS	Phosphate buffered saline
PEG	Poly(ethylene glycol)
pI	Isoelectric point
PI	Propidium Iodide
PLGA	Poly(lactic-co-glycolic acid)
PS	Penicilin streptomycin
PSA	Prostate specific antigen

PSMA	Prostate specific membrane antigen
QDs	Quantum dots
RGD	Arginine-glycine-aspartic acid
RNA	Ribonucleic acid
SEM	Scanning electron microscopy
SERS	Surface enhanced Raman scattering
SPR	Surface plasmon resonance
TAE	Trizma base-acetic acid-ethylenediaminetetraacetic acid
TEM	Transmission electron microscopy
UV/Vis	Ultraviolet/Visible
WST-1	Water-soluble tetrazolium-1

## 1. THEORETICAL BACKGROUND

### 1.1. NANOTECHNOLOGY

Nanotechnology is quite a part of our life for many years by involving many application fields such as coating technologies [1], clean water supplying [2], defense industry [3], textiles [4], antibacterial production [5], food packaging [6], controlled drug delivery and targeting systems [7], gene silencing [8]. Also, nanotechnology is the main character of the nano-smart technologies and nanocomposite materials owing to their unique optoelectronic and fluorescence features [9, 10]. Further, nanotechnology has been continuing to grow, and promising for the future in many of vital fields such as medicine and bioimaging [11–14], drug and gen delivery [15], vaccine development [16], biosensors, and therapies [7–11]. The point, which makes nanotechnology a favorable study field is physically and chemically quite different behavior of the materials when they are nano-sized in order to bulk or large-scale. In other words as Chad Mirkin says; “*everything, when miniaturized to the sub-100-nanometer scale, has new properties, regardless of what it is*” [17]. The acquisition of unique properties in nano-scale is explained by surface to volume ratio (S/V) referring to the surface area divided by the volume of the material. For instance, this ratio is inversely proportional to edges of a cube. Thus, as the S/V increases with the number of particles (molecules/atoms) are present in a smaller specific area, which means forming of “dangling bonds” on the surface of the material and higher chemical activity. In this way, high electrical and chemical activities of the nano-sized materials and unique catalytic properties of noble metals such as Au and Pt, can be clarified with this “the less surface the more energy” behavior [18]. Likewise graphene is taken into account, it has large number of unsaturated bonds on its surface resulting in high S/V ratio, which makes it significantly convenient for sensor applications [19].

### 1.2. NANOPARTICLES IN BIOTECHNOLOGY

“Nano” as a term of measurement is meaning billionth of a meter. Materials having size in the range of 1 to 100 nanometers in at least one dimension are called as “nanomaterials”.

Thus the new research areas arised with “nano” term such as nanomedicine, nanobiotechnology, and nanoelectronics.

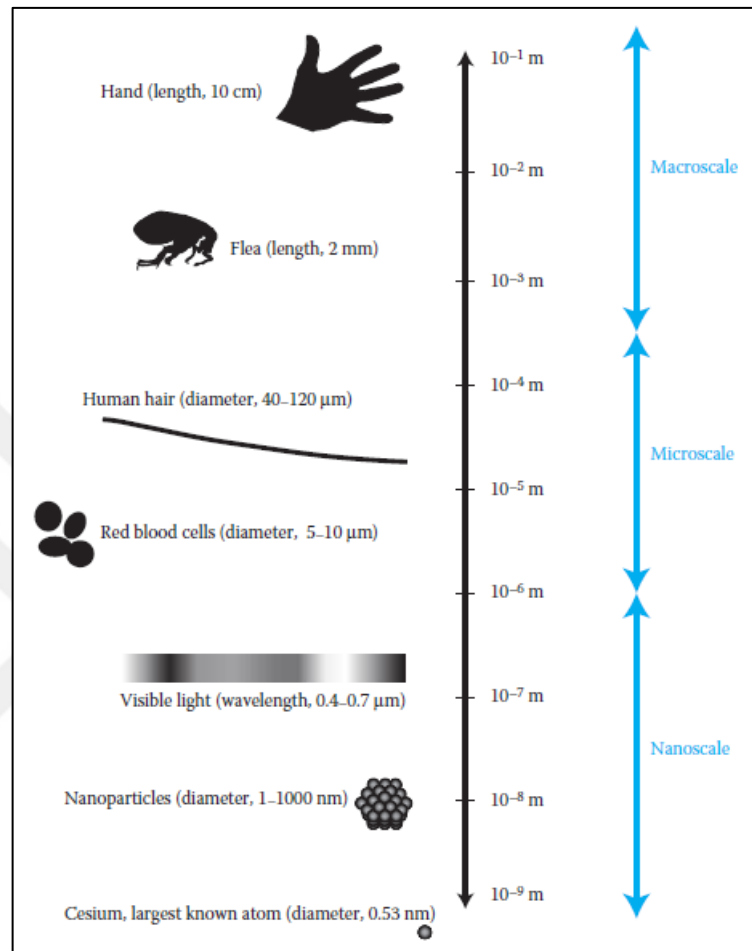


Figure 1.1. Schematic representation of nanoscale in comparison [20].

The nanomaterials having biocompatibility promise for many medical applications. Among them, carbon nanotubes (CNTs), quantum dots (QDs) [21], silver nanoparticles (AgNPs) and gold nanoparticles (AuNPs) have quite importance in medical fields according to their relatively stability in biological media, low toxicity and novel optical properties which are providing detection specific molecules and imagining by spectroscopic and microscopic techniques.

- CNTs have attracted great interest in sensor, composite material, nano-device technologies [22–24] owing to their convenient mechanical, electronic, magnetic and optical features [25–27]. Also, they are quite strong materials due to their C-C

bonds, and have good viscoelastic properties which can provide hosting as soft tissue membranes [28].

- QDs have a place in live cell imaging and diagnostics due to their characteristic photochemical properties [29]. Also their fluorescent emission wavelength can be tunable by altering their size. They are able to be used instead of organic dyes or fluorescent proteins due to their relatively high stability, and they are brighter than dyes [30, 31]. Besides their potential use in many biotechnological applications such as immunosensors, DNA array analysis, and cell biology, they can be designed to be multifunctional. Additionally, their another distinct feature is that a small amount of QDs is needed for a signal [32].
- AgNPs have a significant importance in many research areas due to their plasmonic and antibacterial properties, which are tunable by altering their size and shape. In this way, the researchers have been focused on uniform synthesis of AgNPs in a variety of shapes [33, 34]. The common two methods for synthesis of AgNPs are citrate and sodium borohydride reduction [35, 36]. Additionally, they have been used as surface enhanced Raman scattering (SERS) substrates owing to their unique plasmonic properties [37].

### **1.2.1. Gold Nanoparticles and Their Applications in Biotechnology and Medicine**

The use of soluble gold began in around 5<sup>th</sup> century B.C. in Egypt and China for glass staining [38]. Then, its potential use in medicine was investigated by Francis Anthony. Following these approaches on gold, Faraday led for use of AuNPs in today's high-tech applications by investigating their optical properties in 18<sup>th</sup> century. He produced the first colloidal gold solution. Many features of colloidal gold have been clarified up to day, and it has found place in several study fields. Also controllable easy synthesis in various sizes, easy surface modification, biocompatibility and chemical stability are the other features that make them favourable. There are several methods for the synthesis of AuNPs [39–43]. Among them, Turkevich method based on reduction of chloroauric acid by trisodium citrate [44] is most preferred because of providing monodisperse size distribution, high stability in aqueous media and tunable size. Also, they are able to be synthesized in various shapes as rod, triangular, or cube which indicate different optical and magnetic features (Figure 1.2).



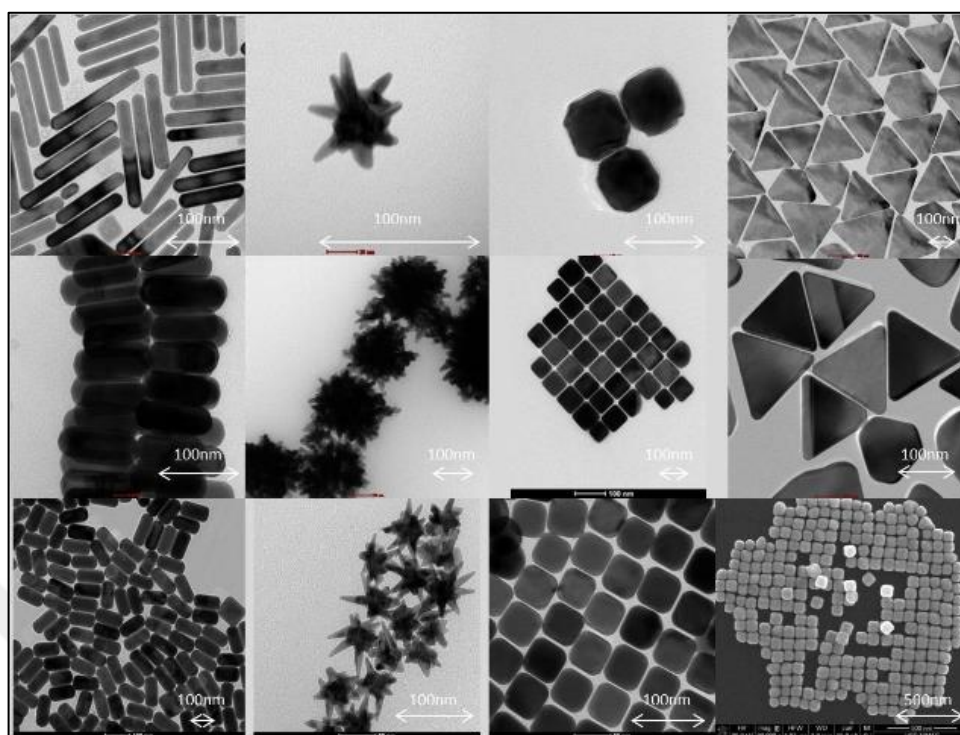


Figure 1.2. TEM images of the different shapes of gold nanoparticles [45].

In recent years, AuNPs were attractive for researchers due to their feasibility for such crucial study fields as electronics [46], biomedicine [47], drug delivery and bioimaging [48], surface functionalization [49–52] and sensing [53]. Their surface plasmon formation due to their interaction with visible light [54, 55] makes them convenient to the use for electronic devices, signal amplification, and biosensing platforms based upon colorimetry [56], fluorescence [57, 58], electrochemistry [59], surface plasmon resonance (SPR), surface enhanced Raman scattering (SERS) [53, 60]. They are used in photothermal therapy; the gold nanorods are applied to tumor and heated by IR radiation [61]. Thus, AuNPs have a crucial place in medical research. For instance, DNA sensor was developed by taking advantage of the colorimetric change based on their plasmonic features [62, 63], and in the light of this approach other biological targets were studied such as peptides, oligonucleotides and cells [64–67]. On the other hand, the use of AuNPs in theranostic applications faces with some challenges such as cellular uptake and stability in body fluids. Toxicity is another issue for AuNPs due to their interaction with human body. Their cell penetration and stability in body fluids are also needed to be improved.

### 1.2.2. Surface Modification of Gold Nanoparticles

Nanoparticles can affect the fate of living cells, designate their pathway and modulate their death [68-71]. The new approaches to synthesize novel nanobiostructures are lead to engender therapeutic agents for cancer treatment. Amphiphilic properties of cell membrane enable to cellular uptake and provide a wide range of small biological molecules. Thus, it is possible to develop nanoparticles modified with biological materials for both easy cellular uptake and therapy. Before the penetrating of the nanomaterial in cell, they interact with the environment of the cell which affects on the biological properties of the nanostructure and intracellular pathway. Another issue is prone to agglomeration of these small particles. Upon this, the efficient size of the nanomaterial for cellular uptake and targeting is affected. Thus, it is comprehended that the aspects that needed to be improved are their cell penetration, stability in body fluids, and less cytotoxicity. Eliminating this issue is achieved by providing the hydrophobicity balance between NMs and cell membrane, stability of the NMs in biological media, and controlling biodistribution of them, which are possible by coating the NP with variety of biomolecules named as “surface engineering/modification” [32, 72]. Because these mechanisms are directly related with the chemical characteristics, morphology, and surface properties of the NMs [73]. Upon this, they can be modified with various molecules, that provide affinity force between molecules, including peptides [74, 75], proteins [76], carbohydrates [77], fatty acids, DNA [78], plasmids, and RNA [79–82]. At this point, the bioconjugation approach arises, and here the key point is not causing to lose the activity of the NPs, while altering their surface chemistry. In this respect, the modification agent and the method have crucial places separately. The method is chosen in consideration of the substrate, and the molecular interactions between the substrate and surface of the NPs. The substrate is relating with the producing purpose of the NMs. Thus, the NMs can be enabled for a variety of medical application areas such as biosensing, bioimaging, controlled drug delivery, therapy, and diagnostics [43, 83–85].

Gold nanoparticles are commonly modified with thiols, citrate, surfactants, polymers, carbohydrates, hormones, and lipids [86, 87]. Among them, amino acids and sulphhydryl groups are more favourable owing to their small size, low steric hindrance, and easy conjugation to the AuNPs. These groups serve as stabilizer and/or functioning agent. The

stabilization of the NPs can be carried out with a macro-molecule as a polymer or a charged ligands (i.e.  $-\text{COO}^-$ ,  $-\text{NH}_3^+$ ), which can not only stabilize the NPs but also gain functionality for bioconjugation or ligand-exchange to them. The charged groups immobilized on the surface of the NPs change the electronic and binding features of the NMs. Thus, it can be tunable that stability, aggregation, solubility, electron transfer capability, size and shape features of the NMs [39, 43].

Modification of citrate capped AuNPs is relatively feasible owing to the weak interaction between AuNP and citrate group [88]. Thus, it can be easily exchanged with thiolated molecules, and thiol act as a linker between AuNP and variety of functional molecules such as polyethylene glycol (PEG) [89, 90], fluorescing dyes [91], and drugs [25]. GNPs capped using thiol chemistry have been widely studied with a range of therapeutic applications, including drug delivery and medical imaging [92, 93]. Altering the surface chemistry of GNPs using thiol have been widely studied with a range of therapeutic applications, including drug delivery and medical imaging [92, 93].

### 1.2.3. Common Methods for Surface Modification of Gold Nanoparticles

The interactions between the biomolecules and surface of AuNP are clarified in two approaches: as physically and chemically. Physical interactions are obtained as ionic, hydrophobic, and dative. As regards to chemical interactions, three ways are occurred: (i) chemisorption, (ii) via a linker molecule (iii) via an adapter molecule (Table 1.1) [94].

Table 1.1. Interactions between the gold nanoparticles surface and the modification agents.

<b>Physical Interactions</b>	Ionic Interactions	Non-covalent
	Hydrophobic Interactions	
	Dative Binding	Covalent
<b>Chemical Interactions</b>	Chemisorption	
	Linkers	

	Adapter Molecules	
--	-------------------	--

In other words, the biomolecule can be bonded onto the surface of AuNP as covalent or non-covalent [95]. Herein it is possible for the non-covalent bonding both hydrophobic and electrostatic interactions between the citrate capped AuNPs and the positively charged biomolecules [96]. Also the hydrophobic interaction occurs via hydrophobic side of the modification molecule and the AuNP surface. By virtue of this electrostatic interaction mechanism, attachment was provided between Human EGF Receptor 2 (HER2) specific antibody and AuNPs. Thus, detection of breast cancer cells was obtained by optical imaging with this nano-bio material [96]. In other study, 5-aminolevulinic acid and AuNPs conjugation was carried out by non-covalent binding to benefit for photodynamic therapy [97]. It was also applied for another cancer diagnosis application by binding of anti-EGFR to AuNPs non-covalently [98].

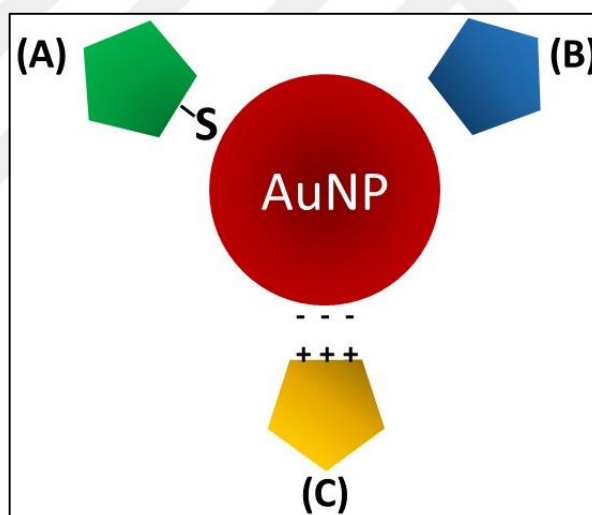


Figure 1.3. Representative interactions between the biomolecule and gold nanoparticles (a) covalent (b) hydrophobic (c) ionic [99].

On the other hand, non-covalent bonding has some drawbacks such as needed to be concentrated biomolecule-AuNPs samples, and instability of the bonds causing by their electrostatic attraction. Thus, the biomolecules on the surface of the NPs able to be exchanged with other small molecules. Besides, AuNPs can be modified by covalent bonding [95, 100]. Additionally, AuNPs able to be modified by thiol (-SH) included biomolecules owing to their tendency to thiol group. Upon this, the dative bonding is obtained by the interactions between AuNP surface and thiol groups, which is a type of

covalent bonding [101, 102]. Thus the covalently bonding is also available for NPs surface modification by the biomolecules. This attachment is occurred w/wo a linker or a spacer molecule such as avidin and biotin [95].

For the bioconjugation, it must be considered that when the NPs in a solution their stability may be affected by the environment. At this point, the way of the conjugation has a significant importance, and there are several functional groups to overcome this issue. For instance, carboxyl groups react with primary amines. Here,  $-COOH$  containing intermediate product is engendered by using a water soluble agent (i.e. EDC). Subsequently, suggested the primary amines existing on the NP surface, an active ester group (i.e. NHS) can be used for amide bonds [82, 103].

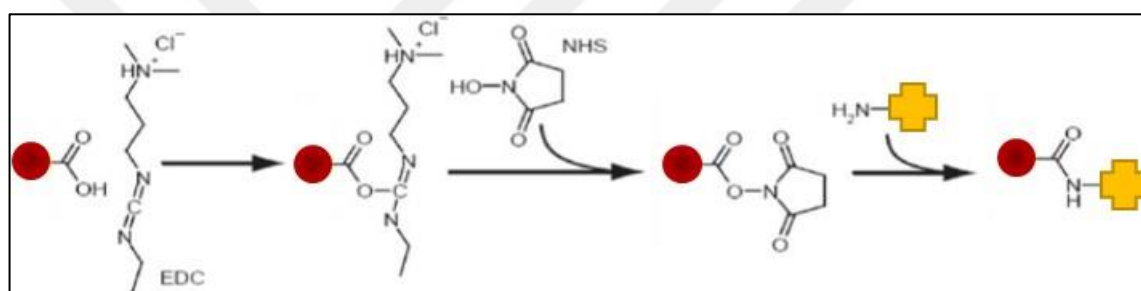


Figure 1.4. Conjugation of citrate capped gold nanoparticle with the biomolecule by EDC/NHS coupling [78].

Also the AuNPs are capped with PEG-SH to provide more hydrophilic character, and prevent undesirable reactions. In addition to this, PEG group provides a base for efficient covalent bonding, and capable to be modified with another molecule as a spacer.

The efficient interaction between  $-SH$  group and AuNP is a good platform for tailoring the surface of the AuNPs. It was used for conjugation of multiwall carbon nanotube (MWCNT) ionic liquid electrode and AuNPs, which serves as immunosensor for detection of human serum albumin in body fluids with low limit of detection (LOD) [104]. In another study, NHS-activated PEG was attached to an amine containing antibody. Subsequently, the structure was bonded to surface of AuNP nanocage resulting in the breaking of S-S bonds and creating of Au-S bonds [105]. Here EDC acts as a linker molecule between the AuNP and modification agent, and the covalent bond is provided by peptide bonds between N-terminal of the protein and  $-COOH$  groups on the AuNPs

causing by EDC [106, 107]. Also, nucleic acid-AuNPs interaction was obtained by thiolation of the AuNPs and adjusting convenient pH value to provide needed repulsion between the oligonucleotides and AuNP surface [108].

#### **1.2.4. Peptide Modified Gold Nanoparticles**

To provide self-assembling of the nanoparticles, they have been modified with various biomolecule such as DNA, viruses, proteins, and peptides. The resulting hybrid structures may not be strong enough through weak non-covalent interactions. Among these bio-modification agents, peptides are the most feasible due to their controllable chemical features by amino acid sequencing, capable to link ionic bonds, self-assembled characteristics [83, 109]. Peptides can bind directly to the AuNP surface through thiol group of cysteine amino acid or N terminal primary amine. Additionally, their biocompatibility make them favourable in medical applications such as drug delivery systems [43, 110, 111].

Preparing of the AuNP-Peptide conjugates is mostly obtained as synthesis of the colloidal AuNP, thereafter attachment of the peptides on the AuNP surface self-assembly. There are studies in the literature by means of their easy fabrication method. It was shown that aggregation, stability, and growth of the NPs are controllable by peptide modification of AuNPs in aqueous solution [112]. In another study, it was demonstrated that, the position of the N-terminal and the aromatic groups in the sequence are significantly effective on the assembling of the nanoparticles [113].

For modification of AuNPs with peptides, the peptides can be added into AuNPs suspension in an aqueous media, and the adsorption occurs naturally through ionic, hydrophobic, and Van der Waals interactions. There are three criteria for the peptide-AuNP bioconjugation: 1) pH value during the binding reaction, 2) pI value of the peptide, and 3) quantity of the peptide. There are different approaches about relationship between the pI value and the pH value in the bioconjugation. The general statement is that the peptides/proteins bind most effectively to the AuNP surface at the pH near their pI value [114]. In another study, it was found that higher pH than the pI cause to decrease adsorption of IgG on GNPs. On the other hand, it was obtained that basic pH values were convenient for the immunoglobulins with high pI [115]. The quantity of the peptide to be

bonded onto AuNP surface is another unclarified issue. Although it was reported as the higher protein excess the higher specific activity [116, 117], the addition of them to the reaction media may cause to detachment of protein from the AuNP surface [118]. Thus, the parameters must be optimized as for each bioconjugation reaction [86].

### 1.3. PROSTATE CANCER

Prostate cancer is a type of cancer occurs in prostate gland, which is placed in male reproductive system (Figure 1.5). Along with slow growth of the prostate tumor, there are also fast growing types. Prostate cancer can separate to the other tissues particularly bone and lymph. Its symptoms occurs as difficult urinating, blood in urine, pain in pelvis and/or dorsa at early stages. Then protration is occurred at the advance stages causing by decreasing of red blood cells.

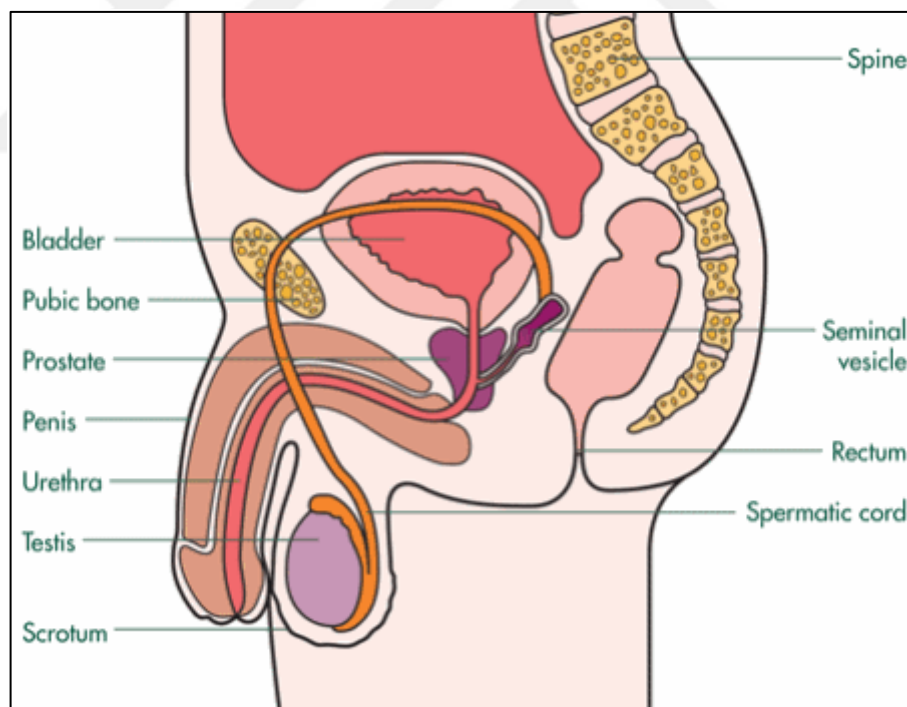


Figure 1.5. The prostate diagram [119].

Prostate cancer is the second most common cancer type in the world and the 5<sup>th</sup> cancer-related death reason among men [110]. Although its cause is not exactly determined, factors that cause the risk can be count as age, family history of disease, and ethnic background. It is mostly obtain over 50 years old, and in developed countries.

Additionally, geography has been found as another factor. Prostate cancer is most commonly seen among black men, and less common among asian men according to the American Cancer Society. Another significant factor is the diet. A diet high in red meat and dairy product, and poor in certain vegetables may be cause to cancer [121–123].

### **1.3.1. Diagnosis and Therapy Approaches for Prostate Cancer**

The diagnosis of prostate cancer is traditionally obtained by biopsy. Then, medical imaging may be performed to determine whether the cancer has spread to other tissues in the body. Although prostate specific antigen test is efficient for diagnosis, it has not any curing effect on the disease. Thus, its application is controversial [124].

Treatment ways of prostate cancer including surgical intervention, radiotherapy, hormone therapy, and chemotherapy [125]. Chemotherapy is not enough to treat prostate cancer, because the tumor including different type of cells and their response to chemotherapy are different from each other [126]. Also the surgery for the removing of the cancer tissue is difficult due to the location of the organ, and needed to additional techniques such as radiotherapy [127]. These methods are mostly while removing the tumor, cause damage on the healthy tissue. Chemotherapeutic drugs are also have an important place. Among them, taxane group drugs are the most efficient for prostate cancer [127]. On the other hand, the achievement of the treatment method is related with age and how aggressive the tumor is.

### **1.3.2. Nanotechnology in Diagnosis and Therapy of Prostate Cancer**

Use of nanotechnology in therapy, diagnosis, and bioimaging is named as “nanomedicine” by the National Institutes of Health. This term is including targeting of the specific molecules by biocompatible nano-carriers, and investigating their response to therapy by less side-effects. Here is the target mostly tumor cells [32]. Upon the biopsy and its disadvantages [129], new methods have been developed for early detection and treatment. Herein, the researchers focused on mostly detection of prostate specific antigens (PSA). PSA is enzyme produced by the prostate gland cells. They are placed in blood as bound to proteins and in low concentration. The measurement of the free PSA in blood may provide an insight whether the prostate cancer or not [130]. At this point, the use NPs as



nanocarrier have great potential for both diagnosis and therapy of prostate cancer by targeting PSA [131]. On the other hand, NPs they can be used to deliver active substance to the tumor [132]. It was demonstrated that epigallocatechin-3-gallate (EGCG) [133], which causes to apoptosis in prostate cancer cells, coated NPs bind to PSA selectively [134]. In addition, it was found that curcumin also has anticancer effect on prostate cancer cells [135]. Upon this, curcumin was given to the cancerous cells with PLGA NPs. Consequently, the curcumin loaded PLGA NPs showed enhanced activity on the cancer cells comparing with naked curcumin [136].

The another cytotoxic molecule for prostate cancer cells boswellic acid [137] was prepared as NP, and it was investigated that these NPs showed apoptotic effect on prostate tumor (PC3) without causing any damage in healthy tissue [138]. On the other hand, PSMA (prostate-specific membrane antigen) is another biomarker for diagnosis of prostate cancer. Upon this, in a study peptide based nano platform was designed, and indicated their capability for selectively binding to PSMA [139]. It was also reported that, PSMA modified GNPs RNA aptamer has potential use in both targeting and therapy of prostate cancer [140]. Additionally, there are studies in the literature about that, the peptides have potential use to enhance cellular uptake [141, 142].

## **2. AIM OF THE STUDY**

AuNPs have a great potential to be used in many medical applications such as drug delivery, specific biomolecule targeting, and therapy due to their unique optical properties, biocompatibility, stability and tunable surface chemistry. In this study, it was aimed that providing efficient bioconjugation between the AuNPs and the various peptides, and evaluating the cellular response to altered AuNP surface for both PNT1A (Normal prostate epithelium immortalized with SV40) and DU145 (prostate cancer cells expressing the recombinant androgen receptor) cell lines.



### 3. MATERIALS

#### 3.1. CHEMICALS AND KITS

##### 3.1.1. AuNPs

Gold (III) chloride trihydrate ( $\text{HAuCl}_4 \cdot 3\text{H}_2\text{O}$ ,  $M_w$ :393.83 g/mol) (Sigma-Aldrich #520918, USA), trisodium citrate dihydrate ( $\text{C}_6\text{H}_5\text{Na}_3\text{O}_7 \cdot 2\text{H}_2\text{O}$ ,  $M_w$ :294.10 g/mol) (Merck #A829748, Germany).

##### 3.1.2. Peptides

The peptides were purchased by considering their sequence, length and charge (Table 3.1). All the peptides were purchased as lyophilized powder and  $10 \pm 0.2$  mg. The each samples were dissolved in 1.0 ml ddH<sub>2</sub>O (18.2 M.Ω.cm) and stored at  $-20^\circ\text{C}$ . Molecular structures of the peptides were as given in Figure 3.1.

Table 3.1. The sequences, molecular weights, isoelectric points and charges of the peptides used to modify the surfaces of 13 nm AuNPs.

Code	Sequence	$M_w$ (g/mol)	pI	Net charge at pH 7
Pep1	H-Glu-Glu-Glu-Cys-OH	508.50	3.67	(-)3.1
Pep2	H-Cys-Glu-Glu-Glu-OH	508.50	3.67	(-)3.1
Pep3	H-His-His-His-Cys-OH	532.58	7.32	(+)0.2
Pep4	H-Cys-His-His-His-OH	532.58	7.35	(+)0.2
Pep5	H-Asp-Gly-Arg-Glu-Glu-Glu-Cys-OH	836.83	3.54	(-)3.1
Pep6	H-Cys-Glu-Glu-Glu-Arg-Gly-Asp-OH	836.83	3.54	(-)3.1

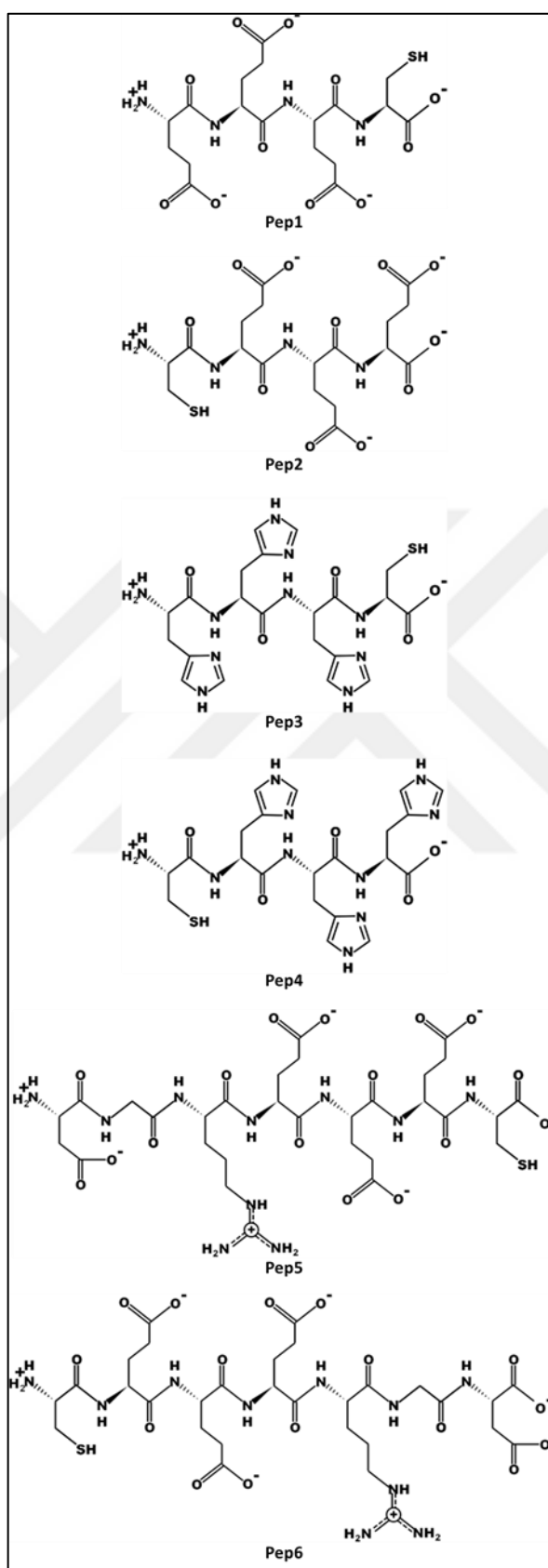


Figure 3.1. Molecular structures of the peptides.

### 3.1.3. Cell Culture Reagents and Kits

Dulbecco's Modified Eagle's Medium - High Glucose (Gibco #41966029, UK), Fetal Bovine Serum (FBS) (Gibco #10270, UK), phosphate buffered saline (PBS) (HyClone™, USA) (Gibco #SH30256, USA), Penicillin Streptomycin (10,000 U/ml) (Gibco #15140122, USA), Trypsin-EDTA 0.25 per cent (Sigma-Aldrich #T4049, USA), Cell Proliferation Reagent WST-1 (Roche #05015944001, USA), Dead Cell Apoptosis Kit with Annexin V FTIC and PI (Invitrogen #BMS500FI, Austria) were used for cell culture studies. Tissue culture flasks (25 cm<sup>2</sup>, 75 cm<sup>2</sup>), 24 and 96 well plates, Falcon tubes (15 ml and 50 ml), serological pipettes (TPP, Switzerland).

### 3.2. CELL LINES

Normal human prostate cell line (PNT1A, #95012614, Sigma-Aldrich, Germany) and human prostatic carcinoma cell line (DU145, HTB-81, ATCC, USA) were used as model cell lines in this study.

### 3.3. INSTRUMENTS

UV/Vis spectrometer (PerkinElmer, USA), Zetasizer Nano-ZS (Malvern Instruments, UK), FT-IR spectrometer (Thermo NICOLET IS50, USA), TEM (JEOL-2100 HRTEM LaB<sub>6</sub> JEOL, USA), benchtop pH/mV meter (Hanna Instruments HI 2211, USA), mini-shaker (Multi Bio 3D Biosan, Latvia), 2-5 centrifuge (Sigma, UK), Gel Electrophoresis System (Bio-Rad, Germany), mikro 22R centrifuge (Hettich, UK), Biohazard safety cabinet (Esco Class II type A2, USA), CO<sub>2</sub> incubator (37°C, CO<sub>2</sub> 5 per cent, Nuair, USA), ELx800 Absorbance Reader (Biotek, USA), Flow Cytometer (Guava easy-Cyte5, Merck Millipore, Germany) were used in this study.

## **4. METHODS**

### **4.1. SYNTHESIS OF GOLD NANOPARTICLES**

Synthesis procedure of 13 nm gold nanoparticles were performed by the classical citrate reduction method [44, 143]. Before the synthesis all the glassware were treated with aqua regia to remove any noble metals. 80 mg tetra chloro auric acid ( $\text{HAuCl}_4 \cdot 3\text{H}_2\text{O}$ ) in 200 ml ddH<sub>2</sub>O was heated and stirred until boiling. Then, 10 mL of 38.8 mM sodium citrate dihydrate ( $\text{C}_6\text{H}_5\text{O}_7\text{Na}_3 \cdot 2\text{H}_2\text{O}$ ) solution was added into the boiled solution quickly. Boiling was continued for 15 minutes. The final AuNP suspension was left to cool at room temperature. It was stored at room temperature and in dark until characterization.

### **4.2. MODIFICATION OF GOLD NANOPARTICLES WITH THE PEPTIDES**

The gold nanoparticles were modified with the peptides differing in sequence, length, and charge. The pH of the AuNP suspension was adjusted by using 0.1 and 0.5 M NaOH, and 0.1 M HCl. 20  $\mu\text{l}$  of 1.0 mg/ml peptide solutions were added to 1.0 ml of 13 nM AuNP suspension at proper pH and room temperature in 1.5 ml Eppendorf centrifuge tubes. The amount of peptides attached on AuNPs and proper pH values were optimized. The peptide-AuNP mixes and 13 nm AuNP suspension were mixed by the mini-shaker overnight. Since the all peptides were designed as included cysteine amino acid, they did not need any spacer molecule for binding to AuNPs surfaces. Peptide functionalized AuNPs were washed with ddH<sub>2</sub>O (18.2 M. $\Omega$ .cm).

### **4.3. CHARACTERIZATION OF THE GOLD NANOPARTICLES AND GOLD NANOPARTICLES WITH THE PEPTIDES**

The bare AuNPs and the AuNP-Peptide conjugates were characterized by UV/Vis spectroscopy, DLS, 1 per cent agarose gel electrophoresis, and FTIR.

#### **4.3.1. UV/Vis Spectroscopy**

The absorbance spectra of 13 nm AuNPs, and AuNP-Peptides were observed by scanning the wavelength range of 200-800 nm with UV/Vis spectrometer.

The AuNP and the AuNP-Peptide suspensions were diluted 1:10 in ddH<sub>2</sub>O to be characterized by UV/Vis spectroscopy.

#### **4.3.2. Dynamic Light Scattering**

Hydrodynamic size of the synthesized 13 nm AuNPs and the AuNP-Peptide conjugates were measured by DLS. The measurements were carried out as repeated three times at room temperature, 173° scattering angle, and 4 mW He-Ne laser was used as the light source. The 1:10 diluted colloidal solutions were placed into polystyrene cuvettes for the measurements, and for the surface charge measurements, disposable capillary cells were used.

#### **4.3.3. Transmission Electron Microscopy Analysis**

13 nm AuNPs were characterized by Transmission Electron Microscopy (TEM). For the measurements, drops from the colloidal gold samples placed onto carbon supported copper TEM grids.

#### **4.3.4. Fourier Transmission Infrared (FTIR) Spectroscopy Analysis**

The naked AuNPs and the AuNP-Peptides were characterized by FT-IR between the wavelength range of 4000 cm<sup>-1</sup>-400 cm<sup>-1</sup>. For the sample preparation, the colloidal solutions were centrifuged at 13000 rpm for 30 min and the precipitates were washed with ddH<sub>2</sub>O. The water-dispersed samples were stored at -80<sup>0</sup>C overnight, and dehydrated by freeze-dryer.

#### **4.3.5. Agarose Gel Electrophoresis**

The AuNPs and the conjugates were analyzed by 1 per cent agarose gel electrophoresis (AGE) to determine the peptide bonding on the AuNPs surfaces. The colloidal solutions were centrifuged at 13000 rpm for 30 min. The precipitates were washed with ddH<sub>2</sub>O, and re-dispersed in 20 µl ddH<sub>2</sub>O. The gel tank was placed onto ice to keep the environment ice-cold. The samples were loaded into the wells of the gel prepared by 1x TAE buffer, and electrophoresed at 100 V for an hour. No staining procedure was required due to the advantage of the AuNPs samples being colored. After completion of the electrophoresis, the gel was photographed.

#### **4.4. CELL CULTURE**

PNT1A human normal prostatic and DU145 prostate cancer cell lines were both treated with the developed nanomaterials for comparatively observation of the cellular response. 10 per cent FBS and 1 per cent PS containing high glucose DMEM was convenient media for the both cell lines. For cell growth, 37°C and 5 per cent CO<sub>2</sub> humidified atmosphere was provided by a cell culture incubator.

#### **4.5. TREATMENT OF THE CELLS WITH THE PEPTIDE FUNCTIONALIZED GOLD NANOPARTICLES**

PNT1A and DU145 cells were seeded as 40000 cells/well in 24-well plates and incubated for 24 h. After the attachment provided, the cells were treated with increasing final concentration (0.1, 0.5, 1.0, and 2.5 nM) of the AuNPs and the AuNP-Peptides for 24 h.

#### **4.6. APOPTOSIS/NECROSIS ASSAY**

To evaluate the cell death mechanism, Annexin-V and PI staining were performed. First, cell detachment was initiated by 0.25 per cent Trypsin-EDTA solution. Then, cell culture media was added as twice amount of trypsin into the each well to stop the trypsin activity. The cells were collected in eppendorf test tubes, and harvested by centrifugation at 2500



rpm for five min. After PBS washing, the pellets were resuspended in 200  $\mu$ l of 0.5  $\mu$ l Annexin-V containing 1x binding buffer. The samples were kept in the dark for 10 min. After centrifugation, the cells were dispersed in 1.0  $\mu$ l PI containing 200  $\mu$ l 1x binding buffer. Following the staining procedure, the samples were analyzed by flow cytometry as soon as possible.

#### **4.7. WST-1 CELL PROLIFERATION ASSAY**

For WST-1 assay, 6000 cells were seeded on each well of 96-well plates. After the NPs treatment for 24 h, the supernatants were removed, and the cells were washed with PBS. Thereafter, the cells were incubated with 5 per cent WST-1 reagent containing complete medium for 1 h at 37°C, and 5 per cent CO<sub>2</sub> in a humidified incubator. Following the incubation, the supernatants were transferred to the new 96-well plates. When the tetrazolium salts were converted into formazan crystals, which can be investigated by colorimetry, the absorbance values of the samples were measured by a microplate reader at 450 nm of wavelength.

#### **4.8. CELL CYCLE ANALYSIS**

For cell cycle assay, the both cell lines were seeded as 40000 per well on 24-well plates. After the period for cell attachment, the cells were treated with 0.1, 0.5, 1.0, and 2.5 nM of the AuNP-Peptides for 24 h. Following the treatment, cell dissociation was provided by incubating with Trypsin-EDTA at 37°C, 5 per cent CO<sub>2</sub> for 5 min. Thereafter the initiate the trypsin effect, the suspensions were transferred to the 1.5 ml Eppendorf test tubes, and centrifuged at 2500 rpm, 4°C for 5 min. Subsequently, the supernatant was decanted, and the harvested cells resuspended in 70 per cent ethanol solution for fixation. The fixed cells were kept at -20°C for at least 2 h to be prepared for labeling. After the centrifugation at the same conditions, the cells were resuspended in 0.1 per cent 500  $\mu$ l Triton X-100 prepared in 1x PBS, and kept at room temperature for 20 min. Thereafter, the cell suspensions were centrifuged, and resuspended in 200  $\mu$ l of 0.3 mg/ml RNase prepared in 1x PBS. The suspensions were kept at 37°C for 30 min in an incubator. After the incubation, the cells were resuspended in 200  $\mu$ l of 5 mg/ml PI prepared in 1x PBS. The

suspensions were kept at 4°C in dark for at least 15 min. Then, the PI stained cells were analyzed by flow cytometry.



## 5. RESULTS AND DISCUSSION

### 5.1. CHARACTERIZATION OF THE GOLD NANOPARTICLES AND THE GOLD NANOPARTICLES WITH THE PEPTIDES

Characterization of the synthesized AuNPs, and AuNP-Peptides were performed using UV/Vis spectroscopy, Dynamic Light Scattering (DLS), FT-IR, Agarose Gel Electrophoresis.

#### 5.1.1. AuNPs

The synthesized AuNPs were characterized by UV/Vis spectroscopy, DLS, and TEM taking advantage of their unique light absorption properties due to their plasmonic features. There is a relationship between the maximum absorbance of the AuNPs and their size according to the dipole-dipole interaction among the AuNPs [144, 145]. In addition, the color change from red to purple is occurred in relation to the size and/or agglomeration [146, 147]. The white light image of the synthesized wine red 13 nm AuNP suspension is presented in Figure 5.1. On the UV/Vis absorption spectrum, the  $\lambda_{\max}$  found as 519 as can be seen in Figure 5.2 (A).

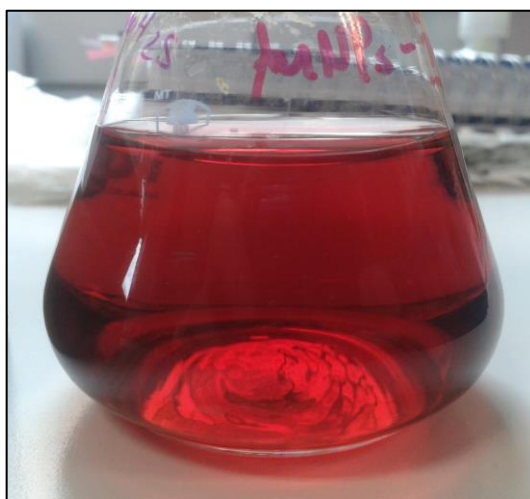


Figure 5.1. White light image of the 13 nm AuNPs colloidal suspension.

The DLS spectrum is shown in Figure 5.2 (B), which gives the hydrodynamic sizes of the AuNPs. The TEM image also provide the size of the bare AuNPs which can be seen in Figure 5.3. As seen, the average size of AuNPs is 13 nm.

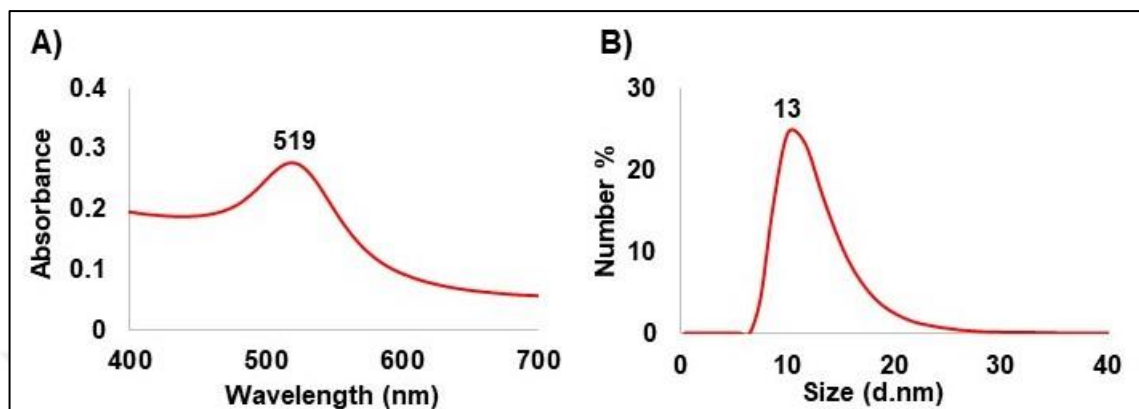


Figure 5.2. A) UV/Vis B) DLS spectrum of the synthesized AuNPs.

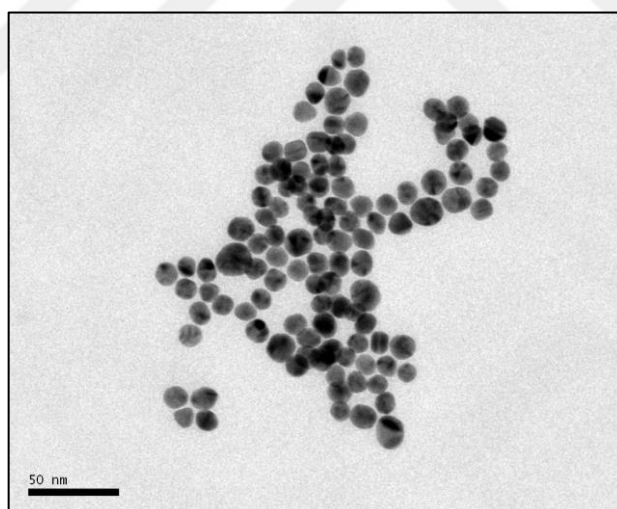


Figure 5.3. TEM image of colloidal AuNPs.

### 5.1.2. Peptide Modified AuNPs

The surfaces of the 13 nm AuNPs were modified with the six peptides that differ in length, sequence, and charge. They can be seen in Table 5.1 with their sequences, isoelectric points, and charges. The four peptides were four amino acids long, and the other two were

consisted of seven amino acids including RGD sequence. Since the RGD motif is known to enhance intracellular uptake of NPs [148], the peptides were designed with or without RGD motif at the end of their sequences. Thus, in the presence or absence of RGD on AuNPs surfaces can affect the degree of nanoparticle association with the cellular membrane influencing the response of the cell. Another parameter that was investigated is the difference in their charge. Amino acids, histidine (H), glutamic acid (E) and glycine (G) are used to modify the overall peptide charge. Since the charge of the RGD sequence is zero, the presence or absence of RGD motif in the peptide sequence did not affect the net charge of the peptides. All the peptides were designed to have cysteine (C) at the end of their sequence due to the high affinity of the thiol group to bind to AuNP surface. In addition, the peptides are occurred with three different amino acid sequences, so they can be assumed as three peptide pairs. They have two residues  $-NH_2$  and  $-COOH$  resulting from the amino acid structure. One peptide sequence starts from the  $-NH_2$  end, and the other starts from the  $-COOH$  end, i.e. the amino acid sequence is inverted from the  $-NH_2$  end to the  $-COOH$  end. This allowed the investigation of the influence of free  $-NH_2$  or  $-COOH$  ends on the cell behavior.

Table 5.1. The sequences, isoelectric points, and charges of the peptides used to modify the surfaces of 13 nm AuNPs.

Code	Sequence	pI	Net charge at pH 7
Pep1	H-Glu-Glu-Glu-Cys-OH	3.67	(-)3.1
Pep2	H-Cys-Glu-Glu-Glu-OH	3.67	(-)3.1
Pep3	H-His-His-His-Cys-OH	7.32	(+)0.2
Pep4	H-Cys-His-His-His-OH	7.35	(+)0.2
Pep5	H-Asp-Gly-Arg-Glu-Glu-Glu-Cys-OH	3.54	(-)3.1
Pep6	H-Cys-Glu-Glu-Glu-Arg-Gly-Asp-OH	3.54	(-)3.1

### 5.1.2.1. Behaviour of the AuNP-Peptide Conjugates in Aqueous Media

In light of the literature, optimum concentration of the peptides coated on the AuNP surfaces was determined as 1 mg/ml [149]. pH values needed for the conjugation were also optimized in consideration of the isoelectric points. In many studies, only isoelectric points (pI) of peptides were considered for functionalization of AuNPs with peptides. The pH of the AuNP suspension was adjusted close to the pI of the peptide. In this case, it is said that the electrostatic repulsion between the peptide and the NP is reduced, and the peptides are immobilized irreversibly on the AuNP surface [114]. Based on this approach, the pH of the synthesized and filtered AuNP suspension was measured and found as 5.8 at room temperature. pI values of Pep1 and Pep2 were calculated to as 0.88 and 0.76. Thereafter, the pH of AuNPs suspension was adjusted to 3.0, which is closer to the pI values of these two peptides. Then, 20  $\mu$ l of 1 mg/ml Pep1 solution was added to 1 ml of AuNP suspension in an Eppendorf test tube, and it was observed that the color of the suspension returned from the red to the blue. On the contrary, when 20  $\mu$ l of 1 mg/ml Pep2 was added to 1 ml of AuNP suspension, no color change was observed. The blue color indicates agglomeration of the NPs unlike the red color. The visual result at the inconvenient pH condition can be seen comparatively in Figure 5.4.

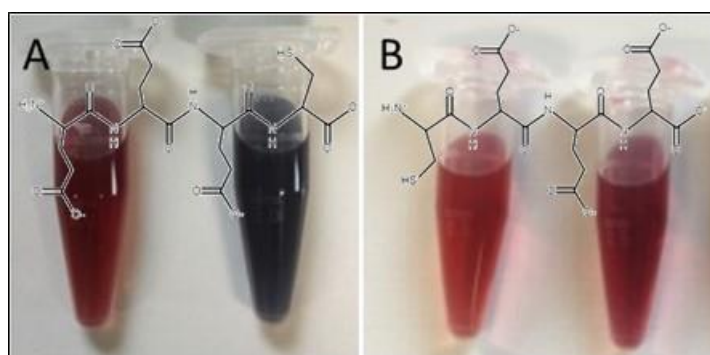


Figure 5.4. Images of the AuNP suspensions before and after peptide addition.

(a) Pep1 (b) Pep2

Although the pH of the AuNP suspension was close to pI values of Pep1 and Pep2, their conjugation results were obtained as different from each other. As well as behavior of the peptides is directly related to pH, it is shown that peptides with the same sequence and pI value may bind to AuNP surface at different pH values. However, the surface of the

AuNPs could be modified with Pep2, which has cysteine at the N-terminal, it could not be modified with Pep1, which has cysteine at its C-terminal. This finding indicates that position of cysteine amino acid in the peptide sequence is as crucial as pI value for binding of peptides to AuNP surface. Therefore, the pH adjustment was carried out by adding 0.1 M HCl or 0.1 and 0.5 M NaOH into AuNPs suspension for all the peptides. Before the conjugation, it was indicated that the colloidal AuNPs is stable in the pH range of 3.0-12.0 as seen in Figure 5.5.

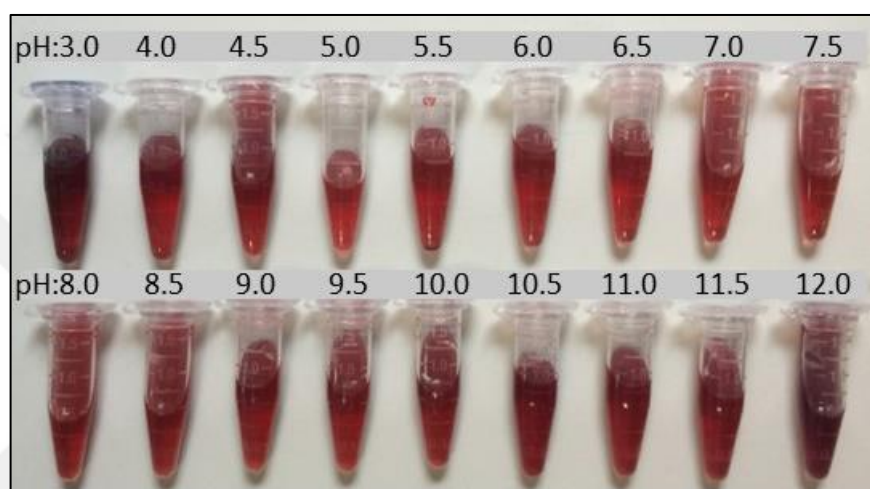


Figure 5.5. The AuNPs suspensions at various pH in range of 3-12.

After determination of stability of the AuNPs in the pH range of 3.0-12.0, 20  $\mu$ l of 1 mg/ml peptide solutions were added to the AuNP suspensions at various pH values in this range, and the behavior of the AuNPs in the suspensions was observed. After the optimization process, needed pH ranges for the conjugation of all the peptides with AuNPs were determined, and recorded as in Table 5.2. Thereafter, modification of the AuNPs with the all peptides were performed. Before the functionalization, pH of the AuNPs suspension was adjusted in consideration of the determined pH ranges.

Table 5.2. The peptides sequences and the needed pH conditions for the stable AuNP-Peptides in aqueous media.

Code	Sequence	pH
<b>Pep1</b>	H-Glu-Glu-Glu-Cys-OH	5.5-12.0
<b>Pep2</b>	H-Cys-Glu-Glu-Glu-OH	3.0-12.0
<b>Pep3</b>	H-His-His-His-Cys-OH	10.5-12.0
<b>Pep4</b>	H-Cys-His-His-His-OH	10.0-12.0
<b>Pep5</b>	H-Asp-Gly-Arg-Glu-Glu-Glu-Cys-OH	5.5-12.0
<b>Pep6</b>	H-Cys-Glu-Glu-Glu-Arg-Gly-Asp-OH	4.5-12.0

Then, the AuNP-Peptides were characterized by UV/Vis spectroscopy, DLS, FT-IR, and AGE. According to the results, the conjugation of AuNPs with Pep2, Pep5, and Pep6 carried out at pH 5.8, which is the pH of AuNP suspension at room temperature without any adjustment, and they were modified with Pep1 at pH 8.6, with Pep3 at pH 11.5, and with Pep4 at pH 11.0. After the functionalization, the suspensions were observed as stable as seen in Figure 5.6. Also, modification of 13 nm AuNP with the six peptides is schematically shown in Figure 5.7.

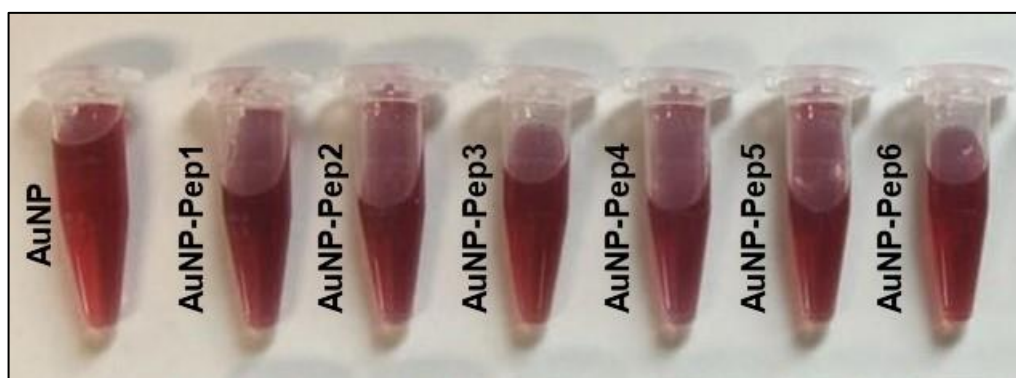


Figure 5.6. The AuNP-Peptide suspensions.



Table 5.3. Needed pH values for the AuNP-Peptide conjugation reactions.

<b>Peptide Code</b>	<b>pH</b>
Pep1	8.6
Pep2	5.8
Pep3	11.5
Pep4	11.0
Pep5	5.8
Pep6	5.8

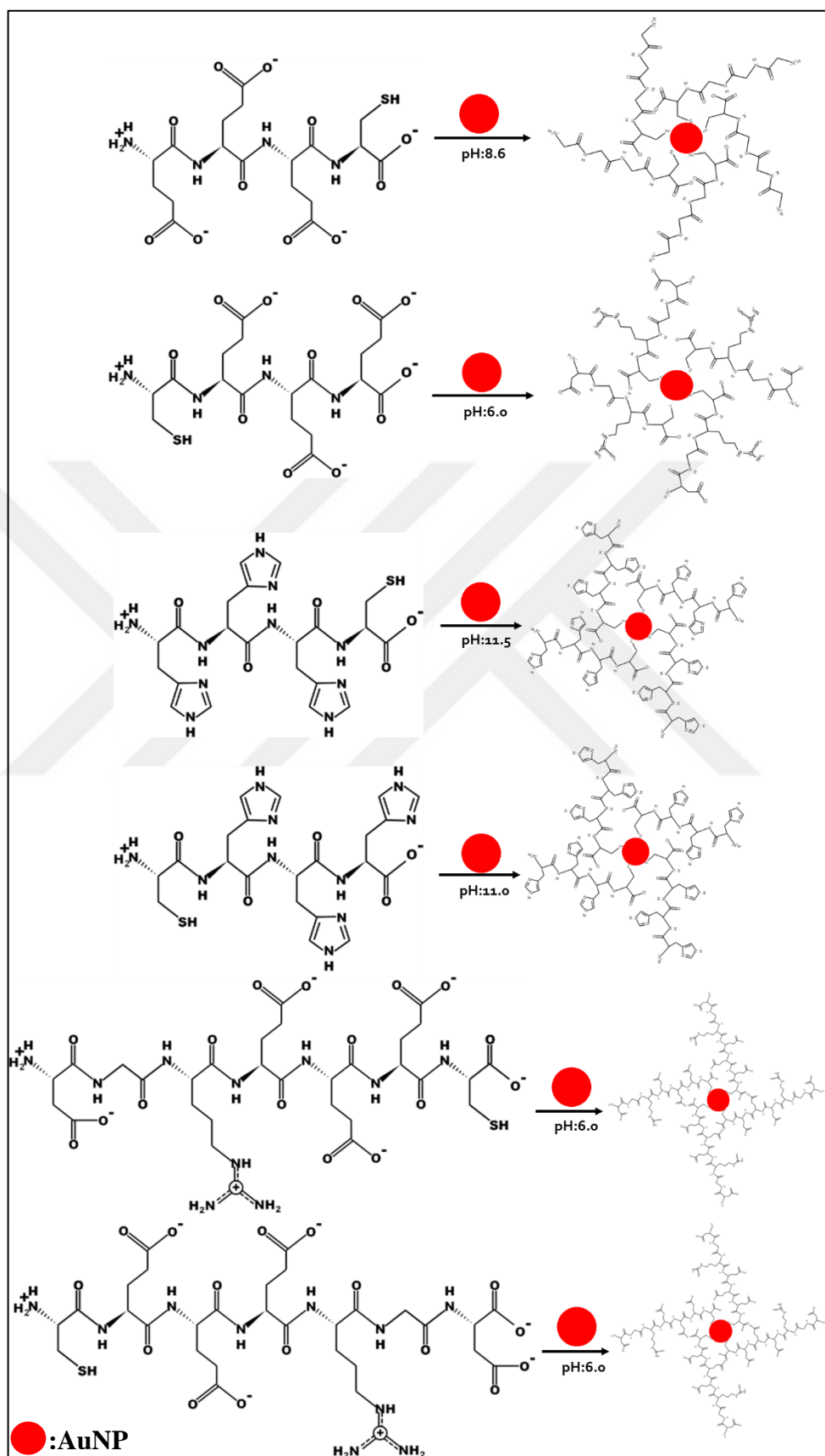


Figure 5.7. Schematic representation of the AuNP-Peptide bioconjugation reactions.

### 5.1.2.2. UV/Vis Spectroscopy

Bare 13 nm AuNPs and AuNPs functionalized with peptides were characterized by UV/Vis spectroscopy. For the measurements, the AuNP and AuNP-Peptide suspensions were diluted 1:10 in ddH<sub>2</sub>O, and placed into quartz cuvette. Subsequently, the absorbance of the samples were measured by scanning between 200 and 800 nm wavelengths. UV/Vis spectra of AuNP and AuNP-Peptides can be seen comparatively in Figure 5.8. While 13 nm bare AuNPs exhibited maximum absorption at 519 nm, which is also as indicated in literature [150], the absorption peaks of peptide modified AuNPs show red shift (1-4 nm). The maximum absorption peaks of AuNPs functionalized with Pep1 were shifted 1 nm, AuNPs functionalized with Pep2, Pep3, and Pep4 shifted 2 nm, Pep5 and Pep6 functionalized AuNPs shifted 3 nm. As it is well known that AuNPs have high affinity with thiol (R-SH) and amine (R-NH<sub>2</sub>) groups, which are named as auxochrome groups. These groups cause to shift to longer wavelength when they bind to chromophore group consisted material (bathochromic effect). This caused by decreasing electrostatic oscillation frequency of the material since the molecular binding. The size of the binded molecule and its affinity affect on the length of the shift. Thus, the shifting of the absorption peaks to longer wavelength indicates that the peptides are attached to the AuNP surface.

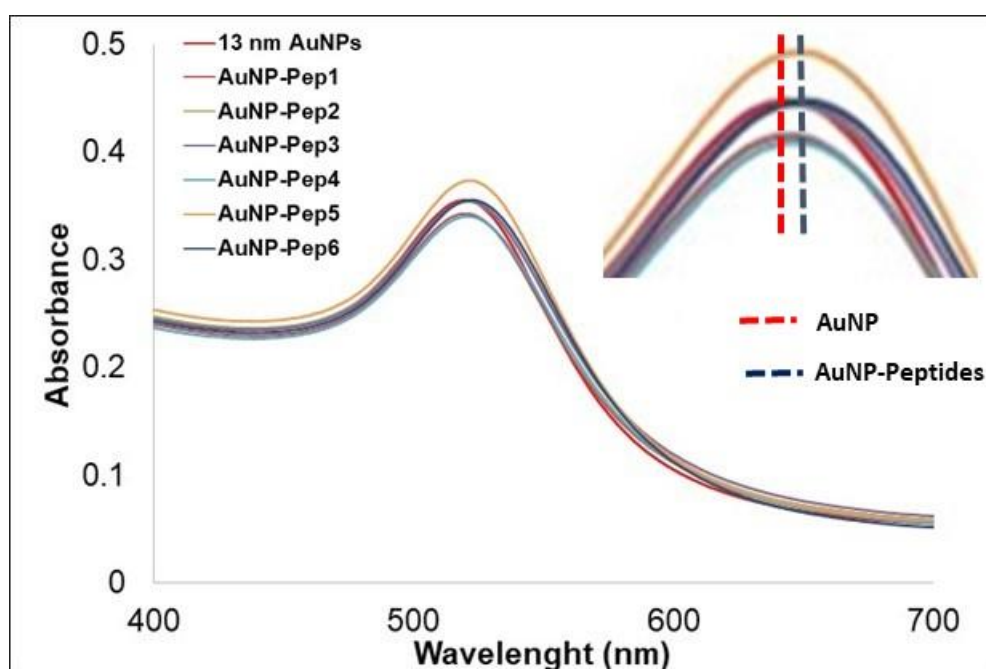


Figure 5.8. UV/Vis spectra of AuNPs and AuNP-Peptides suspensions.

### 5.1.2.3. Dynamic Light Scattering

Bare AuNPs and the peptide modified AuNPs were characterized by DLS to determine their hydrodynamic size and zeta potential. It is deduced diameter of the AuNPs is approximately 12 nm, and the AuNP-Peptides are larger than them according to the DLS measurements as shown in Figure 5.9.

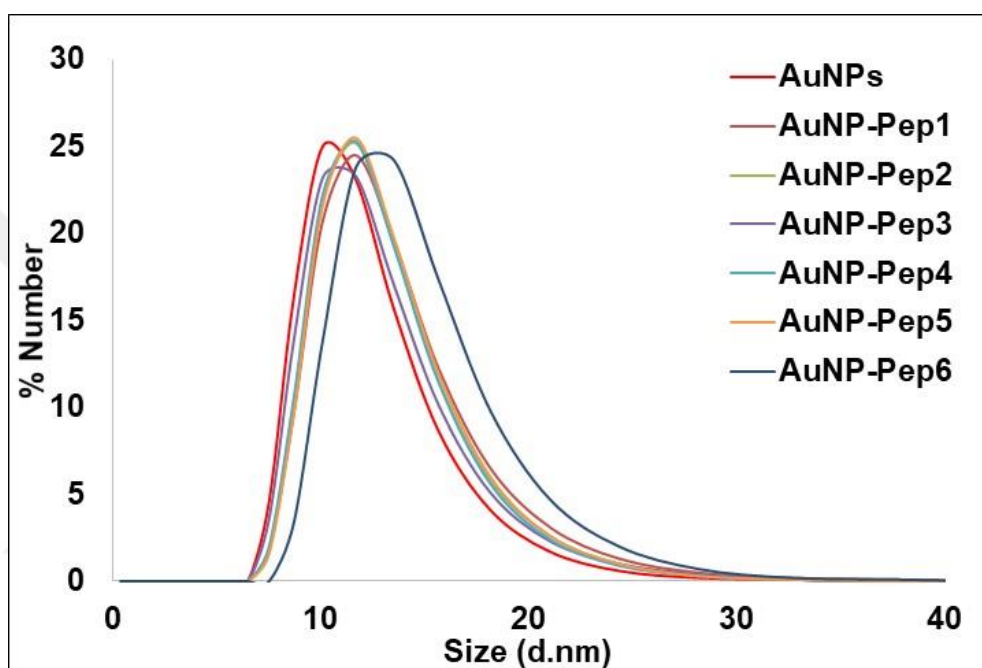


Figure 5.9. DLS spectra of AuNPs and AuNP-Peptides suspensions.

The size of the NMs, needed to be small enough to be uptaken by the cells, and large enough to be not agglomerated in liver or in any part of human body [47]. However, the larger NPs can be easier removed from the blood stream [151], the NPs are chosen as generally 20-30 nm for medical use by considering the diameter of endocytotic vesicles (40-60 nm) [47].

For Pep1, Pep3, Pep5 and Pep4 capped AuNPs, the shift is 1 nm, while 2 nm for Pep6 capped AuNPs. Additionally, zeta potential of the bare AuNPs measured as about -12 mV, and it was observed as lower for the peptide capped AuNPs. The exact size and charge values are given in Table 5.4. The changes in size and charge of the AuNPs surface indicates that the surfaces of the AuNPs are modified with the peptides.

Table 5.4. Average diameter and zeta potential values of the AuNPs and the AuNP-Peptide conjugates.

Sample	$\lambda_{\max}$	Size (nm)	Zeta Potential (mV)
AuNPs	519	11.9±0.1	-11.9±0.8
AuNP-Pep1	520	12.4±0.7	-16.6±1.6
AuNP-Pep2	521	12.5±0.7	-19.9±0.3
AuNP-Pep3	521	12.2±0.2	-26.1±1.8
AuNP-Pep4	521	13.0±0.6	-30.6±0.2
AuNP-Pep5	522	12.1±0.5	-11.7±2.7
AuNP-Pep6	522	14.0±0.2	-16.5±1.6

#### 5.1.2.4. Agarose Gel Electrophoresis

13 nm AuNPs and AuNP-Peptides were characterized by one per cent agarose gel electrophoresis to determine the peptide density on the AuNPs surface. The image of the agarose gel after run is given in Figure 5.10. Though the bare AuNPs precipitated due to the EDTA salt in the 1x TAE buffer solution, AuNP-Peptides run relating to their size and zeta potential as reported in literature [152-153]. The bands belong to the conjugates are seen clearly. This indicates that the surfaces of AuNPs in the suspension were adequately capped with the peptides. Besides, it was observed that some of the AuNP-Peptides run less than the others due to the position of cysteine (C) amino acid in the peptide sequence. When C placed at the  $-\text{NH}_2$  end, strong bond is achieved due to the affinity of the AuNP, and relatively weak binding occurs when C placed at the  $-\text{COOH}$  end. As a result, under the specified conditions, the surfaces of AuNPs were functionalized with the peptides, and the position of the C amino acid in the peptide sequence has a significant effect on surface functionalization of AuNP with peptides.

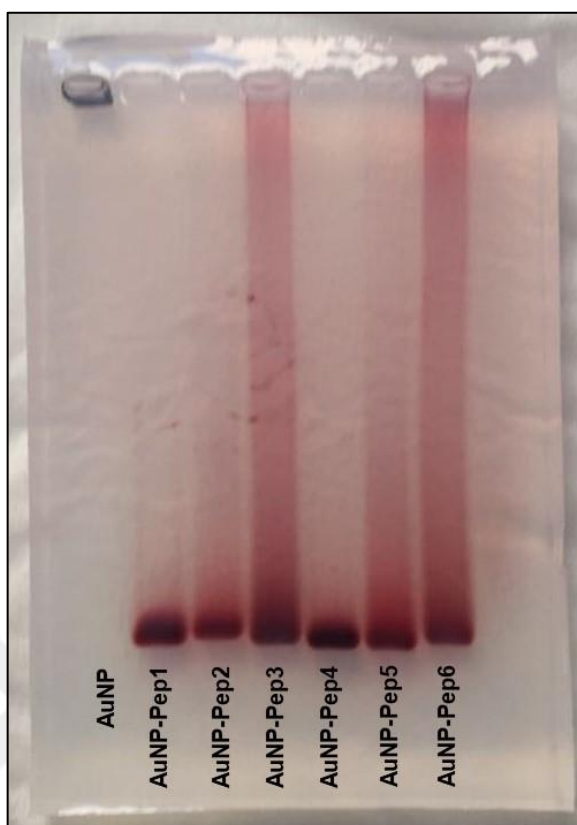


Figure 5.10. Image of 1 per cent agarose gel electrophoresis result of the peptide modified AuNPs.

#### 5.1.2.5. *Fourier Transform Infrared Spectroscopy*

The bare AuNPs and AuNP-Peptides were characterized by FTIR so that molecular information can be obtained from peptides on the surface of AuNPs. FTIR spectra of the AuNPs and the peptide modified AuNPs is seen comparatively in Figure 5.11. Although, no peaks were observed in the FTIR spectra of bare AuNPs, in the AuNP-Peptide spectra, C-H stretching at  $2850-2900\text{ cm}^{-1}$ , amide group C=O stretching at  $1640-1690\text{ cm}^{-1}$ , amide group N-H bending at  $1590-1640\text{ cm}^{-1}$ ,  $1435\text{ cm}^{-1}$  C-CH<sub>3</sub> stretching, CN stretching at  $1080-1250\text{ cm}^{-1}$ , Amide I band, C=O stretching and N-H stretching bands. The bands indicated by the spectra exist in the structures of the peptides. Thus, the modification of AuNPs with the peptide proved by the FTIR spectra.

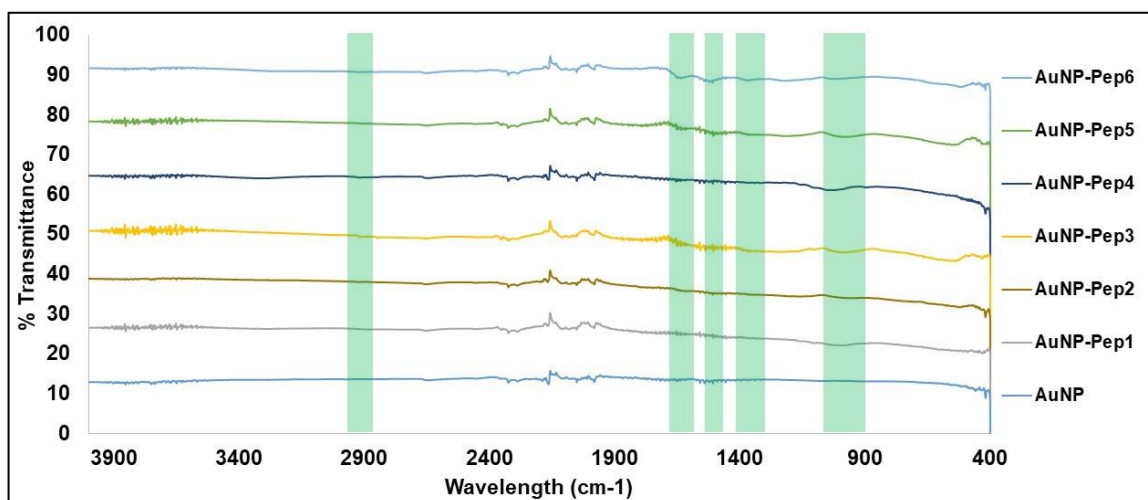


Figure 5.11. FT-IR spectra of the bare AuNPs and the AuNP-Peptide conjugates.

## 5.2. EFFECT OF THE AuNP-PEPTIDES ON PROSTATE CANCER CELLS

The effects of the peptide modified AuNPs on cytotoxicity and cell cycle were investigated for both normal (PNT1A) and cancer (DU145) epithelium cells comparatively. Thus, response of the cells with different metabolic characteristics to the AuNP-Peptides could be evaluated. Besides, it was shown that the AuNPs can be reproducibly modified with the biomolecules, and they are stable in cell culture media. Also, the response of the cells to AuNPs, which were functionalized with the peptide pairs consisting the same amino acids but in reverse sequence was evaluated systematically in the presence or absence of the RGD sequence.

### 5.2.1. Cytotoxicity

To evaluate the cytotoxicity of the AuNP-Peptides, WST-1 cell viability and Annexin-V apoptosis-necrosis assays were carried out. Concentration of the AuNP-Peptides in the media were determined as 0.1, 0.5, 1.0, and 2.5 nM in consideration of the optimization process. The both healthy and cancer cells were exposed to the AuNP-Peptides for 24 hours, and responses of the cells were examined by the indicated tests. The cells treated with 10 per cent DMSO were used as the positive control.

### 5.2.1.1. WST-1 Cell Proliferation Assay

WST-1 reagent consists of tetrazolium salts, and the test is based on reducing of the salts to formazan by mitochondrial dehydrogenases in living cells as represented in Figure 5.12. Since the reaction is colorimetric, it can be identified by fluorescence spectroscopy. Although WST-1 is an easy to handle cytotoxicity assay, it is error-prone relatively. Thus, another test is needed to obtain more reliable results, so apoptosis-necrosis assay was also performed in this study.

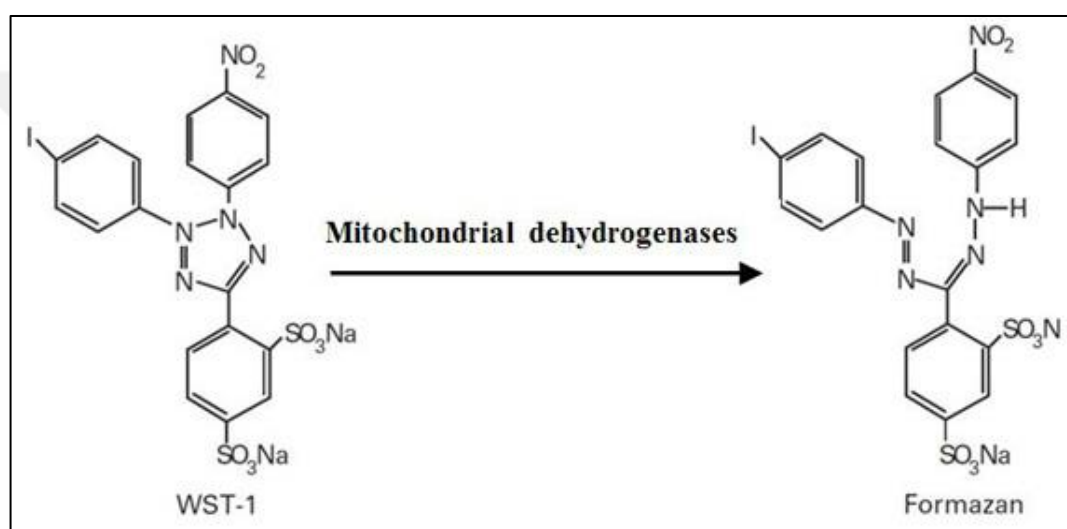


Figure 5.12. Reduction of the tetrazolium salt to formazan.

According to the WST-1 assay results, the bare AuNPs reduced the cell viability. While the bare AuNPs reduced the cell viability to around 60 per cent at 0.1, 0.5, and 1.0 nM, the viability was observed as 40 per cent for 2.5 nM AuNPs as can be seen in Figure 5.13.

As well as the greater cell viability was obtained with AuNP-Pep2, it was found as nearly the same for the other AuNP-Peptides depending on their C amino acid position. Hereupon relatively high cell proliferation was obtained for the AuNPs modified with cysteine-N-terminal peptides due to the affinity of the AuNP surface to –SH group. Here the other parameter is hydrophobicity. Thus, Pep3 and Pep4, which are the cyclic structure containing peptides showed relatively low effect on the both cell lines. Molecule size, steric hindrance, and hydrophobicity balance between the cell membrane and surface of the AuNPs cause to the difference in cellular response as well as the whether existing of RGD sequence or not. On the other hand, RGD sequence, which has significant role in the “cell



penetrating peptides” [154, 155] showed less toxicity for the cancer cell lines, and more toxicity for the healthy cell lines compared to the same sequence without RGD (Pep1 and Pep2). This may related with the molecule size and the cellular uptake.

In the light of this results, it can be deduced that peptide modification of the AuNPs reduce the cytotoxic effect on the healthy prostate cells in comparison with the bare AuNPs.

As opposed to the response of the healthy cells to the AuNP-Peptides, the cysteine-N-terminus peptide modified AuNPs show higher toxicity on the cancer cells when compared to bare AuNPs. Also AuNP-Pep1, AuNP-Pep3 and AuNP-Pep5 significantly reduced the viability of the cancer cells.

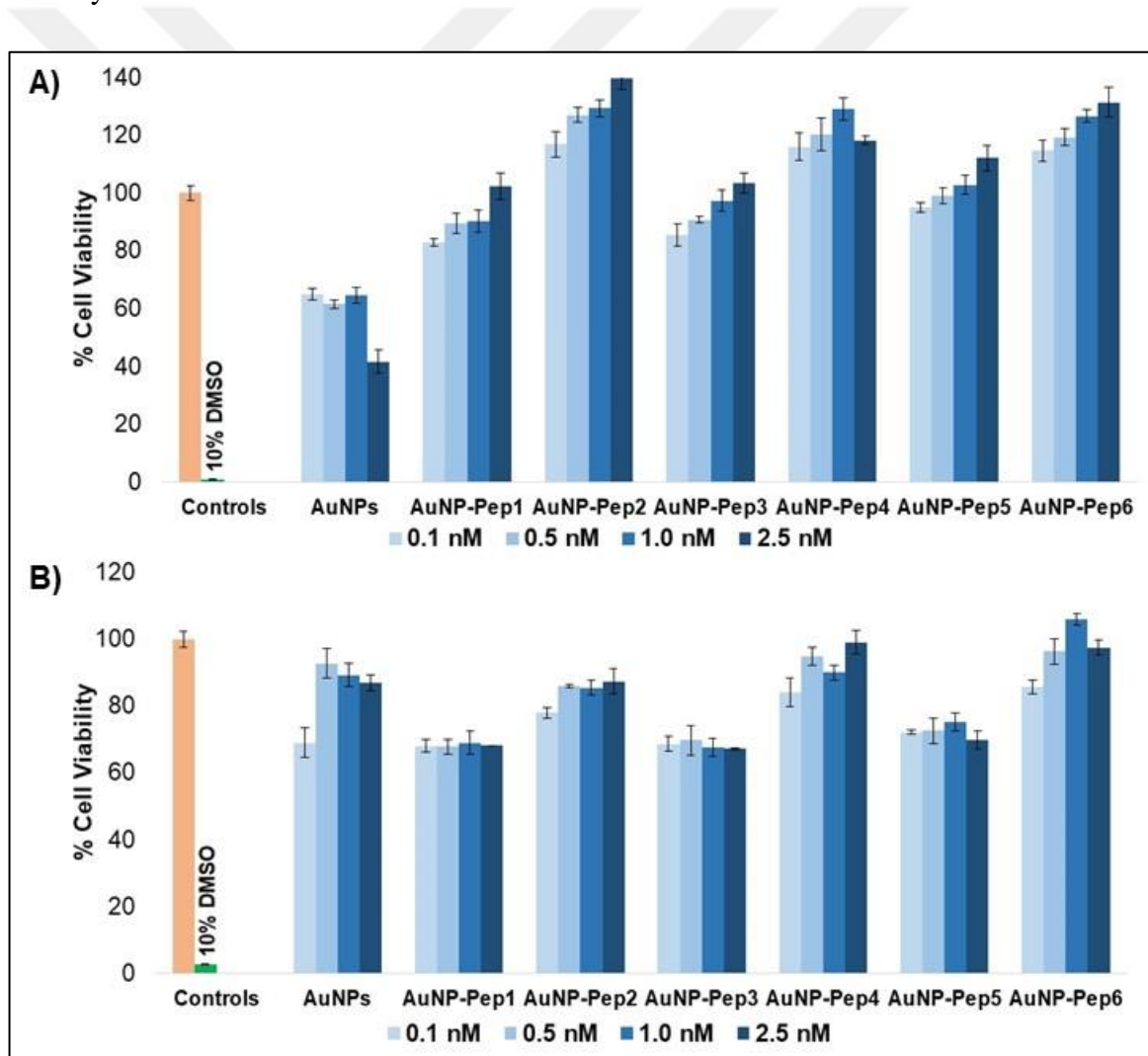


Figure 5.13. Cell viability of (a) PNT1A (b) DU145 cells at increasing concentrations of the AuNPs and the AuNP-Peptides.

### ***5.2.1.2. Apoptosis-Necrosis Assay***

Apoptosis-necrosis assay was carried out by staining the AuNP-Peptides exposed cells with Annexin V and PI dyes, and analyzing of them by flow cytometry. Annexin V binds to phosphatidylserine proteins, which are occurred out of the cell membrane due to the apoptotic cell death, and PI stains to DNA. Thus, the early apoptotic cells can be observed by staining with only Annexin V, late apoptotic cells can be detected by staining with both Annexin V and PI, and necrotic cells can be detected by staining with only PI.

The toxicity of increasing concentration of the AuNPs and the AuNP-Peptides exposed cancer prostate cancer cells (DU145) was investigated by apoptosis-necrosis assay, and the results are given in Figure 5.15.

10 per cent DMSO reduced the viability of DU145 cells to about 12 per cent, and mostly caused to early apoptosis. In range of 0.1-1.0 nM concentration of the bare AuNPs led to apoptosis and necrosis of some of the cells.

The AuNP-Peptide exposed cells showed higher apoptosis ratio than the bare AuNPs exposure cells. While the most effective concentration for apoptosis was found as 2.5 nM for the four peptides, it was found as 1.0 nM for Pep3 and Pep4. 1.0 nM concentration is the optimum dosage due to the minimum toxic effect level on healthy cells as also can be seen in WST-1 results. On the other hand, effect on toxicity of location of the C amino acid in the peptide sequence shows significant difference as it also seen in the cell viability results. While the Pep1 and Pep5 modified AuNPs indicated higher apoptosis ratio, the histidine containing peptide modified AuNPs caused to obtain relatively less apoptotic cells. On the contrary of the other two peptide pairs, Pep3 and Pep4 showed difference in apoptosis ratio. Additionally, when the cysteine located at N-terminal as in Pep3 and Pep4, the high apoptosis rate is observed. AuNP-Pep4 conjugates showed higher apoptotic cell death due to the steric hindrance caused by the cyclic structure.

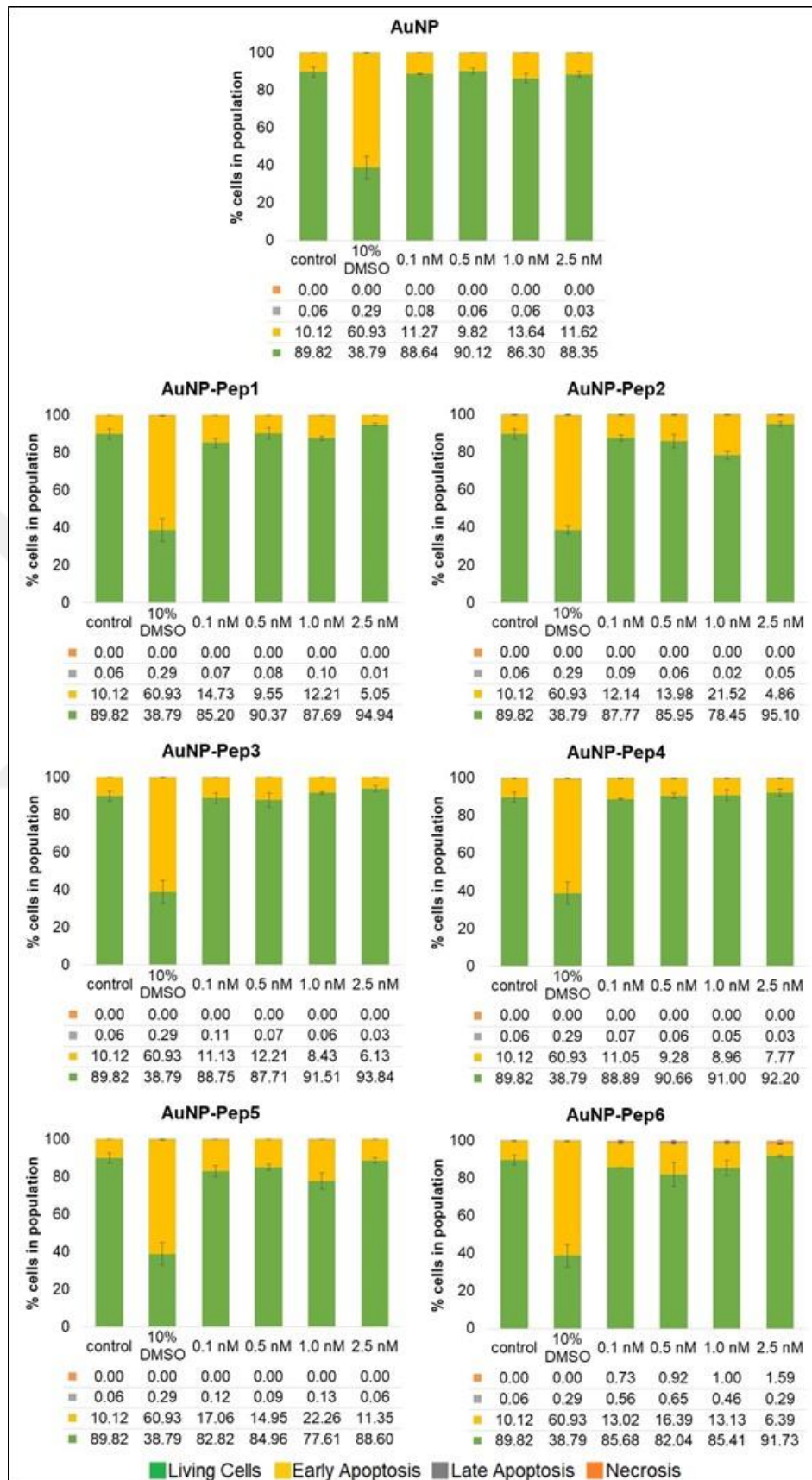


Figure 5.14. Apoptosis-necrosis analysis of PNT1A cells.

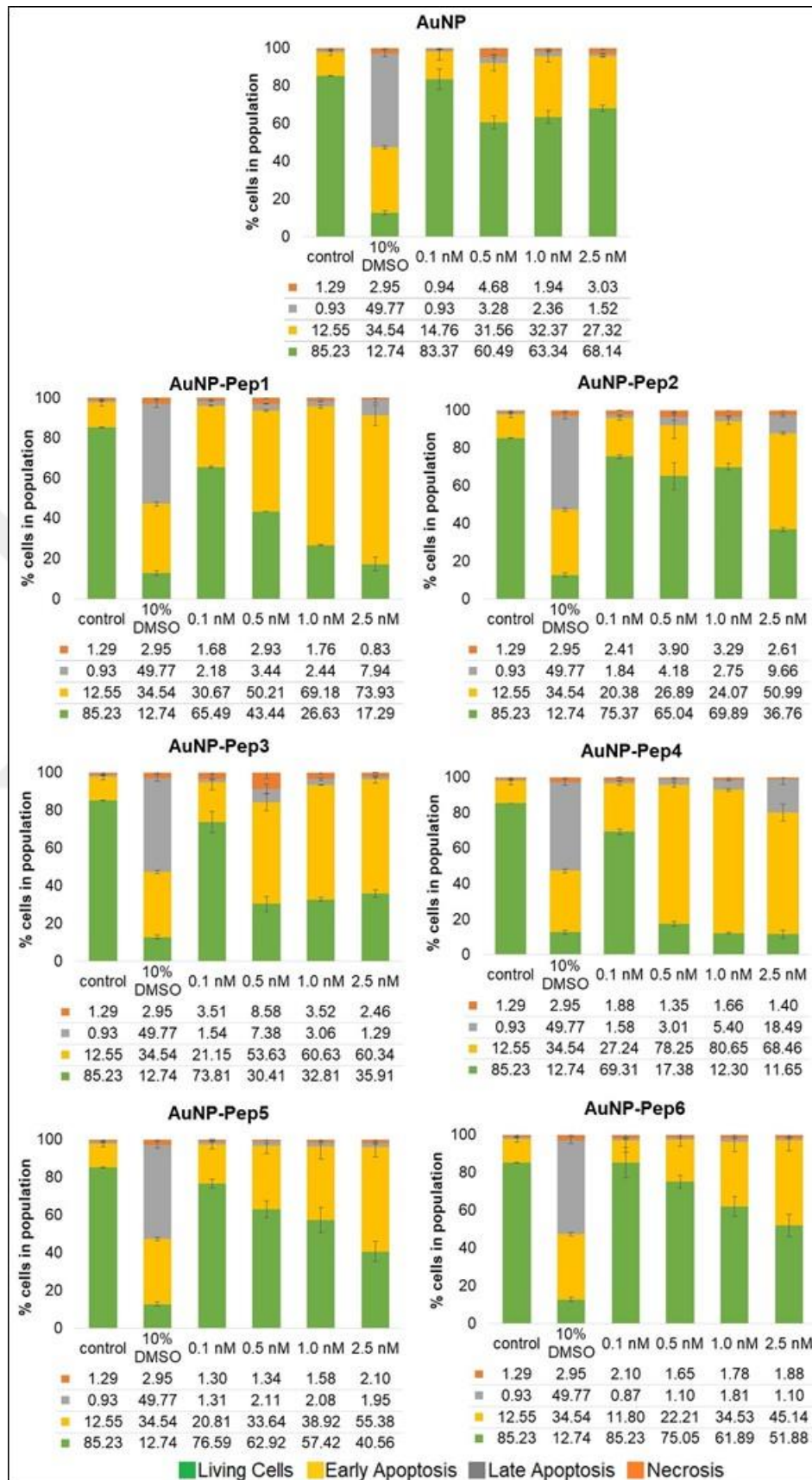


Figure 5.15. Apoptosis-necrosis analysis of DU145 cells.

### 5.2.2. Cell Cycle

Cell cycle is one of the significant characteristic response of the cells to the active ingredient they exposed. While the any toxic effect is not observed, cell cycle analysis can provide insight into the cellular response. Thus, the cell cycle of the peptide modified AuNP exposed cells was investigated by flow cytometry following the PI staining procedure. PI stains the DNA, thus and so obtaining the life cycle of the cells is became enabled.

The cell replicates its DNA during the life cycle, if do not encounter with any trouble like “cancer”. The phase in which the DNA starts replicating is “S” phase. Here the DNA synthesizing is occurred, which can be mentioned as “preparing” for the G2 phase. In the G2 phase the cell completes the replicates, and finally in M phase the cell have twice as much DNA. Thus, the cell cycle analysis can be investigated by observing the amount of DNA.

In the cell cycle study, 20 000 cells analyzed by flow cytometry were evaluated as 100 per cent of the population. The phases of the cell cycle G0/G1, S, and G2/M ratios were analyzed comparatively.

The cell cycle of the both healthy (PNT1A) and cancer (DU145) cells treated with the bare AuNP and the AuNP-Peptides in increasing concentration was evaluated compatively. 0.1  $\mu$ M colchicine was used as a positive control. For PNT1A cells, the results are as given in Figure 5.16. The effect of the colchicine is seen as about 90 per cent of the cells in G2/M phase.

There is not significant arrest in G0/G1 phase for the PNT1A except for Pep3 and Pep4 modified AuNPs. For these histidine containing peptides, the treatment results in high G0/G1 ratio as about 70 per cent. Particularly for AuNP-Pep3, which is cysteine C-terminated caused to arrest at G0/G1 phase proportionally with the concentration. Thus, it was investigated that not only the effect of steric hindrance but also the effect of cysteine position in the peptide. On the other hand, cysteine position did not cause significant effect on the cell cycle for the other four peptide pairs. Additionally, Pep5 and Pep6 modified AuNPs indicated less cells in S and G0/G1 phases according to the RGD sequence difference between Pep1-Pep2 and Pep5-Pep6 pairs.

The cell cycle results of the bare AuNP and the peptide modified AuNP exposed DU145 cells are given in Figure 5.17. Herein the higher arrest at G0/G1 phase was obtained for the cysteine N-terminated peptides among the all peptide pairs. Furthermore, 2.5 nM AuNP-Pep5 most effectively arrested the cancer cells at G0/G1 phase.

As a result, while there is no significant arrest at G0/G1 for healthy cells in comparing with control group, the conjugates caused to arrest for cancer cells about 60 per cent.

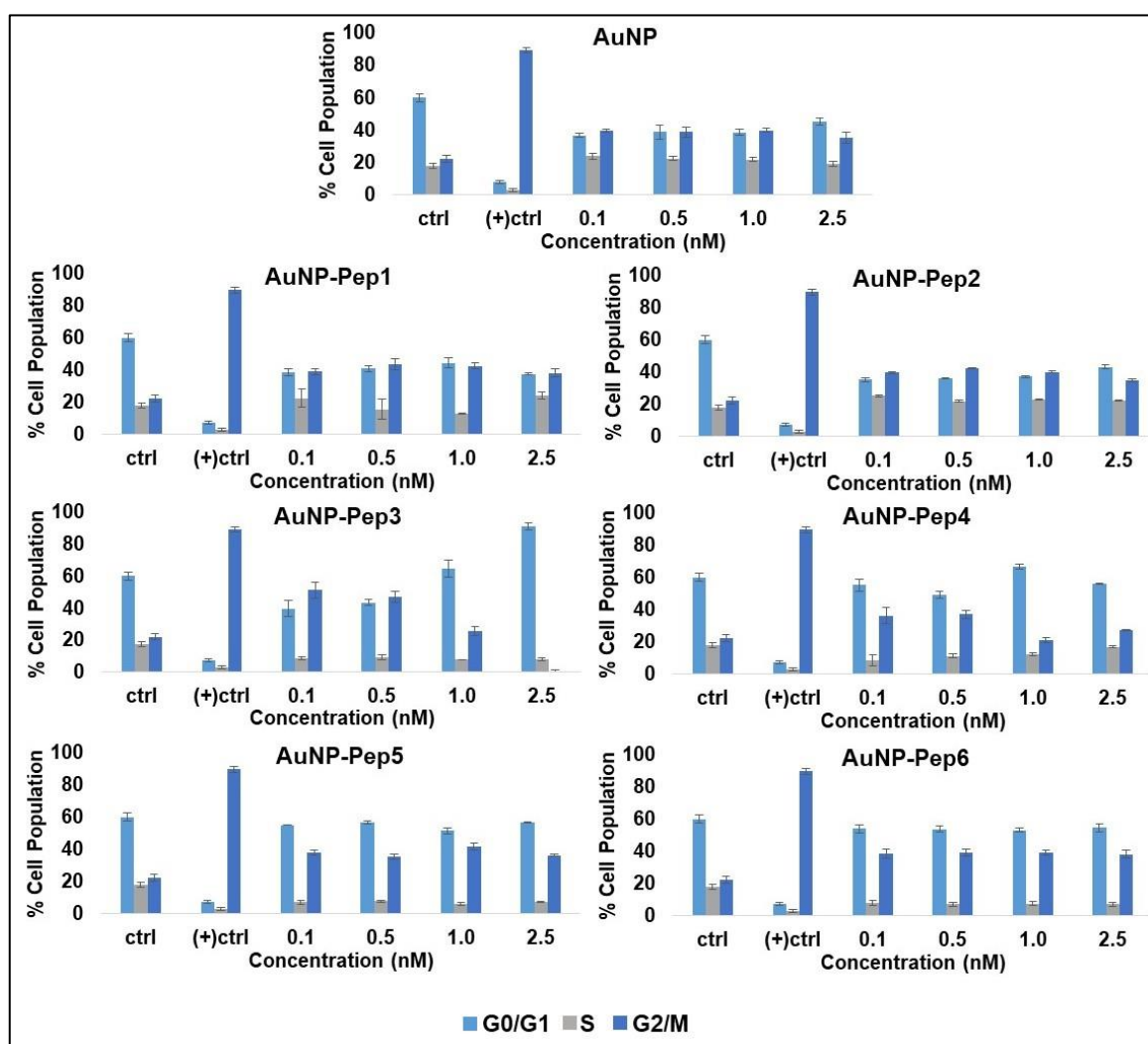


Figure 5.16. Cell cycle analysis of AuNP-Peptide exposed PNT1A cells.



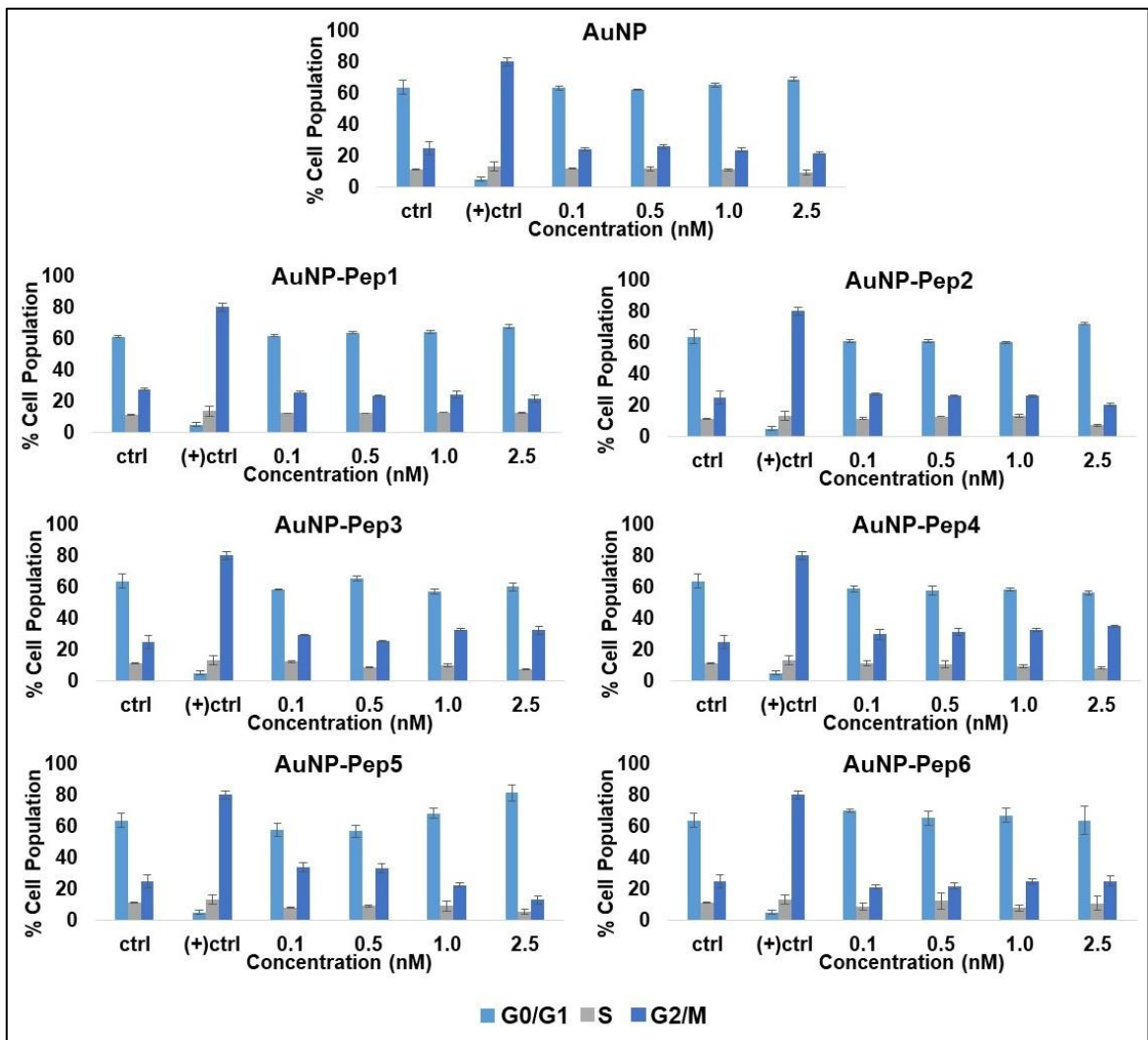


Figure 5.17. Cell cycle analysis of AuNP-Peptide exposed DU145 cells.

## 6. CONCLUSION AND FUTURE PERSPECTIVE

AuNPs are attractive candidates to be the bricks for nanobiomaterials using in medical fields due to their many distinctive characteristics such as non-toxicity, tunable size, easy surface chemistry, and plasmonic properties. With these features, their behavior in biological media can be altered by functionalization of them with biomolecules. Peptides are the feasible biological modification agents for functionalization of the AuNPs. Their physical and chemical properties such as length, conformation, charge, and hydrophobicity can be tunable by controlling the amino acid sequence.

In this thesis, 13 nm AuNPs were functionalized by the six peptides, which are differ in their sequence, length, and charge by considering needed pH and concentration conditions to obtain the bioconjugation reactions. Hereupon, four of the peptides were four amino acids length, and two of the peptides were seven amino acid length with an RGD motif. The effect of the prepared AuNP-Peptide conjugates was investigated comparatively by treating with both normal (PNT1A) and prostate cancer (DU145) cell lines.

The peptide modified AuNPs showed different toxic effect on both healthy and cancer cell lines depending on the position of Cys amino acid in the peptide sequence. Pep1 (H<sub>2</sub>N-Glu-Glu-Glu-Cys-COOH) and Pep5 (H<sub>2</sub>N-Asp-Gly-Arg-Glu-Glu-Glu-Cys-COOH) modified AuNPs significantly induced apoptotic cell death for the cancer cell line DU145 compared to the Cys-N-terminal peptide modified AuNPs. On the other hand, Pep3 (H<sub>2</sub>N-His-His-His-Cys-COOH) and Pep4 (H<sub>2</sub>N-Cys-His-His-His-COOH) functionalized AuNPs caused relatively low apoptosis ratio due to the histidine amino acid, which may caused by cellular uptake capacity and its hydrophobic structure.

In the cell cycle analysis, it was demonstrated that the highest arrest in G<sub>0</sub>/G<sub>1</sub> phase of the healthy cells obtained as 70 per cent with the histidine containing peptide pairs. The pairs also showed significant difference compared to each other due to the Cys position in the sequence. Cys-C-terminal peptide modified AuNPs caused less apoptotic cell death compared to the Cys-N-terminal modified AuNPs. On the other hand, significant apoptosis induction ratio was obtained in the cancer cells for Pep1-Pep2 and Pep5-Pep6 pairs.



In conclusion, it was demonstrated that the small changes on the AuNPs surface depending on sequence of the peptides caused to different cellular responses. While the peptide functionalized AuNPs caused apoptotic cell death in a significant rate, they are non-toxic for the healthy cells. In comparison of the bare AuNP and the AuNP-Peptides, it was indicated that the toxicity level of AuNPs was reduced. In addition, the peptide modified AuNPs caused arrest of DU145 cells at G2/M phase of the cell cycle.

This study indicates the necessity of investigation of surface chemistry effect of nanomaterials to be used in nanomedicine in depth. A range of customized peptides can be used to modify the AuNPs for further investigation. A detailed search using the other advanced techniques including X-ray photoelectron spectroscopy, TEM imaging, and ICP-MS can be conducted as future study. After a detailed study at cellular level including several types of normal and cancerous cell lines is conducted, the study can be extended to *in vivo* to explore the potential therapeutic and toxic effects of the nanoparticles with small surface chemistry differences.

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